

[Midland 1 - West Cardiff International Sports Stadium](#)
[Sunday 17 May 2009](#)

FINAL MATCH SCORES AND POSITIONS



Posn	Points after	82 event(s)
1	Cardiff AAC	503.0
2	Bridgend	302.0
3	Yeovil/Wells & Taunton AC	231.0
4		

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Midland 1 - West Cardiff International Sports Stadium

				Perf	Wind	Records	Grades					Perf	Wind	Records	Grades
T32 U17M 100m 'A'				Wind=	-2.1			U17M 100m 'B'				Wind=	-2.1		
1	1	Jamie Morris	Bridgend	11.9				1	2	Matt Russell	Bridgend	12.2			
2	5	Joe McLean	Cardiff AAC	12.0				2	6	Osian Hughes	Cardiff AAC	12.3			
3	30	Marcus Rose	Yeovil/Wells & Taunton A	12.8				3	29	Jamie Baker	Yeovil/Wells & Taunton A	12.8			
4								4							
T8 U17M 200m 'A'				Wind=	-1.6			U17M 200m 'B'				Wind=	-1.6		
1	6	Jamaul Whyte	Cardiff AAC	22.8		G2*		1	5	James Wiltshire	Cardiff AAC	23.5		G3*	
2	1	Jamie Morris	Bridgend	23.7		G4*		2	2	Matt Russell	Bridgend	23.7		G4*	
3	29	Marcus Rose	Yeovil/Wells & Taunton A	24.9				3	30	Jamie Baker	Yeovil/Wells & Taunton A	25.3			
4								4							
T25 U17M 400m 'A'								U17M 400m 'B'							
1	5	James Wiltshire	Cardiff AAC	52.5		G2*		1	6	Jonathan Pengelly	Cardiff AAC	53.7		G3	
2	1	Stephen Guest	Bridgend	64.2				2							
3								3							
4								4							
T14 U17M 800m 'A'								U17M 800m 'B'							
1	5	Alex Coomber	Cardiff AAC	2:06.1		G4		1	6	Stefano Falsini	Cardiff AAC	2:15.0			
2	29	Geoge Harris	Yeovil/Wells & Taunton A	2:33.2				2							
3								3							
4								4							
T37 U17M 1500m 'A'								U17M 1500m 'B'							
1	1	Elliot Mears	Bridgend	4:28.8		00		1	5	James Hunt	Cardiff AAC	4:51.7		00	
2	6	Joe Whitmarsh Knight	Cardiff AAC	4:42.4		00		2							
3								3							
4								4							
T16 U17M 3000m 'A'								U17M 3000m 'B'							
1	5	Darren Jones	Cardiff AAC	10:15.1		00		1	6	Gareth Jones	Cardiff AAC	11:04.2		00	
2	29	Geoge Harris	Yeovil/Wells & Taunton A	10:53.1		00		2							
3								3							
4								4							
T2 U17M 400mH 'A'								U17M 400mH 'B'							
1	5	Jacob Brennan	Cardiff AAC	60.4		G3*		1	6	Samuel Morgan	Cardiff AAC	65.6			
2	29	Matt St Clair	Yeovil/Wells & Taunton A	64.1		G4		2							
3								3							
4								4							
T23 U17M 100mh 'A'				Wind=	-3.6			U17M 100mh 'B'				Wind=	-3.6		
1	5	Daniel Sharrem	Cardiff AAC	14.7		G3*		1	6	Nathan Lawrence	Cardiff AAC	16.9			
2	29	Matt St Clair	Yeovil/Wells & Taunton A	15.7		G4		2	30	Lewis Guest	Yeovil/Wells & Taunton A	20.0			
3								3							
4								4							
T44 U17M 1500m S/Chase 'A'								U17M 1500m S/Chase 'B'							
1	5	Darren Jones	Cardiff AAC	5:22.9		00		1	6	Tom Howles	Cardiff AAC	5:45.6		00	
2								2							
3								3							
4								4							

*= AW Standards

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Perf

Wind
Records
GradesSunday, May 17 2009

Perf

Grades

F2 U17M 5k Hammer 'A'

1	29	Liam Biddlecombe	Yeovil/Wells & Taunton A	36.95	G4
2	6	Tom Howles	Cardiff AAC	16.17	
3					
4					

U17M 5k Hammer 'B'

1	5	James Hunt	Cardiff AAC	15.00	
2					
3					
4					

F9 U17M 1.5k Discus 'A'

1	29	Liam Biddlecombe	Yeovil/Wells & Taunton A	46.87	G1*
2	6	Liam Dascombe	Cardiff AAC	25.80	
3	1	Keiron Quirke	Bridgend	16.95	
4					

U17M 1.5k Discus 'B'

1	30	Aaron Athersuch	Yeovil/Wells & Taunton A	28.20	
2	5	Ryan Leonard	Cardiff AAC	25.34	
3					
4					

F22 U17M 5k Shot 'A'

