

[Midland 1 - West Neath](#)
[Sunday 31 May 2009](#)

FINAL MATCH SCORES AND POSITIONS



Posn	Points after	82 event(s)
1	Cardiff AAC	460.0
2	Halesowen C & AC	345.0
3	Cwmbran Harriers	289.0
4	Llanelli & Neath	227.0

UKA: National Young Athletes League 2009

<http://www.natyal.co.uk>Midland 1 - West Neath

	Perf	Wind	Reco ds	Grade	<u>Sunday, May 31 2009</u>	Perf	Grades
T32 U17M 100m 'A'		Wind=			U17M 100m 'B'	Wind=	
1 5 Jamaul White	Cardiff AAC	11.40	G3*		1 6 Joe McLean	Cardiff AAC	12.10
2 17 Sam Jones	Llanelli & Neath	12.00			2 18 Alex Morgan	Llanelli & Neath	12.10
3 10 James Sale	Cwmbran Harriers	12.20			3 9 Conol Davis	Cwmbran Harriers	12.90
4 13 Ben Morton	Halesowen C & AC	12.40			4 14 Ashley Phillips	Halesowen C & AC	13.50
T8 U17M 200m 'A'		Wind=	-0.9		U17M 200m 'B'	Wind=	-1.0
1 5 Jamaul White	Cardiff AAC	23.80	G4*		1 6 Jonathan Pengelley	Cardiff AAC	24.00 G4*
2 13 Daniel Williams	Halesowen C & AC	24.40			2 10 James Sale	Cwmbran Harriers	26.10
3 9 Conol Davis	Cwmbran Harriers	25.70			3 14 Ashley Phillips	Halesowen C & AC	27.80
4 17 Richard Triggs	Llanelli & Neath	26.30					
T25 U17M 400m 'A'					U17M 400m 'B'		
1 5 James Wiltshire	Cardiff AAC	51.30	G1*		1 6 Jacob Brennan	Cardiff AAC	53.00 G2*
2 13 Daniel Williams	Halesowen C & AC	53.70	G3		2 18 Owain Morgan	Llanelli & Neath	55.40 G4
3 17 Chris Davies	Llanelli & Neath	54.60	G4		3		
4 9 Keiron Stephens	Cwmbran Harriers	66.40			4		
T14 U17M 800m 'A'					U17M 800m 'B'		
1 17 Matthew O'Leary	Llanelli & Neath	02:05.5	G4		1 6 Gareth Jones	Cardiff AAC	02:14.0
2 5 James Hunt	Cardiff AAC	02:07.2			2 10 Ryan Adams	Cwmbran Harriers	02:23.4
3 13 Max Park-Davies	Halesowen C & AC	02:09.9			3 14 Ben Morton	Halesowen C & AC	02:55.4
4 9 Keiron Stephens	Cwmbran Harriers	02:19.9			4		
T37 U17M 1500m 'A'					U17M 1500m 'B'		
1 9 Alex Edwards	Cwmbran Harriers	04:25.5	G40		1 10 Marcus Price	Cwmbran Harriers	05:00.4 00
2 17 Matthew O'Leary	Llanelli & Neath	04:31.3	00		2 6 Gareth Jones	Cardiff AAC	05:23.8 00
3 5 Stefano Falsini	Cardiff AAC	04:37.0	00		3		
4 13 Max Park-Davies	Halesowen C & AC	04:43.2	00		4		
T16 U17M 3000m 'A'					U17M 3000m 'B'		
1 9 Alex Edwards	Cwmbran Harriers	09:47.2	G30		1 10 Marcus Price	Cwmbran Harriers	10:25.3 00
2 5 Darren Jones	Cardiff AAC	10:12.0	00		2 6 Joel Redman	Cardiff AAC	11:06.5 00
3					3		
4					4		
T2 U17M 400mH 'A'					U17M 400mH 'B'		
1 5 Jacob Brennan	Cardiff AAC	59.20	G3*		1		
2 9 Freddie Naseriyan	Cwmbran Harriers	64.50	G4		2		
3 13 Shane Tickell	Halesowen C & AC	64.80			3		
4					4		
T23 U17M 100mh 'A'		Wind=	-1.2		U17M 100mh 'B'	Wind=	-1.2
1 5 Daniel Sharrem	Cardiff AAC	14.60	G3*		1 6 Nathan Lawrence	Cardiff AAC	17.80
2 17 Shane Jones	Llanelli & Neath	15.70	G4		2		
3 13 Shane Tickell	Halesowen C & AC	17.90			3		
4					4		
T44 U17M 1500m S/Chase 'A'					U17M 1500m S/Chase 'B'		
1 9 Alex Edwards	Cwmbran Harriers	05:13.8	G40		1 10 Keiron Stephens	Cwmbran Harriers	05:50.5 00
2 5 Darren Jones	Cardiff AAC	05:20.9	00		2 6 Stefano Falsini	Cardiff AAC	06:17.6 00
3					3		
4					4		
F2 U17M 5k Hammer 'A'					U17M 5k Hammer 'B'		
1 9 Josh Bushell	Cwmbran Harriers	32.87	G4		1 5 James Hunt	Cardiff AAC	13.91
2 13 Jack Henfield	Halesowen C & AC	22.55			2 18 Owain Morgan	Llanelli & Neath	12.86
3 17 Nick Edwards	Llanelli & Neath	21.47			3		
4 6 Nathan Lawrence	Cardiff AAC	15.97			4		