1	29	Liam Biddlecombe	Yeovil/Wells & Taunton A	13.30	G1*
2	5	Ryan Leonard	Cardiff AAC	9.20	
3	1	Keiron Quirke	Bridgend	7.54	
4					

U17M 5k Shot 'B'

1	6	Liam Dascombe	Cardiff AAC	8.68	
2	30	Jamie Baker	Yeovil/Wells & Taunton A	6.57	
3					
4					

F32 U17M 700g Javelin 'A'

1	5	Ryan Leonard	Cardiff AAC	39.51	G4
2	29	Aaron Athersuch	Yeovil/Wells & Taunton A	30.67	
3	1	Keiron Quirke	Bridgend	27.00	
4					

U17M 700g Javelin 'B'

1	6	Liam Dascombe	Cardiff AAC	36.06	
2					
3					
4					

F13 U17M Pole Vault 'A'

96 No Competitors Declared

U17M Pole Vault 'B'

F29 U17M High Jump 'A'

1	1	Stephen Guest	Bridgend	1.85	G1*
2	29	Aaron Athersuch	Yeovil/Wells & Taunton A	1.75	G3*
3	5	Jamaul Whyte	Cardiff AAC	1.70	G4

U17M High Jump 'B'

1	6	Gareth Jones	Cardiff AAC	1.35	
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F17 U17M Long Jump 'A'

1	29	Matt St Clair	Yeovil/Wells & Taunton A	5.28	
2	1	Jamie Morris	Bridgend	4.97	
3	5	Daniel Sharrem	Cardiff AAC	4.69	
4					

U17M Long Jump 'B'

1	30	Lewis Guest	Yeovil/Wells & Taunton A	4.59	
2	6	Nathan Lawrence	Cardiff AAC	4.43	
3					
4					

F34 U17M Triple Jump 'A'

1	6	Lewis Newton	Cardiff AAC	11.36	
2	29	Lewis Guest	Yeovil/Wells & Taunton A	10.16	
3					
4					

U17M Triple Jump 'B'

1	5	Jacob Brennan	Cardiff AAC	10.48	
2					
3					
4					

T30 U15B 100m 'A'

Wind= -2.1

1	29	Jake Cory	Yeovil/Wells & Taunton A	12.7	*
2	5	James McLean	Cardiff AAC	13.0	*
3	1	Tomas Owen	Bridgend	14.6	
4					

U15B 100m 'B'

Wind= -2.1

1	6	Lewys Jones	Cardiff AAC	13.7	
2	30	Jonathan Forsey	Yeovil/Wells & Taunton A	14.0	
3					
4					

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Perf

Wind

Records
GradesSunday, May 17 2009

Perf

Grades

Event	Grade	Name	Club	Perf	Wind	Records	Grades	Event	Grade	Name	Club	Perf	Wind	Records	Grades
T6	U15B 200m 'A'				Wind=	0.4		U15B 200m 'B'					Wind=	0.4	
	1	5 James McLean	Cardiff AAC	26.1				1	6 Jonathan Bailey	Cardiff AAC		26.3			
	2	29 Jonathan Forsey	Yeovil/Wells & Taunton A	28.2				2	30 James White	Yeovil/Wells & Taunton A		28.5			
	3	1 Tomas Owen	Bridgend	29.4				3	2 Daniel Glen	Bridgend		36.1			
	4							4							
T24	U15B 400m 'A'							U15B 400m 'B'							
	1	29 Jake Cory	Yeovil/Wells & Taunton A	55.6		G2*		1	30 Matthew Cole	Yeovil/Wells & Taunton A		59.1			
	2	5 Zac Noneley	Cardiff AAC	58.0		G4		2	6 Iwan Hughes	Cardiff AAC		60.8			
	3							3							
	4							4							
T12	U15B 800m 'A'							U15B 800m 'B'							
	1	1 Sam Longville	Bridgend	2:18.9				1							
	2	5 Mario Harb	Cardiff AAC	2:43.6				2							
	3	29 Joseph Trickey	Yeovil/Wells & Taunton A	2:44.0				3							
	4							4							
T35	U15B 1500m 'A'							U15B 1500m 'B'							
	1	29 Matthew Cole	Yeovil/Wells & Taunton A	04:43.2		G40		1	2 Daniel Glen	Bridgend		05:32.7	00		
	2	1 James Hunt	Bridgend	04:55.7		00		2							
	3	5 Sam Peterken	Cardiff AAC	05:14.8		00		3							
	4							4							
T21	U15B 80m 'A'				Wind=	-3.0		U15B 80m 'B'					Wind=	-3.0	
	1	5 James Sharrem	Cardiff AAC	14.1				1	6 Adrian Lawrence	Cardiff AAC		15.4			
	2	30 James White	Yeovil/Wells & Taunton A	16.8				2	29 Ashley Harvey	Yeovil/Wells & Taunton A		17.8			
	3							3							
	4							4							
F1	U15B 4k Hammer 'A'							U15B 4k Hammer 'B'							
	1	5 Matteo Holmes	Cardiff AAC	19.33				1	6 Jack Palmer	Cardiff AAC		19.24			
	2	29 Robert Trickey	Yeovil/Wells & Taunton A	10.28				2							
	3							3							
	4							4							
F8	U15B 1.25k Discus 'A'							U15B 1.25k Discus 'B'							
	1	29 Jordan Boobyer	Yeovil/Wells & Taunton A	19.34				1	5 Deon Garrison	Cardiff AAC		17.37			
	2	6 Adrian Lawrence	Cardiff AAC	17.60				2							
	3	1 Mathew Jones	Bridgend	15.10				3							
	4							4							
F23	U15B 4.00k Shot 'A'							U15B 4.00k Shot 'B'							
	1	5 Matteo Holmes	Cardiff AAC	8.34				1	6 Deon Garrison	Cardiff AAC		6.25			
	2	29 Jordan Boobyer	Yeovil/Wells & Taunton A	6.25				2							
	3	1 Mathew Jones	Bridgend	6.15				3							
	4							4							
F33	U15B 600g Javelin 'A'							U15B 600g Javelin 'B'							
	1	29 Jordan Boobyer	Yeovil/Wells & Taunton A	24.97				1	5 Matteo Holmes	Cardiff AAC		21.05			
	2	6 Deon Garrison	Cardiff AAC	21.86				2	30 Joseph Trickey	Yeovil/Wells & Taunton A		19.63			
	3							3							
	4							4							

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Midland 1 - West Cardiff International Sports Stadium

Perf

Wind
Records
Grades

Sunday, May 17 2009

Perf

Grades

F16 U15B Long Jump 'A'

1	29	Jake Cory	Yeovil/Wells & Taunton A	5.79	G1*
2	5	Lewys Jones	Cardiff AAC	4.90	
3	1	Sam Longville	Bridgend	4.20	
4					

U15B Long Jump 'B'

1	30	Matthew Cole	Yeovil/Wells & Taunton A	4.68
2	6	Jonathan Bailey	Cardiff AAC	4.62
3	2	Tomas Owen	Bridgend	3.76
4				

F28 U15B High Jump 'A'

1	5	William Hutton	Cardiff AAC	1.40
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U15B High Jump 'B'

1	6	Zac Noneley	Cardiff AAC	1.40
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F12 U15B Pole Vault 'A'

96 No Competitors Declared

U15B Pole Vault 'B'

T28 U13B 100m 'A'

Wind= -0.8

1	1	Harry Davies	Bridgend	14.2
2	29	Matt Trickey	Yeovil/Wells & Taunton A	14.8
3	5	Sam Gough	Cardiff AAC	15.5
4				

U13B 100m 'B'

Wind= -0.8

1	30	Jacob Holland	Yeovil/Wells & Taunton A	15.5
2	2	Danyaal Mohamed	Bridgend	15.6
3	6	Sam Maybank	Cardiff AAC	16.5
4				

T4 U13B 200m 'A'

Wind= -3.1

1	1	Harry Davies	Bridgend	29.3
2	5	Luke Harry	Cardiff AAC	29.8
3				
4				

U13B 200m 'B'

Wind= -3.1

1	2	Oliver Davies	Bridgend	31.3
2	6	Sam Gough	Cardiff AAC	33.2
3				
4				

T10 U13B 800m 'A'

1	1	Lewis Jones	Bridgend	2:25.1	G2*
2	6	Jacob Foley	Cardiff AAC	2:45.4	
3	2	Danyaal Mohamed	Bridgend	2:49.0	
4					

U13B 800m 'B'

1	5	Tom Johnson	Cardiff AAC	2:51.8
2				
3				
4				

T33 U13B 1500m 'A'

1	29	Oliver Fox	Yeovil/Wells & Taunton A	04:59.5	G2*
2	5	John Cove	Cardiff AAC	05:06.8	G30
3	1	Joseph Hapgood	Bridgend	05:27.5	00
4					

U13B 1500m 'B'

1	30	Charlie Martin	Yeovil/Wells & Taunton A	05:10.8	G40
2	6	Ciaran Lewis	Cardiff AAC	05:47.1	00
3					
4					

T17 U13B 75mh 'A'

Wind= -5.2

1	1	Jak D'Argie	Bridgend	15.6
2	5	Oliver Hunt	Cardiff AAC	17.2
3				
4				

U13B 75mh 'B'

Wind= -5.2

1	2	Rhys Roberts	Bridgend	16.6
2				
3				
4				

F15 U13B 3.25k Shot 'A'

1	5	Joe Channon	Cardiff AAC	6.28
2	2	Joseph Hapgood	Bridgend	5.34
3	29	Jacob Holland	Yeovil/Wells & Taunton A	4.69
4				

U13B 3.25k Shot 'B'

1	6	Luke Harry	Cardiff AAC	5.56
2	1	Harry Davies	Bridgend	4.41
3				
4				

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<http://www.natyal.co.uk>



Midland 1 - West Cardiff International Sports Stadium

Perf

Wind
Records
Grades

Sunday, May 17 2009

Perf

Grades

F25 U13B Long Jump 'A'