* = AW Standards

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<u>Midland 1 - West Neath</u>				Perf	Wind	Reco ds	Grade	<u>Sunday, May 31 2009</u>				Perf	Grades
F9 U17M 1.5k Discus 'A'								U17M 1.5k Discus 'B'					
1	6	Liam Dascombe	Cardiff AAC	32.61		G4		1	5	Ryan Leonard	Cardiff AAC	26.99	
2	9	Josh Bushell	Cwmbran Harriers	32.11		G4		2	18	Owain Morgan	Llanelli & Neath	9.35	
3	13	Jack Henfield	Halesowen C & AC	26.62				3					
4	17	Nick Edwards	Llanelli & Neath	23.51				4					
F22 U17M 5k Shot 'A'								U17M 5k Shot 'B'					
1	9	Josh Bushell	Cwmbran Harriers	12.94		G2*		1	5	Ryan Leonard	Cardiff AAC	8.70	
2	13	Daniel Williams	Halesowen C & AC	10.02				2	10	Freddie Naseriyan	Cwmbran Harriers	7.92	
3	6	Liam Dascombe	Cardiff AAC	9.77				3	14	Max Park-Davies	Halesowen C & AC	7.62	
4	17	Nick Edwards	Llanelli & Neath	6.16				4	18	Sam Jones	Llanelli & Neath	4.40	
F32 U17M 700g Javelin 'A'								U17M 700g Javelin 'B'					
1	13	Jack Henfield	Halesowen C & AC	44.80		G3		1	6	Liam Dascombe	Cardiff AAC	35.24	
2	5	Ryan Leonard	Cardiff AAC	38.91		G4		2	10	Ryan Adams	Cwmbran Harriers	4.09	
3	9	Lewis Hinwood	Cwmbran Harriers	31.37				3					
4								4					
F13 U17M Pole Vault 'A'								U17M Pole Vault 'B'					
1	5	Lewis Newton	Cardiff AAC	2.00									
F29 U17M High Jump 'A'								U17M High Jump 'B'					
1	5	Lewis Newton	Cardiff AAC	1.55				1	6	Gareth Jones	Cardiff AAC	1.35	
2	17	Thomas Rees- Bowen	Llanelli & Neath	1.45									
F17 U17M Long Jump 'A'								U17M Long Jump 'B'					
1	5	Jamaul White	Cardiff AAC	5.10				1	17	Robert Colwill	Llanelli & Neath	4.81	
2	18	Thomas Rees- Bowen	Llanelli & Neath	4.88				2	6	Daniel Sharrem	Cardiff AAC	4.64	
3	13	Shane Tickell	Halesowen C & AC	4.68				3	14	Ashley Phillips	Halesowen C & AC	3.63	
4	10	James Sale	Cwmbran Harriers	4.21				4	9	Conol Davis	Cwmbran Harriers	3.43	
F34 U17M Triple Jump 'A'								U17M Triple Jump 'B'					
1	5	Lewis Newton	Cardiff AAC	10.84				1	6	James Hunt	Cardiff AAC	9.24	
2	17	Robert Colwill	Llanelli & Neath	10.55				2					
3	9	Freddie Naseriyan	Cwmbran Harriers	10.03				3					
4								4					
T30 U15B 100m 'A'				Wind=	-1.9			U15B 100m 'B'				Wind=	-1.9
1	9	Tom Norton	Cwmbran Harriers	12.30		G4*		1	6	Lewys Jones	Cardiff AAC	13.00	*
2	5	James McLean	Cardiff AAC	12.40		G4*		2	18	Aidan James	Llanelli & Neath	13.20	*
3	17	Kieran Kelly	Llanelli & Neath	12.50		G4*		3	14	Brandon Sibley	Halesowen C & AC	13.80	
4	13	Ross Westwood	Halesowen C & AC	13.90				4	10	Stephen Scarfi	Cwmbran Harriers	13.80	
T6 U15B 200m 'A'				Wind=	-1.1			U15B 200m 'B'				Wind=	-0.1
1	9	Tom Norton	Cwmbran Harriers	25.50		G4		1	6	Jonathan Bailey	Cardiff AAC	27.00	
2	5	James McLean	Cardiff AAC	25.80				2	14	Connor Bennett	Halesowen C & AC	29.20	
3	13	Simon Bill	Halesowen C & AC	26.20				3	18	Joel Evans	Llanelli & Neath	31.80	
4	17	Nicholas Edwards	Llanelli & Neath	27.50				4					
T24 U15B 400m 'A'								U15B 400m 'B'					
1	9	Matthew Antoniazzi	Cwmbran Harriers	57.70		G4		1	14	Ben Symonds	Halesowen C & AC	62.70	
2	5	Zac Noneley	Cardiff AAC	58.40		G4		2	6	Iwan Hughes	Cardiff AAC	63.30	
3	13	Simon Bill	Halesowen C & AC	59.60				3					
4	17	Thomas Collins	Llanelli & Neath	64.70				4					

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Perf Grades

T12 U15B 800m 'A'

1	9	Matthew Antoniazzi	Cwmbran Harriers	02:07.7	G2*
2	13	Harvey Brown	Halesowen C & AC	02:10.0	G2*
3	18	Thomas Collins	Llanelli & Neath	02:31.2	
4	5	Sam Peterken	Cardiff AAC	02:32.8	

U15B 800m 'B'

1	14	Max Parker	Halesowen C & AC	02:20.8
2	10	Stephen Scarfi	Cwmbran Harriers	02:23.2
3	6	Felix Iacono	Cardiff AAC	02:39.9
4	17	Kieran John	Llanelli & Neath	02:45.5

T35 U15B 1500m 'A'

1	13	Joe Donkin	Halesowen C & AC	04:41.4	G40
2	9	Ben Jones	Cwmbran Harriers	04:42.1	G40
3	17	Daniel Lewis	Llanelli & Neath	04:49.6	00
4	5	Zac Noneley	Cardiff AAC	05:41.3	00

U15B 1500m 'B'

1	14	Brandon Sibley	Halesowen C & AC	05:00.7	00
2	6	Iwan Hughes	Cardiff AAC	06:06.5	00
3					
4					

T21 U15B 80mh 'A'

Wind= -0.4

1	9	Tyron Blake	Cwmbran Harriers	12.60	G3*
2	5	James Sharrem	Cardiff AAC	13.80	
3	17	Connor Roberts	Llanelli & Neath	15.10	
4	13	Max Parker	Halesowen C & AC	16.20	

U15B 80mh 'B'

Wind= -0.6

1	6	Jonathan Bailey	Cardiff AAC	13.90
2	14	Ross Westwood	Halesowen C & AC	17.70
3				
4				

F1 U15B 4k Hammer 'A'

1	6	Jack Palmer	Cardiff AAC	26.45	G4
2	13	Joe Donkin	Halesowen C & AC	15.19	
3					
4					

U15B 4k Hammer 'B'