1	30	Jacob Holland	Yeovil/Wells & Taunton A	3.99
2	6	Oliver Hunt	Cardiff AAC	3.97
3	1	Rhys Roberts	Bridgend	3.95
4				

U13B Long Jump 'B'

1	29	Matt Trickey	Yeovil/Wells & Taunton A	3.84
2	2	Oliver Davies	Bridgend	3.83
3	5	Luke Harry	Cardiff AAC	3.34
4				

F6 U13B High Jump 'A'

1	5	Jacob Foley	Cardiff AAC	1.25
2	1	Jak D'Argie	Bridgend	1.20
3	29	Matt Trickey	Yeovil/Wells & Taunton A	1.15

U13B High Jump 'B'

1	2	Rhys Roberts	Bridgend	1.15
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T31 U17W 100m 'A'

Wind= -3.7

1	5	Jamie Leigh Bowen	Cardiff AAC	13.4
2	1	Rachel O'Connor	Bridgend	13.7
3				
4				

U17W 100m 'B'

Wind= -3.7

1	6	Shaleena Graham	Cardiff AAC	13.9
2	2	Cath James	Bridgend	14.1
3				
4				

T7 U17W 200m 'A'

Wind= -0.9

1	5	Sam Cogan	Cardiff AAC	26.1	G3*
2	1	Rachel O'Connor	Bridgend	28.1	
3					
4					

U17W 200m 'B'

Wind= -0.9

1	6	Jamie Leigh Bowen	Cardiff AAC	27.0	G4*
2	2	Alysha Jones	Bridgend	28.8	
3					
4					

T26 U17W 300m 'A'

1	5	Sam Cogan	Cardiff AAC	41.2	G1*
2	1	Katie Lewis	Bridgend	42.8	G3*
3					
4					

U17W 300m 'B'

1	6	Aimee Hendrickson	Cardiff AAC	43.5	G4*
2					
3					
4					

T13 U17W 800m 'A'

1	5	Lucy Harvey	Cardiff AAC	2:36.7
2				
3				
4				

U17W 800m 'B'

1	6	Heledd Williams	Cardiff AAC	2:44.5
2				
3				
4				

T36 U17W 1500m 'A'

1	6	Bethan Daw	Cardiff AAC	05:09.5	00
2					
3					
4					

U17W 1500m 'B'

1					
2					
3					
4					

T19 U17W 3000m 'A'

1	5	Majidah Harb	Cardiff AAC	10:46.1	G3*
2					
3					
4					

U17W 3000m 'B'

1	6	Rebecca Findlay	Cardiff AAC	12:02.2	00
2					
3					
4					

T20 U17W 800m 'A'

Wind= -0.1

1	1	Katie Lewis	Bridgend	12.5	G3*
2	5	Megan Thomas	Cardiff AAC	13.5	G4
3					
4					

U17W 800m 'B'

Wind= -0.1

1					
2					
3					
4					

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Perf
Wind
Records
Grades

Sunday, May 17 2009

Perf
Grades

T1 U17W 300mH 'A'				U17W 300mH 'B'			
Rank	Perf	Name	Club	Perf	Rank	Name	Club
1	51.9	Megan Thomas	Cardiff AAC		1		
2					2		
3					3		
4					4		
F3 U17W 4k Hammer 'A'				U17W 4k Hammer 'B'			
Rank	Perf	Name	Club	Perf	Rank	Name	Club
1	24.57	Trudy Williams	Bridgend	10.28	6	Gwen Williams	Cardiff AAC
2	23.34	Nia Hodnett	Cardiff AAC		2		
3					3		
4					4		
F20 U17W 1.0k Discus 'A'				U17W 1.0k Discus 'B'			
Rank	Perf	Name	Club	Perf	Rank	Name	Club
1	26.51	Trudy Williams	Bridgend	15.20	2	Bethan Hocking	Bridgend
2	14.87	Nia Hodnett	Cardiff AAC		2		
3					3		
4					4		
F31 U17W 4k Shot 'A'				U17W 4k Shot 'B'			
Rank	Perf	Name	Club	Perf	Rank	Name	Club
1	6.73	Bethan Hocking	Bridgend	6.25	2	Amy Tidball	Bridgend
2	5.72	Shaleena Graham	Cardiff AAC	4.52	6	Aimee Hendrickson	Cardiff AAC
3					3		
4					4		
F26 U17W 600g Javelin 'A'				U17W 600g Javelin 'B'			
Rank	Perf	Name	Club	Perf	Rank	Name	Club
1	29.22	Christie Williams	Bridgend	25.12	2	Amy Tidball	Bridgend
2	16.99	Megan Thomas	Cardiff AAC	8.54	5	Gwen Williams	Cardiff AAC
3					3		
4					4		
F5 U17W Long Jump 'A'				U17W Long Jump 'B'			
Rank	Perf	Name	Club	Perf	Rank	Name	Club
1	5.01	Christie Williams	Bridgend	4.53	2	Katie Lewis	Bridgend
2	3.49	Sam Cogan	Cardiff AAC	3.36	6	Lucy Harvey	Cardiff AAC
3					3		
4					4		
F35 U17W Triple Jump 'A'				U17W Triple Jump 'B'			
Rank	Perf	Name	Club	Perf	Rank	Name	Club
1	9.69	Aimee Hendrickson	Cardiff AAC		1		
2					2		
3					3		
4					4		
F19 U17W High Jump 'A'				U17W High Jump 'B'			
Rank	Perf	Name	Club	Perf	Rank	Name	Club
1	1.40	Alysha Jones	Bridgend	1.30	2	Bethan Hocking	Bridgend
2	1.40	Gwen Williams	Cardiff AAC	1.25	6	Lucy Harvey	Cardiff AAC
3					3		
4					4		
F11 U17W Pole Vault 'A'				U17W Pole Vault 'B'			
96 No Competitors Declared							

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Grades

Event	Wind	Perf	Records	Grades	Event	Wind	Perf	Records	Grades
T29 U15G 100m 'A'	Wind=	-1.2			U15G 100m 'B'	Wind=	-1.2		
1 5 Alison Singleton Cardiff AAC		13.9			1 30 Josephine Douglas Yeovil/Wells & Taunton A		14.7		
2 1 Lucy Taylor Bridgend		14.4			2 6 Laura Trigg Cardiff AAC		15.0		
3 29 Sophie Baruna Yeovil/Wells & Taunton A		14.7			3 2 Lowri Major Bridgend		15.9		
4					4				
T5 U15G 200m 'A'	Wind=	-3.3			U15G 200m 'B'	Wind=	-3.3		
1 6 Maisie Matthews Cardiff AAC		28.4			1 5 Alison Singleton Cardiff AAC		28.9		
2 2 Isabel Hughes Bridgend		30.0			2 29 Sophie Baruna Yeovil/Wells & Taunton A		30.4		
3 30 Josephine Douglas Yeovil/Wells & Taunton A		30.1			3 1 Lowri Major Bridgend		33.5		
4					4				
T11 U15G 800m 'A'					U15G 800m 'B'				
1 1 Megan Osborne Bridgend		2:37.6			1 5 Catrin Griffiths Cardiff AAC		2:41.8		
2 6 Clare Harwood Cardiff AAC		2:38.3			2 2 Catrin Roberts Bridgend		2:47.9		
3 30 Alex Chilcott Yeovil/Wells & Taunton A		2:50.4			3 29 Genista Johnston Yeovil/Wells & Taunton A		3:01.1		
4					4				
T34 U15G 1500m 'A'					U15G 1500m 'B'				
1 29 Emily Smith Yeovil/Wells & Taunton A		05:05.5	G4*		1 5 Lucy Daly Cardiff AAC		05:52.2 00		
2 1 Fiona Bray Bridgend		05:22.6	00		2				
3 6 Francesca Morris Cardiff AAC		05:37.0	00		3				
4					4				
T18 U15G 75mh 'A'	Wind=	-2.8			U15G 75mh 'B'	Wind=	-2.8		
1 6 Rebecca Foley Cardiff AAC		12.7	G3*		1 5 Leonara Foley Cardiff AAC		14.1		
2 29 Emily Smith Yeovil/Wells & Taunton A		15.9			2 30 Genista Johnston Yeovil/Wells & Taunton A		17.3		
3					3				
4					4				
F4 U15G Long Jump 'A'					U15G Long Jump 'B'				
1 1 Lucy Taylor Bridgend		4.22			1 5 Laura Trigg Cardiff AAC		3.87		
2 6 Helena Davies Cardiff AAC		4.10			2 2 Catrin Roberts Bridgend		3.23		
3 29 Genista Johnston Yeovil/Wells & Taunton A		3.75			3				
4					4				
F18 U15G High Jump 'A'					U15G High Jump 'B'				
1 5 Ffion Bodilly Cardiff AAC		1.45	G3*		1 6 Laura Trigg Cardiff AAC		1.30		
2 29 Emily Smith Yeovil/Wells & Taunton A		1.30							
F10 U15G Pole Vault 'A'					U15G Pole Vault 'B'				
96 No Competitors Declared									
F21 U15G 1.00k Discus 'A'					U15G 1.00k Discus 'B'				
1 1 Zoe Dakin Bridgend		21.59	G4		1 2 Lora Roberts Bridgend		15.93		
2 6 Clare Harwood Cardiff AAC		12.14			2 5 Catrin Griffiths Cardiff AAC		12.05		
3					3				
4					4				

* = AW Standards

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Perf

Wind
Records
GradesSunday, May 17 2009

Perf

Grades

F27 U15G 600g Javelin 'A'

1	2	Nicky Davenport	Bridgend	21.64	G4
2	5	Ffion Bodilly	Cardiff AAC	21.51	G4
3	29	Alex Chilcott	Yeovil/Wells & Taunton A	9.78	
4					