1	5	Matteo Holmes	Cardiff AAC	17.20
2	14	Connor Bennett	Halesowen C & AC	14.96
3				
4				

F8 U15B 1.25k Discus 'A'

1	9	Jordan Peake	Cwmbran Harriers	26.67
2	6	Adrian Lawrence	Cardiff AAC	18.07
3	14	Ross Westwood	Halesowen C & AC	15.96
4				

U15B 1.25k Discus 'B'

1	5	Deon Garrison	Cardiff AAC	17.74
2	13	Tom Rankin	Halesowen C & AC	15.42
3	10	Matthew Antoniazzi	Cwmbran Harriers	13.15
4				

F23 U15B 4.00k Shot 'A'

1	9	Jordan Peake	Cwmbran Harriers	10.05	G4
2	5	Matteo Holmes	Cardiff AAC	8.66	
3	14	Connor Bennett	Halesowen C & AC	7.30	
4	17	Kieran Kelly	Llanelli & Neath	5.27	

U15B 4.00k Shot 'B'

1	10	Stephen Scarfi	Cwmbran Harriers	7.79
2	13	Simon Bill	Halesowen C & AC	6.66
3	6	Deon Garrison	Cardiff AAC	6.43
4	18	Daniel Lewis	Llanelli & Neath	5.12

F33 U15B 600g Javelin 'A'

1	9	Tom Norton	Cwmbran Harriers	44.95	G1*
2	5	Matteo Holmes	Cardiff AAC	27.39	
3	14	Tom Rankin	Halesowen C & AC	17.33	
4					

U15B 600g Javelin 'B'

1	10	Jordan Peake	Cwmbran Harriers	38.12	G3
2	6	Deon Garrison	Cardiff AAC	21.40	
3	13	Alex Wyrer	Halesowen C & AC	2.85	
4					

F16 U15B Long Jump 'A'

1	10	Tyron Blake	Cwmbran Harriers	4.87
2	5	Lewys Jones	Cardiff AAC	4.76
3	17	Connor Roberts	Llanelli & Neath	4.01
4	13	Alex Wyrer	Halesowen C & AC	3.94

U15B Long Jump 'B'

1	6	Jonathan Bailey	Cardiff AAC	4.53
2	18	Aidan James	Llanelli & Neath	3.92
3	14	Ethan Brown	Halesowen C & AC	3.40
4	9	Ben Jones	Cwmbran Harriers	3.08

F28 U15B High Jump 'A'

1	9	Tyron Blake	Cwmbran Harriers	1.65	G2*
2	17	Nicholas Edwards	Llanelli & Neath	1.55	G4
3	14	Alex Wyrer	Halesowen C & AC	1.50	
4	6	Felix Iacono	Cardiff AAC	1.40	

U15B High Jump 'B'

1	13	Harvey Brown	Halesowen C & AC	1.45
2	5	William Hutton	Cardiff AAC	1.40

F12 U15B Pole Vault 'A'

1 96 No Competitors Declare

U15B Pole Vault 'B'

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Midland 1 - West Neath				Perf	Wind	Reco ds	Grade	Sunday, May 31 2009				Perf	Grades
T28 U13B 100m 'A'				Wind=	-0.5			U13B 100m 'B'				Wind=	-0.5
1	13	Dominic Bill	Halesowen C & AC	13.80		G4		1	14	Dan Mills	Halesowen C & AC	14.80	
2	9	James Scarfi	Cwmbran Harriers	13.90		G4		2	10	Thomas Parry	Cwmbran Harriers	15.30	
3	5	Luke Harry	Cardiff AAC	15.10				3	6	Oliver Hunt	Cardiff AAC	15.50	
4	17	Joseph Davey	Llanelli & Neath	16.70				4	18	Aled Tomos	Llanelli & Neath	18.00	
T4 U13B 200m 'A'				Wind=	-0.5			U13B 200m 'B'				Wind=	-1.1
1	9	James Scarfi	Cwmbran Harriers	29.20		G4		1	14	Dan Mills	Halesowen C & AC	30.70	
2	5	Luke Harry	Cardiff AAC	29.60				2	6	Sam Gough	Cardiff AAC	31.80	
3	13	Ethan Buckley	Halesowen C & AC	30.30				3	10	Morgan Parry	Cwmbran Harriers	34.00	
4	17	Elliott Evans	Llanelli & Neath	33.80				4	18	Chris Williams	Llanelli & Neath	39.10	
T10 U13B 800m 'A'								U13B 800m 'B'					
1	13	Dominic Bill	Halesowen C & AC	02:25.4		G2*		1	14	Jack Holman	Halesowen C & AC	02:39.4	
2	5	Josh Kirk	Cardiff AAC	02:39.3				2	6	Ciaran Lewis	Cardiff AAC	02:49.7	
3	17	Aled Tomos	Llanelli & Neath	03:06.3				3					
4								4					
T33 U13B 1500m 'A'								U13B 1500m 'B'					
1	5	John Cove	Cardiff AAC	05:05.0		G3*		1	13	Oliver Dodd	Halesowen C & AC	05:16.4	G40
2	14	Will Richardson	Halesowen C & AC	05:12.5		G40		2	6	Joe Macpherson	Cardiff AAC	05:16.7	G40
3	17	Thomas John	Llanelli & Neath	05:22.8		00		3					
4								4					
T17 U13B 75mh 'A'				Wind=	-0.8			U13B 75mh 'B'				Wind=	-0.8
1	13	Ethan Buckley	Halesowen C & AC	15.30		G4		1	14	Jack Cullen	Halesowen C & AC	16.80	
2	5	Oliver Hunt	Cardiff AAC	16.70				2	6	Aled Griffiths	Cardiff AAC	17.50	
3								3					
4								4					
F15 U13B 3.25k Shot 'A'								U13B 3.25k Shot 'B'					
1	18	Chris Williams	Llanelli & Neath	7.75		G3		1	17	Elliott Evans	Llanelli & Neath	5.53	
2	5	Joe Channon	Cardiff AAC	6.97		G4		2	6	Luke Harry	Cardiff AAC	5.44	
3	9	James Scarfi	Cwmbran Harriers	6.35				3	14	Ethan Buckley	Halesowen C & AC	5.42	
4	13	Dominic Bill	Halesowen C & AC	6.34				4	10	Owen Murphy	Cwmbran Harriers	4.32	
F25 U13B Long Jump 'A'								U13B Long Jump 'B'					
1	6	Jacob Foley	Cardiff AAC	3.96				1	5	Oliver Hunt	Cardiff AAC	3.89	
2	14	Adam Douch	Halesowen C & AC	3.59				2	13	Jack Holman	Halesowen C & AC	3.32	
3	18	Aled Tomos	Llanelli & Neath	3.23				3	17	Joseph Davey	Llanelli & Neath	3.07	
4	9	Owen Murphy	Cwmbran Harriers	2.57				4					
F6 U13B High Jump 'A'								U13B High Jump 'B'					
1	13	Oliver Dodd	Halesowen C & AC	1.31		G4		1	6	Josh Kirk	Cardiff AAC	1.20	
2	5	Jacob Foley	Cardiff AAC	1.28									
T31 U17W 100m 'A'				Wind=	-0.7			U17W 100m 'B'				Wind=	-0.7
1	6	Hanna Jones	Cardiff AAC	13.1		G4		1	5	Shallena Graham	Cardiff AAC	13.3	
2	13	Laura Follows	Halesowen C & AC	14.0				2	14	Jade Burke	Halesowen C & AC	14.7	
3	9	Bethan Davies	Cwmbran Harriers	14.2				3	18	Abigail Higgs	Llanelli & Neath	15.4	
4	17	Lynsey Jones	Llanelli & Neath	14.8				4	10	Lowri Charlton	Cwmbran Harriers	15.5	
T7 U17W 200m 'A'				Wind=	-1.9			U17W 200m 'B'				Wind=	-0.5
1	5	Sam Cogan	Cardiff AAC	26.5		G3*		1	6	Jamie-Leigh Bowen	Cardiff AAC	26.2	G3*
2	13	Lucy Wallet	Halesowen C & AC	27.9				2	10	Amy Bradley	Cwmbran Harriers	28.8	
3	9	Bethan Davies	Cwmbran Harriers	29.8				3	14	Laura Follows	Halesowen C & AC	28.9	
4	17	Lynsey Jones	Llanelli & Neath	31.5				4	18	Abigail Higgs	Llanelli & Neath	32.2	

*= AW Standards

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Midland 1 - West Neath

	Perf	Wind	Reco ds	Grade		Perf	Grades	
T26 U17W 300m 'A'					U17W 300m 'B'			
1	5 Sam Cogan	Cardiff AAC	40.7	G1*	1	6 Lauren A McCarthy	Cardiff AAC 42.4 G3*	
2	13 Lucy Wallet	Halesowen C & AC	42.6	G3*	2			
3	9 Lora James	Cwmbran Harriers	44.1	G4*	3			
4					4			
T13 U17W 800m 'A'					U17W 800m 'B'			
1	9 Lora James	Cwmbran Harriers	02:24.5	G4*	1	6 Harriet Morris	Cardiff AAC 02:28.1	
2	5 Lucy Harvey	Cardiff AAC	02:24.7	G4*	2			
3	13 Megan Evans	Halesowen C & AC	02:32.6		3			
4					4			
T36 U17W 1500m 'A'					U17W 1500m 'B'			
1	13 Chloe Richardson	Halesowen C & AC	05:02.8	G4*	1	14 Megan Evans	Halesowen C & AC 05:15.1 00	
2	6 Bethan Daw	Cardiff AAC	05:11.4	00	2	5 Heledd Williams	Cardiff AAC 05:48.0 00	
3	17 Kelly Roberts	Llanelli & Neath	06:04.4	00	3			
4					4			
T19 U17W 3000m 'A'					U17W 3000m 'B'			
1	14 Jade Burke	Halesowen C & AC	10:29.0	G2*	1	13 Chloe Richardson	Halesowen C & AC 10:30.3 G2*	
2	6 Harriet Morris	Cardiff AAC	12:08.7	00	2	5 Lucy Harvey	Cardiff AAC 12:13.5 00	
3					3			
4					4			
T20 U17W 80mh 'A'					U17W 80mh 'B'			
		Wind=	-0.6				Wind=	
1	17 Stacey Collins	Llanelli & Neath	12.6	G3*	1			
2					2			
3					3			
4					4			
T1 U17W 300mH 'A'					U17W 300mH 'B'			
1	17 Stacey Collins	Llanelli & Neath	49.5	G4*	1			
2					2			
3					3			
4					4			
F3 U17W 4k Hammer 'A'					U17W 4k Hammer 'B'			
1	13 Hazel Burke	Halesowen C & AC	11.69		1			
2	5 Gwen Williams	Cardiff AAC	6.04		2			
3					3			
4					4			
F20 U17W 1.0k Discus 'A'					U17W 1.0k Discus 'B'			
1	9 Jasmine Seale	Cwmbran Harriers	27.15	G4*	1	6 Jamie-Leigh Bowen	Cardiff AAC 15.31	
2	13 Hazel Burke	Halesowen C & AC	18.09		2	14 Megan Evans	Halesowen C & AC 8.80	
3	5 Hanna Jones	Cardiff AAC	16.59		3			
4	17 Lynsey Jones	Llanelli & Neath	15.03		4			
F31 U17W 4k Shot 'A'					U17W 4k Shot 'B'			
1	9 Jasmine Seale	Cwmbran Harriers	9.54	G2*	1	6 Lauren A McCarthy	Cardiff AAC 5.31	
2	13 Laura Follows	Halesowen C & AC	8.10	G4	2			
3	5 Shallenga Graham	Cardiff AAC	6.18		3			
4	17 Elin Phillips	Llanelli & Neath	5.82		4			
F26 U17W 600g Javelin 'A'					U17W 600g Javelin 'B'			
1	17 Elin Phillips	Llanelli & Neath	26.72	G4	1	13 Hazel Burke	Halesowen C & AC 7.98	
2	9 Jasmine Seale	Cwmbran Harriers	17.68		2	5 Gwen Williams	Cardiff AAC 6.69	
3	14 Chloe Richardson	Halesowen C & AC	11.17		3			
4	6 Harriet Morris	Cardiff AAC	7.63		4			