U15G 600g Javelin 'B'

1	1	Zoe Dakin	Bridgend	18.32	
2	6	Helena Davies	Cardiff AAC	8.29	
3					
4					

F30 U15G 3.25k Shot 'A'

1	1	Zoe Dakin	Bridgend	8.16	G4
2	29	Sophie Baruna	Yeovil/Wells & Taunton A	6.58	
3	6	Rebecca Foley	Cardiff AAC	5.85	
4					

U15G 3.25k Shot 'B'

1	2	Lora Roberts	Bridgend	7.40	
2	30	Alex Chilcott	Yeovil/Wells & Taunton A	5.82	
3	5	Leonara Foley	Cardiff AAC	5.32	
4					

T27 U13G 75m 'A'

Wind= -3.9

1	6	Ffion Collins	Cardiff AAC	11.4	
2	1	Emma Johnson	Bridgend	11.4	
3	30	Kelly Coombs	Yeovil/Wells & Taunton A	12.2	
4					

U13G 75m 'B'

Wind= -3.9

1	5	Megan Williams	Cardiff AAC	11.7	
2	2	Zoe Nash	Bridgend	12.2	
3	29	Harriet Holland	Yeovil/Wells & Taunton A	12.4	
4					

T3 U13G 150m 'A'

Wind= -1.9

1	5	Megan Williams	Cardiff AAC	22.2	G4
2	1	Shauna Quirke	Bridgend	22.3	G4
3					
4					

U13G 150m 'B'

Wind= -1.9

1	6	Bethan Trigg	Cardiff AAC	23.5	
2	2	Leah Thomas	Bridgend	23.8	
3					
4					

T9 U13G 800m 'A'

1	1	Nia Ward	Bridgend	2:42.1	G4
2	5	Anna Lawson	Cardiff AAC	2:51.5	
3	29	Clara Hewitt	Yeovil/Wells & Taunton A	2:58.8	
4					

U13G 800m 'B'

1	6	Carys Dawe	Cardiff AAC	3:19.2	
2					
3					
4					

T22 U13G 1200m 'A'

1	1	Jazmine Briganti	Bridgend	04:03.4	G2*
2	6	Megan Tatnell	Cardiff AAC	04:25.5	G40
3	29	Annabel Arnold	Yeovil/Wells & Taunton A	04:37.5	00
4					

U13G 1200m 'B'

1	5	Kate Seary	Cardiff AAC	04:34.4	00
2	2	Katie Roberts	Bridgend	04:35.6	00
3					
4					

T15 U13G 70mh 'A'

Wind= -0.4

1	1	Emma Johnson	Bridgend	12.7	G3*
2	5	Bethan Trigg	Cardiff AAC	12.9	G3*
3	29	Kelly Coombs	Yeovil/Wells & Taunton A	13.0	G3*
4					

U13G 70mh 'B'

Wind= -0.4

1	2	Leah Thomas	Bridgend	13.9	G4
2	6	Ffion Collins	Cardiff AAC	14.1	
3	30	Annabel Arnold	Yeovil/Wells & Taunton A	15.9	
4					

F7 U13G High Jump 'A'

1	6	Anna Lawson	Cardiff AAC	1.20	G4
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U13G High Jump 'B'

1	5	Kate Seary	Cardiff AAC	1.20	G4
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F24 U13G Long Jump 'A'

1	1	Nia Ward	Bridgend	3.60	
2	29	Harriet Holland	Yeovil/Wells & Taunton A	3.54	
3	5	Anna Lawson	Cardiff AAC	3.39	
4					

U13G Long Jump 'B'

1	30	Caitlin Maguire	Yeovil/Wells & Taunton A	3.42	
2	2	Zoe Nash	Bridgend	3.35	
3	6	Carys Dawe	Cardiff AAC	2.11	
4					

* = AW Standards

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Midland 1 - West Cardiff International Sports Stadium

Perf

Wind

Records
Grades

Sunday, May 17 2009

Perf

Grades

F14 U13G 2.72k Shot 'A'

1	1	Shauna Quirke	Bridgend	6.64	G4
2	5	Carys Dawe	Cardiff AAC	6.22	G4
3	29	Lexi Bragg	Yeovil/Wells & Taunton A	4.96	
4					

U13G 2.72k Shot 'B'

1	2	Emma Johnson	Bridgend	5.42	
2	30	Zara Biddlecombe	Yeovil/Wells & Taunton A	4.66	
3	6	Kate Seary	Cardiff AAC	3.56	
4					

*= AW Standards

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<http://www.natyal.co.uk>
Midlands Midland 1 - West Cardiff International Sports Stadium

 Perf Wind Records Grades Sunday, May 17 2009

Perf Grades

T43 17M 4x100m

1	5	Cardiff AAC	Jamaul Whyte	Osian Hughes	Joe McLean	Jonathan Pengelly	47.80
2	1	Bridgend	Keiron Quirke	Stephen Guest	Matt Russell	Jamie Morris	50.20
	29	Yeovil/Wells & Taunton AC	Aaron Athersuch	Matt St Clair	Lewis Guest	Jamie Baker	disq