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GradesMidland 1 - West Neath

	Perf	Wind	Records	Grade		Perf	Grades	
					<u>Sunday, May 31 2009</u>			
F5 U17W Long Jump 'A'					U17W Long Jump 'B'			
1 9 Natasha Lewis	Cwmbran Harriers	4.46			1 10 Vicki Webb	Cwmbran Harriers	4.37	
2 5 Hanna Jones	Cardiff AAC	4.42			2			
3 17 Abigail Higgs	Llanelli & Neath	2.82			3			
4					4			
F35 U17W Triple Jump 'A'					U17W Triple Jump 'B'			
1 9 Amy Bradley	Cwmbran Harriers	10.57	G2*		1			
2 6 Lauren A McCarthy	Cardiff AAC	8.55			2			
3					3			
4					4			
F19 U17W High Jump 'A'					U17W High Jump 'B'			
1 5 Gwen Williams	Cardiff AAC	1.50	G4		1 6 Lucy Harvey	Cardiff AAC	1.30	
2 17 Stacey Collins	Llanelli & Neath	1.50	G4					
F11 U17W Pole Vault 'A'					U17W Pole Vault 'B'			
1 96 No Competitors Declare								
T29 U15G 100m 'A'		Wind= 0.6			U15G 100m 'B'			
1 5 Cinddy Kitenge	Cardiff AAC	12.9	G2*		1 18 Catrin Roberts	Llanelli & Neath	13.5 G4	
2 17 Rhiannon Jeffries	Llanelli & Neath	13.2	G3*		2 10 Fran Parkin	Cwmbran Harriers	14.0	
3 9 Sophie Edwards	Cwmbran Harriers	13.8			3 14 Elsie Williams	Halesowen C & AC	14.1	
4 13 Freya Morris	Halesowen C & AC	13.9			4 6 Laura Trigg	Cardiff AAC	14.7	
T5 U15G 200m 'A'		Wind= -1.5			U15G 200m 'B'			
1 17 Rhiannon Jeffries	Llanelli & Neath	27.8	G4		1 18 Catrin Roberts	Llanelli & Neath	28.3	
2 9 Sophie Edwards	Cwmbran Harriers	28.3			2 6 Maisie Matthews	Cardiff AAC	28.7	
3 13 Amy Cullen	Halesowen C & AC	29.2			3 14 Heather Tarrant	Halesowen C & AC	29.0	
4 5 Laura Trigg	Cardiff AAC	29.9			4 10 Fran Parkin	Cwmbran Harriers	29.2	
T11 U15G 800m 'A'					U15G 800m 'B'			
1 13 Zoe Fincher	Halesowen C & AC	02:30.6	G4		1 14 Annie Richardson	Halesowen C & AC	02:38.5	
2 9 Malika Rezougui	Cwmbran Harriers	02:37.1			2 10 Zoe Holloway	Cwmbran Harriers	02:47.3	
3 17 Leah Wilson- Randall	Llanelli & Neath	02:41.5			3 6 Leonora Foley	Cardiff AAC	02:51.6	
4 5 Catrin Griffiths	Cardiff AAC	02:42.6			4			
T34 U15G 1500m 'A'					U15G 1500m 'B'			
1 13 Nicole Bailey	Halesowen C & AC	05:16.5	00		1 14 Sophie Paige	Halesowen C & AC	05:16.9 00	
2 5 Francesca Morris	Cardiff AAC	05:24.8	00		2 6 Chloe Phillips	Cardiff AAC	06:56.2 00	
3 17 Stacey Webber	Llanelli & Neath	05:25.3	00		3			
4 9 Fran Hyde	Cwmbran Harriers	05:27.0	00		4			
T18 U15G 75mh 'A'		Wind= -0.7			U15G 75mh 'B'			
1 6 Rebecca Foley	Cardiff AAC	12.7	G3*		1 5 Leonora Foley	Cardiff AAC	14.2	
2 13 Amy Cullen	Halesowen C & AC	13.0	G4		2 14 Amy Phillips	Halesowen C & AC	14.4	
3					3			
4					4			
F4 U15G Long Jump 'A'					U15G Long Jump 'B'			
1 14 Elsie Williams	Halesowen C & AC	4.44	G4		1 13 Katie Jones	Halesowen C & AC	4.14	
2 5 Ffion Bodily	Cardiff AAC	4.31			2 6 Chloe Phillips	Cardiff AAC	3.83	
3 18 Sophie Parry	Llanelli & Neath	3.49			3 17 Leah Wilson- Randall	Llanelli & Neath	2.91	
4 10 Zoe Holloway	Cwmbran Harriers	3.20			4 9 Fran Hyde	Cwmbran Harriers	2.72	

* = AW Standards

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Perf
Grades

Midland 1 - West Neath

		Perf	Wind	Reco ds	Grade			Perf	Grades		
					<u>Sunday, May 31 2009</u>						
F18 U15G High Jump 'A'					U15G High Jump 'B'						
1	5	Ffion Bodily	Cardiff AAC	1.55	G1*	1	14	Elsie Williams	Halesowen C & AC	1.40 G4	
2	17	Stacey Webber	Llanelli & Neath	1.45	G3*	2	6	Laura Trigg	Cardiff AAC	1.35	
3	9	Olivia Perry	Cwmbran Harriers	1.45	G3*						
4	13	Katie Jones	Halesowen C & AC	1.40	G4						
F10 U15G Pole Vault 'A'					U15G Pole Vault 'B'						
F21 U15G 1.00k Discus 'A'					U15G 1.00k Discus 'B'						
1	9	Danielle Preece	Cwmbran Harriers	13.45		1	6	Catrin Griffiths	Cardiff AAC	12.77	
2	17	Leah Wilson- Randall	Llanelli & Neath	13.05		2	13	Annabel Kiley	Halesowen C & AC	11.54	
3	5	Cinndy Kitenge	Cardiff AAC	12.83		3	18	Sophie Parry	Llanelli & Neath	9.95	
4	14	Sophie Paige	Halesowen C & AC	12.44		4	10	Malika Rezougui	Cwmbran Harriers	8.84	
F27 U15G 600g Javelin 'A'					U15G 600g Javelin 'B'						
1	5	Ffion Bodily	Cardiff AAC	14.30		1	6	Chloe Phillips	Cardiff AAC	11.38	
2	17	Stacey Webber	Llanelli & Neath	11.51		2	14	Annie Richardson	Halesowen C & AC	6.73	
3	9	Danielle Preece	Cwmbran Harriers	9.90		3	18	Catrin Roberts	Llanelli & Neath	5.65	
4	13	Zoe Fincher	Halesowen C & AC	8.28		4					
F30 U15G 3.25k Shot 'A'					U15G 3.25k Shot 'B'						
1	5	Cinndy Kitenge	Cardiff AAC	9.13	G3*	1	6	Rebecca Foley	Cardiff AAC	6.06	
2	13	Freya Morris	Halesowen C & AC	8.59	G3	2	10	Fran Parkin	Cwmbran Harriers	5.32	
3	9	Danielle Preece	Cwmbran Harriers	6.20		3	14	Amy Phillips	Halesowen C & AC	5.11	
4	17	Rhiannon Jeffries	Llanelli & Neath	4.55		4	18	Sophie Parry	Llanelli & Neath	4.48	
T27 U13G 75m 'A'					Wind= -1.6	U13G 75m 'B'					Wind= -1.6
1	13	Jemima Muir	Halesowen C & AC	10.8	G3*	1	10	Megan James	Cwmbran Harriers	11.4	
2	17	Kate MacMillan	Llanelli & Neath	11.0	G4*	2	18	Sophie Hughes	Llanelli & Neath	11.6	
3	9	Jodie Beynon	Cwmbran Harriers	11.1	G4*	3	6	Bethan Trigg	Cardiff AAC	11.7	
4	5	Ffion Collins	Cardiff AAC	11.2	G4*	4	14	Charlie Osbourne	Halesowen C & AC	12.6	
T3 U13G 150m 'A'					Wind= -0.7	U13G 150m 'B'					Wind= -0.3
1	13	Jemima Muir	Halesowen C & AC	21.5	G3*	1	18	Hope Jones	Llanelli & Neath	22.2 G4	
2	9	Jodie Beynon	Cwmbran Harriers	21.7	G4*	2	14	Alex Hale	Halesowen C & AC	22.2 G4	
3	17	Kate MacMillan	Llanelli & Neath	22.3	G4	3	6	Rhiannon Long	Cardiff AAC	24.0	
4	5	Bethan Trigg	Cardiff AAC	23.3		4	10	Samantha Walker	Cwmbran Harriers	25.3	
T9 U13G 800m 'A'						U13G 800m 'B'					
1	14	Phoebe Dodd	Halesowen C & AC	02:35.3	G2*	1	10	Olivia Turley	Cwmbran Harriers	02:44.5 G4	
2	9	Megan James	Cwmbran Harriers	02:37.2	G3*	2	6	Matilda Matthews	Cardiff AAC	03:23.9	
3	17	Felicity Gardner	Llanelli & Neath	02:40.9	G4	3					
4	5	Kate Seary	Cardiff AAC	02:59.6		4					
T22 U13G 1200m 'A'						U13G 1200m 'B'					
1	13	Beth Sharkey	Halesowen C & AC	04:13.8	G3*	1	14	Carregan Sibley	Halesowen C & AC	04:37.2 00	
2	9	Chelsie Harris	Cwmbran Harriers	04:14.9	G3*	2	10	Samantha Walker	Cwmbran Harriers	04:53.4 00	
3	17	Ellie Dainton	Llanelli & Neath	04:46.2	00	3	6	Rhiannon Long	Cardiff AAC	05:38.2 00	
4	5	Morgan Cutlan	Cardiff AAC	05:27.1	00	4					
T15 U13G 70mh 'A'					Wind= -1.7	U13G 70mh 'B'					Wind= -1.3
1	5	Ffion Collins	Cardiff AAC	14.0		1	6	Bethan Trigg	Cardiff AAC	12.7 G3*	
2	13	Beth Sharkey	Halesowen C & AC	14.8		2	10	Emma Norton	Cwmbran Harriers	15.9	
3	9	Samantha Walker	Cwmbran Harriers	15.2		3	14	Amy Fincher	Halesowen C & AC	16.4	
4						4					

*= AW Standards

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				Perf	Wind	Records	Grade	<u>Sunday, May 31 2009</u>					
				Perf				Perf Grades					
F7 U13G High Jump 'A'				U13G High Jump 'B'									
1	5	Kate Seary	Cardiff AAC	1.31		G3		1	6	Carys Dawe	Cardiff AAC	1.10	
2	17	Ellie Dainton	Llanelli & Neath	1.15									
3	9	Emma Norton	Cwmbran Harriers	1.10									
4	13	Alex Hale	Halesowen C & AC	1.05									
F24 U13G Long Jump 'A'				U13G Long Jump 'B'									
1	13	Hannah Starkey	Halesowen C & AC	4.27		G2*		1	14	Jemima Muir	Halesowen C & AC	3.79	G4
2	9	Jodie Beynon	Cwmbran Harriers	3.74				2	10	Olivia Turley	Cwmbran Harriers	3.08	
3	17	Sophie Hughes	Llanelli & Neath	3.40				3	18	Felicity Gardner	Llanelli & Neath	2.93	
4	6	Rhiannon Long	Cardiff AAC	3.00				4	5	Carys Dawe	Cardiff AAC	2.72	
F14 U13G 2.72k Shot 'A'				U13G 2.72k Shot 'B'									
1	13	Alex Hale	Halesowen C & AC	7.50		G2*		1	17	Ellie Dainton	Llanelli & Neath	5.65	
2	18	Felicity Gardner	Llanelli & Neath	6.27		G4		2	10	Amy Price	Cwmbran Harriers	4.53	
3	5	Carys Dawe	Cardiff AAC	6.17		G4		3	14	Amy Fincher	Halesowen C & AC	4.24	
4	9	Emma Norton	Cwmbran Harriers	6.01		G4		4	6	Matilda Matthews	Cardiff AAC	4.21	

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Midlands Midland 1 - West Neath