T47 17M 4x400m

1	5	Cardiff AAC	James Wiltshire	Jonathan Pengelly	Jacob Brennan	Alex Coomber	3:42.9 *
2							
3							
4							

T41 15B 4x100m

1	5	Cardiff AAC	James McLean	Ashley Bundy	Adrian Lawrence	Lewys Jones	54.0
2	29	Yeovil/Wells & Taunton AC	Ashley Harvey	Jordan Boobyer	Jonathan Forsey	James White	58.9
3	1	Bridgend	Tomas Owen	Mathew Jones	Daniel Glen	James Hunt	68.4
4							

T46 15B 4x400m

1	5	Cardiff AAC	Iwan Hughes	Sam Peterken	Mario Harb	Zac Noneley	4:20.4
2	29	Yeovil/Wells & Taunton AC	Joseph Trickey	Robert Trickey	James Todd	Matthew Cole	4:46.9
3							
4							

T39 13B 4x100m

1	1	Bridgend	Oliver Davies	Harry Davies	Danyaal Mohamed	Rhys Roberts	59.1
2	29	Yeovil/Wells & Taunton AC	Matt Trickey	Jacob Holland	Oliver Fox	Charlie Martin	59.7
3	5	Cardiff AAC	Luke Harry	Oliver Hunt	Sam Gough	Sam Maybank	63.1
4							

T42 17W 4x100m

1	1	Bridgend	Cath James	Rachel O'Connor	Amy Tidball	Rhianydd Llewellyn	52.1 *
2	5	Cardiff AAC	Sam Cogan	Gwen Williams	Shaleena Graham	Jamie Leigh Bowen	55.0
3							
4							

T45 17W 4x300m

1	5	Cardiff AAC	Aimee Hendrickson	Harriet Morris	Bethan Daw	Majidah Harb	3:07.5
2							
3							
4							

T40 15G 4x100m

1	5	Cardiff AAC	Maisie Matthews	Alison Singleton	Laura Trigg	Helena Davies	55.2
2	1	Bridgend	Lucy Taylor	-	Lowri Major	-	56.9
3	29	Yeovil/Wells & Taunton AC	Emily Smith	Genista Johnston	Sophie Baruna	Josephine Douglas	59.3
4							

T38 13G 4x100m

1	1	Bridgend	Zoe Nash	Emma Johnson	Leah Thomas	Shauna Quirke	60.2
2	5	Cardiff AAC	Kate Seary	Megan Williams	Bethan Trigg	Ffion Collins	60.9
3	29	Yeovil/Wells & Taunton AC	Natasha Gabidon	Harriet Holland	Clara Hewitt	Caitlin Maguire	62.2
4							

* = AW Standards

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Midlands Midland 1 - West Cardiff International Sports Stadium

Sunday, 17 May 2009

Events	Card		B'end		ov O/Wells/Ta										Unused	T	
	5		1		29	31											
17M 100m	3.0	3.0	4.0	4.0	2.0	2.0									1	1	20
17M 200m	4.0	4.0	3.0	3.0	2.0	2.0									1	1	20
17M 400m	4.0	4.0	3.0												3	6	20
17M 800m	4.0	4.0			3.0										3	6	20
17M 1500m	3.0	4.0	4.0												3	6	20
17M 3000m	4.0	4.0			3.0										3	6	20
17M 400mH	4.0	4.0			3.0										3	6	20
17M 100mh	4.0	4.0			3.0	3.0									3	3	20
17M 1500m S	4.0	4.0													6	6	20
17M 5k Hamm	3.0	4.0			4.0										3	6	20
17M 1.5k Disc	3.0	3.0	2.0		4.0	4.0									1	3	20
17M 5k Shot	3.0	4.0	2.0		4.0	3.0									1	3	20
17M 700g Jav	4.0	4.0	2.0		3.0										1	6	20
17M Pole Vau															10	10	20
17M High Jum	2.0	4.0	4.0		3.0										1	6	20
17M Long Jum	2.0	3.0	3.0		4.0	4.0									1	3	20
17M Triple Jum	4.0	4.0			3.0										3	6	20
17M 4x100m	4.0		3.0												3		10
17M 4x400m	4.0														6		10
	63.0	61.0	30.0	7.0	41.0	18.0									56	84	360