Perf Wind Recor ds Grade Sunday, May 31 2009

Perf Grades

T43 17M 4x100m

1	5	Cardiff AAC	Jamaul White	Daniel Sharrem	Joe McLean	Jonathan Pengelley	47.50
2	17	Llanelli & Neath	Shane Jones	Alex Morgan	Richard Triggs	Sam Jones	48.50
3	9	Cwmbran Harriers	Freddie Naseriyan	Josh Bushell	James Sale	Conol Davis	49.40
4	13	Halesowen C & AC	Ashley Phillips	Max Park-Davies	Shane Tickell	Daniel Williams	50.10

T47 17M 4x400m

1	5	Cardiff AAC	Osian Hughes	Jonathan Pengelley	Jacob Brennan	James Hunt	3:44.2
2	9	Cwmbran Harriers	Marcus Price	James Hanrahan	Alex Edwards	Keiron Stephens	3:48.6
3	17	Llanelli & Neath	Owain Morgan	Nick Edwards	Matthew O'Leary	Chris Davies	4.01.1
4							

T41 15B 4x100m

1	9	Cwmbran Harriers	Stephen Scarfi	Matthew Antoniazzi	Tyron Blake	Tom Norton	51.60
2	17	Llanelli & Neath	Aidan James	Nicholas Edwards	Daniel Lewis	Kieran Kelly	52.60
3	5	Cardiff AAC	James McLean	James Sharrem	Adrian Lawrence	Lewys Jones	53.00
4	13	Halesowen C & AC	Brandon Sibley	Max Parker	Ross Westwood	Simon Bill	53.80

T46 15B 4x400m

1	13	Halesowen C & AC	Harvey Brown	Alex Wyer	Ben Symonds	Connor Bennett	#####
2	5	Cardiff AAC	Iwan Hughes	Sam Peterken	William Hutton	Zac Noneley	#####
3							
4							

T39 13B 4x100m

1	13	Halesowen C & AC	Dan Mills	Adam Douch	Ethan Buckley	Dominic Bill	57.80
2	5	Cardiff AAC	Luke Harry	Oliver Hunt	Jacob Foley	Aled Griffiths	61.10
3	9	Cwmbran Harriers	Owen Murphy	Thomas Parry	Morgan Parry	James Scarfi	63.90
4	17	Llanelli & Neath	Joseph Davey	Aled Tomos	Thomas John	Elliott Evans	65.20

T42 17W 4x100m

1	5	Cardiff AAC	Sam Cogan	Hanna Jones	Shallena Graham	Jamie-Leigh Bowen	51.50 *
2	13	Halesowen C & AC	Jade Burke	Lucy Walle	Hazel Burke	Laura Follows	56.20
3	9	Cwmbran Harriers	Lowri Charlton	Amy Bradley	Lora James	Bethan Davies	57.30
4							

T45 17W 4x300m

1	5	Cardiff AAC	-	Harriet Morris	Bethan Daw	Gwen Williams	#####
2	13	Halesowen C & AC	Jade Burke	Lucy Walle	Megan Evans	Chloe Richardson	#####
3	9	Cwmbran Harriers	Lowri Charlton	Amy Bradley	Bethan Davies	Lora James	#####
4							

T40 15G 4x100m

1	5	Cardiff AAC	Maisie Matthews	Rebecca Foley	Laura Trigg	Cinndy Kitenge	54.20
2	17	Llanelli & Neath	Stacey Webber	Catrin Roberts	Leah Wilson- Randall	Rhiannon Jeffries	54.70
3	13	Halesowen C & AC	Amy Phillips	Amy Cullen	Elsie Williams	Freya Morris	55.90
4	9	Cwmbran Harriers	Fran Hyde	Malika Rezougui	Fran Parkin	Sophie Edwards	57.40

T38 13G 4x100m

1	17	Llanelli & Neath	Felicity Gardner	Kate MacMillan	Sophie Hughes	Hope Jones	58.60
2	13	Halesowen C & AC	Charlie Osbourne	Jemima Muir	Beth Sharkey	Hannah Starkey	58.80
3	5	Cardiff AAC	Kate Seary	Ffion Collins	Bethan Trigg	Rhiannon Long	62.10
4	9	Cwmbran Harriers	Chelsie Harris	Megan James	Olivia Turley	Jodie Beynon	62.10

* = AW Standards

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Midlands Midland 1 - West Neath

Sunday, 31 May 2009

Events	L'nelli/Neath		Card		Hale		Cwmb										Unused		T	
	17		5		13		9													
17M 100m	3.0	3.0	4.0	4.0	1.0	1.0	2.0	2.0												20
17M 200m	1.0		4.0	4.0	3.0	2.0	2.0	3.0											1	20
17M 400m	2.0	3.0	4.0	4.0	3.0		1.0												3	20
17M 800m	4.0		3.0	4.0	2.0	2.0	1.0	3.0											1	20
17M 1500m	3.0		2.0	3.0	1.0		4.0	4.0											3	20
17M 3000m			3.0	3.0			4.0	4.0										3	3	20
17M 400mH			4.0		2.0		3.0											1	10	20
17M 100mh	3.0		4.0	4.0	2.0													1	6	20
17M 1500m S			3.0	3.0			4.0	4.0										3	3	20
17M 5k Hamm	2.0	3.0	1.0	4.0	3.0		4.0												3	20
17M 1.5k Disc	1.0	3.0	4.0	4.0	2.0		3.0												3	20
17M 5k Shot	1.0	1.0	2.0	4.0	3.0	2.0	4.0	3.0												20
17M 700g Jave			3.0	4.0	4.0		2.0	3.0										1	3	20
17M Pole Vault			4.0															6	10	20
17M High Jum	3.0		4.0	4.0														3	6	20
17M Long Jum	3.0	4.0	4.0	3.0	2.0	2.0	1.0	1.0												20
17M Triple Jum	3.0		4.0	4.0			2.0											1	6	20
17M 4x100m	3.0		4.0		1.0		2.0													10
17M 4x400m	2.0		4.0				3.0											1		10
	34.0	17.0	65.0	56.0	29.0	9.0	42.0	27.0										20	61	360

15B 100m	2.0	3.0	3.0	4.0	1.0	2.0	4.0	1.0												20
15B 200m	1.0	2.0	3.0	4.0	2.0	3.0	4.0												1	20
15B 400m	1.0		3.0	3.0	2.0	4.0	4.0												3	20
15B 800m	2.0	1.0	1.0	2.0	3.0	4.0	4.0	3.0												20
15B 1500m	2.0		1.0	3.0	4.0	4.0	3.0												3	20
15B 80mh	2.0		3.0	4.0	1.0	3.0	4.0												3	20
15B 4k Hamm			4.0	4.0	3.0	3.0												3	3	20
15B 1.25k Disc			3.0	4.0	2.0	3.0	4.0	2.0										1	1	20
15B 4.00k Shd	1.0	1.0	3.0	2.0	2.0	3.0	4.0	4.0												20
15B 600g Jave			3.0	3.0	2.0	2.0	4.0	4.0										1	1	20
15B Long Jum	2.0	3.0	3.0	4.0	1.0	2.0	4.0	1.0												20
15B High Jum	3.0		1.0	3.0	2.0	4.0	4.0												3	20
15B Pole Vault																		10	10	20
15B 4x100m	3.0		2.0		1.0		4.0													10
15B 4x400m			3.0		4.0													3		10
	19.0	10.0	36.0	40.0	30.0	37.0	47.0	15.0										18	28	280

13B 100m	1.0	1.0	2.0	2.0	4.0	4.0	3.0	3.0												20
13B 200m	1.0	1.0	3.0	3.0	2.0	4.0	4.0	2.0												20
13B 800m	2.0		3.0	3.0	4.0	4.0												1	3	20
13B 1500m	2.0		4.0	3.0	3.0	4.0												1	3	20
13B 75mh			3.0	3.0	4.0	4.0												3	3	20
13B 3.25k Shd	4.0	4.0	3.0	3.0	1.0	2.0	2.0	1.0												20
13B Long Jum	2.0	2.0	4.0	4.0	3.0	3.0	1.0												1	20
13B High Jum			3.0	4.0	4.0													3	6	20
13B 4x100m	1.0		3.0		4.0		2.0													10
	13.0	8.0	28.0	25.0	29.0	25.0	12.0	6.0										8	16	170

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Midlands Midland 1 - West Neath

Sunday, 31 May 2009

Events	L'nelli/Neath		Card		Hale		Cwmb						Unused		T
	17		5		13		9								
17W 100m	1.0	2.0	4.0	4.0	3.0	3.0	2.0	1.0							20
17W 200m	1.0	1.0	4.0	4.0	3.0	2.0	2.0	3.0							20
17W 300m			4.0	4.0	3.0		2.0						1	6	20
17W 800m			3.0	4.0	2.0		4.0						1	6	20
17W 1500m	2.0		3.0	3.0	4.0	4.0							1	3	20
17W 3000m			3.0	3.0	4.0	4.0							3	3	20
17W 80mh	4.0												6	10	20
17W 300mH	4.0												6	10	20
17W 4k Hamm			3.0		4.0								3	10	20
17W 1.0k Disc	1.0		2.0	4.0	3.0	3.0	4.0							3	20
17W 4k Shot	1.0		2.0	4.0	3.0		4.0							6	20
17W 600g Jav	4.0		1.0	3.0	2.0	4.0	3.0							3	20
17W Long Jum	2.0		3.0				4.0	4.0					1	6	20
17W Triple Jum			3.0				4.0						3	10	20
17W High Jum	3.0		4.0	4.0									3	6	20
17W Pole Vau													10	10	20
17W 4x100m			4.0		3.0		2.0						1		10
17W 4x300m			4.0		3.0		2.0						1		10
	23.0	3.0	47.0	37.0	37.0	20.0	33.0	8.0					40	92	340
15G 100m	3.0	4.0	4.0	1.0	1.0	2.0	2.0	3.0							20
15G 200m	4.0	4.0	1.0	3.0	2.0	2.0	3.0	1.0							20
15G 800m	2.0		1.0	2.0	4.0	4.0	3.0	3.0						1	20
15G 1500m	2.0		3.0	3.0	4.0	4.0	1.0							3	20
15G 75mh			4.0	4.0	3.0	3.0							3	3	20
15G Long Jum	2.0	2.0	3.0	3.0	4.0	4.0	1.0	1.0							20
15G High Jum	3.0		4.0	3.0	1.0	4.0	2.0							3	20
15G Pole Vaul													10	10	20
15G 1.00k Dis	3.0	2.0	2.0	4.0	1.0	3.0	4.0	1.0							20
15G 600g Jav	3.0	2.0	4.0	4.0	1.0	3.0	2.0							1	20
15G 3.25k Shd	1.0	1.0	4.0	4.0	3.0	2.0	2.0	3.0							20
15G 4x100m	3.0		4.0		2.0		1.0								10
	26.0	15.0	34.0	31.0	26.0	31.0	21.0	12.0					13	21	230

13G 75m	3.0	3.0	1.0	2.0	4.0	1.0	2.0	4.0							20
13G 150m	2.0	4.0	1.0	2.0	4.0	3.0	3.0	1.0							20
13G 800m	2.0		1.0	3.0	4.0		3.0	4.0						3	20
13G 1200m	2.0		1.0	2.0	4.0	4.0	3.0	3.0						1	20
13G 70mh			4.0	4.0	3.0	2.0	2.0	3.0					1	1	20
13G High Jum	3.0		4.0	4.0	1.0		2.0							6	20
13G Long Jum	2.0	2.0	1.0	1.0	4.0	4.0	3.0	3.0							20
13G 2.72k Shd	3.0	4.0	2.0	1.0	4.0	2.0	1.0	3.0							20
13G 4x100m	4.0		2.0		3.0		1.0								10
	21.0	13.0	17.0	19.0	31.0	16.0	20.0	21.0					1	11	170

FINAL MATCH SCORES AND POSITIONS

	4	1	2	3	5	5	5	5		
Points Summa	L'nelli/Neath	Card	Hale	Cwmb					UNUSED	TOTAL
Boys	101.0	250.0	159.0	149.0					151.0	810.0
Girls	101.0	185.0	161.0	115.0					178.0	740.0
Officials	25.0	25.0	25.0	25.0						100.0
Total	227.0	460.0	345.0	289.0					329.0	#####
Position	4	1	2	3	5	5	5	5		