15B 100m	3.0	4.0	2.0		4.0	3.0									1	3	20
15B 200m	4.0	4.0	2.0	2.0	3.0	3.0									1	1	20
15B 400m	3.0	3.0			4.0	4.0									3	3	20
15B 800m	3.0		4.0		2.0										1	10	20
15B 1500m	2.0		3.0	4.0	4.0										1	6	20
15B 80mh	4.0	4.0			3.0	3.0									3	3	20
15B 4k Hamm	4.0	4.0			3.0										3	6	20
15B 1.25k Disc	3.0	4.0	2.0		4.0										1	6	20
15B 4.00k Sh	4.0	4.0	2.0		3.0										1	6	20
15B 600g Jav	3.0	4.0			4.0	3.0									3	3	20
15B Long Jum	3.0	3.0	2.0	2.0	4.0	4.0									1	1	20
15B High Jum	4.0	4.0													6	6	20
15B Pole Vau															10	10	20
15B 4x100m	4.0		2.0		3.0										1		10
15B 4x400m	4.0				3.0										3		10
	48.0	38.0	19.0	8.0	44.0	20.0									39	64	280

13B 100m	2.0	2.0	4.0	3.0	3.0	4.0									1	1	20
13B 200m	3.0	3.0	4.0	4.0											3	3	20
13B 800m	3.0	4.0	4.0												3	6	20
13B 1500m	3.0	3.0	2.0		4.0	4.0									1	3	20
13B 75mh	3.0		4.0	4.0											3	6	20
13B 3.25k Sh	4.0	4.0	3.0	3.0	2.0										1	3	20
13B Long Jum	3.0	2.0	2.0	3.0	4.0	4.0									1	1	20
13B High Jum	4.0		3.0	4.0	2.0										1	6	20
13B 4x100m	2.0		4.0		3.0										1		10
	27.0	18.0	30.0	21.0	18.0	12.0									15	29	170

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Midlands Midland 1 - West Cardiff International Sports Stadium

Sunday, 17 May 2009

Events	Card		B'end		ov O/Wells/Ta						Unused		T	
	5		1		29	31								
17W 100m	4.0	4.0	3.0	3.0								3	3	20
17W 200m	4.0	4.0	3.0	3.0								3	3	20
17W 300m	4.0	4.0	3.0									3	6	20
17W 800m	4.0	4.0										6	6	20
17W 1500m	4.0											6	10	20
17W 3000m	4.0	4.0										6	6	20
17W 80mh	3.0		4.0									3	10	20
17W 300mH	4.0											6	10	20
17W 4k Hamn	3.0	4.0	4.0									3	6	20
17W 1.0k Disc	3.0		4.0	4.0								3	6	20
17W 4k Shot	3.0	3.0	4.0	4.0								3	3	20
17W 600g Jav	3.0	3.0	4.0	4.0								3	3	20
17W Long Jum	3.0	3.0	4.0	4.0								3	3	20
17W Triple Ju	4.0											6	10	20
17W High Jum	3.0	3.0	4.0	4.0								3	3	20
17W Pole Vau												10	10	20
17W 4x100m	3.0		4.0									3		10
17W 4x300m	4.0											6		10
	60.0	36.0	41.0	26.0								79	98	340
15G 100m	4.0	3.0	3.0	2.0	2.0	4.0						1	1	20
15G 200m	4.0	4.0	3.0	2.0	2.0	3.0						1	1	20
15G 800m	3.0	4.0	4.0	3.0	2.0	2.0						1	1	20
15G 1500m	2.0	4.0	3.0		4.0							1	6	20
15G 75mh	4.0	4.0			3.0	3.0						3	3	20
15G Long Jum	3.0	4.0	4.0	3.0	2.0							1	3	20
15G High Jum	4.0	4.0			3.0							3	6	20
15G Pole Vau												10	10	20
15G 1.00k Dis	3.0	3.0	4.0	4.0								3	3	20
15G 600g Jav	3.0	3.0	4.0	4.0	2.0							1	3	20
15G 3.25k Sh	2.0	2.0	4.0	4.0	3.0	3.0						1	1	20
15G 4x100m	4.0		3.0		2.0							1		10
	36.0	35.0	32.0	22.0	25.0	15.0						27	38	230
13G 75m	4.0	4.0	3.0	3.0	2.0	2.0						1	1	20
13G 150m	4.0	4.0	3.0	3.0								3	3	20
13G 800m	3.0	4.0	4.0		2.0							1	6	20
13G 1200m	3.0	4.0	4.0	3.0	2.0							1	3	20
13G 70mh	3.0	3.0	4.0	4.0	2.0	2.0						1	1	20
13G High Jum	4.0	4.0										6	6	20
13G Long Jum	2.0	2.0	4.0	3.0	3.0	4.0						1	1	20
13G 2.72k Sh	3.0	2.0	4.0	4.0	2.0	3.0						1	1	20
13G 4x100m	3.0		4.0		2.0							1		10
	29.0	27.0	30.0	20.0	15.0	11.0						16	22	170

FINAL MATCH SCORES AND POSITIONS

	1	2	3	#NA	4	4	4	4		
Points Summa	Card	B'end	ov O/Wells/Ta	#NA					UNUSED	TOTAL
Boys	255.0	115.0	153.0						287.0	810.0
Girls	223.0	171.0	66.0						280.0	740.0
Officials	25.0	16.0	12.0						47.0	100.0
Total	503.0	302.0	231.0						614.0	####
Position	1	2	3	#NA	4	4	4	4		