

# Scottish Young Athletes League 2009



Final - 23rd August 2009

Final

Grangemouth

# Results

Final Scrutinised





# Scottish Young Athletes League 2009

Final - 16th August 2009

Final

Grangemouth

## Match Score

*after 146 events*

	Total	Male			Female		
		Total	Track	Field	Total	Track	Field
Edinburgh AC	921.5	463.5	274	189.5	458	261	197
Giffnock North	780.5	431	280	151	349.5	229	120.5
Team Hippo	725	397	215	182	328	163	165
VP Glasgow	602	284.5	159	125.5	317.5	194	123.5
Pitreavie AC	525.5	274	154	120	251.5	140	111.5
Shettleston Harriers	505	236.5	128	108.5	268.5	159	109.5
Inverness	449	262	152	110	187	110	77
Falkirk Victoria Harriers	352.5	176.5	106	70.5	176	95	81

# Track events

2009 Grades shown as G1-4

## U13B 100m A string

Wind:  
-2.5

National Record: 12.48 Richard Booth Grangemouth 27 Aug 89

League Record: 12.57 T Grey (Cambuslang) 1997

1	Robert Moses	Giffnock North	12.56	G1
			<b>New SYAL League Record</b>	
2	Ben Robbins	Edinburgh AC	12.67	G1
3	Christopher Brown	Inverness	13.66	G3
4	Thomas Morris Luxton	Team Hippo	14.12	G4
5	Stewart Souter	Pitreavie AC	14.54	G4
6	Ruari Mckenna	Falkirk Victoria Harriers	14.87	
7	Cameron Murdoch	Shettleston Harriers	15.18	

## U13B 100m B string

Wind:  
-3.0

National Record: 12.48 Richard Booth Grangemouth 27 Aug 89

League Record: 12.57 T Grey (Cambuslang) 1997

1	Lewis Dinsdale	Inverness	14.16	G4
			<b>Points deducted - No SAL number</b>	
2	Ruaridh Muncaster	Team Hippo	14.82	
3	Guy Wardrop	Edinburgh AC	14.93	
4	Ross Black	VP Glasgow	15.12	
5	Gavin Glass	Shettleston Harriers	15.12	
6	David Lambie	Giffnock North	15.15	
7	Jake Beveridge	Pitreavie AC	16.42	
8	Euan Mckenna	Falkirk Victoria Harriers	16.73	

## U13B 1500m A string

National Record:

League Record: 4:41.22 Josh Kerr (Edinburgh AC) 2009

1	Josh Kerr	Edinburgh AC	4:56.88	G2
2	Aidan Thompson	Pitreavie AC	5:01.14	G3
3	Ross Gollan	Team Hippo	5:02.95	G3
4	Dewi Gould	Giffnock North	5:04.68	G3
5	Murray McGiven	Shettleston Harriers	5:12.68	G4
6	Jamie Middleton	VP Glasgow	5:14.42	G4
7	Alex Byham	Inverness	5:17.35	G4
8	Ross Weir	Falkirk Victoria Harriers	5:28.32	

## U13B 1500m B string

National Record:

League Record: 4:41.22 Josh Kerr (Edinburgh AC) 2009

1	Lewis Holmes	Team Hippo	5:05.54	G3
2	Rob Gourley	Giffnock North	5:12.11	G4
3	Dominic O'Hare	Edinburgh AC	5:21.57	G4
4	Euan Penrice	Shettleston Harriers	5:28.46	
5	Drew Meikle	Falkirk Victoria Harriers	5:35.40	
6	Even Ross	Pitreavie AC	5:48.09	
7	Euan Crawford	Inverness	6:18.39	

## U13B 200m A string

Wind:  
-2.1

National Record: 25.70 Anthony Young Grangemouth 20 Aug 05

League Record: 25.85 Robert Moses (Giffnock North) 2009

1	Robert Moses	Giffnock North	26.07	G1
2	Ben Robbins	Edinburgh AC	26.36	G1
3	Christopher Brown	Inverness	28.59	G3
4	Thomas Morris Luxton	Team Hippo	29.46	G4
5	Marcus Archer	Pitreavie AC	31.19	
6	Ruari Mckenna	Falkirk Victoria Harriers	31.42	
7	Ross Galbraith	VP Glasgow	31.44	
8	Cameron Murdoch	Shettleston Harriers	32.06	

## U13B 200m B string

Wind:  
-4.1

National Record: 25.70 Anthony Young Grangemouth 20 Aug 05

League Record: 25.85 Robert Moses (Giffnock North) 2009

1	Luca Vita	Edinburgh AC	29.19	G4
2	Ben Mitchell	Team Hippo	30.00	G4
3	Bruce Flockhart	Inverness	30.49	G4
4	Rory Fulton	Pitreavie AC	30.57	
5	Gavin Glass	Shettleston Harriers	31.19	
6	Philip Lee	Giffnock North	32.23	
7	Damon Rafferty	VP Glasgow	33.11	
8	Chris McDonald	Falkirk Victoria Harriers	34.60	

U13B 4x100m Relay			
National Record:			
League Record: ( )			
1	Edinburgh AC	55.99	
2	Giffnock North	56.30	
3	Inverness	56.83	
Points deducted - No SAL number for L Dinsdale			
4	Pitreavie AC	58.45	
5	VP Glasgow	59.21	
6	Team Hippo	59.42	
7	Shettleston Harriers	60.68	
8	Falkirk Victoria Harriers	61.85	

U13B 75m hurdles A string				Wind:
				-2.7
National Record: 11.69 Cameron Goodall Grangemouth 26 Aug 06				
League Record: 12.2 Cameron Goodall (Lasswade) 2006				
1	Connel Macdonald	Inverness	13.72	G2
2	Ben Mitchell	Team Hippo	14.50	G3
3	Callum Jones	Edinburgh AC	15.02	G4
4	Aidan Cooney	VP Glasgow	15.34	G4
5	Gregor Munro	Giffnock North	15.61	G4
6	Marcus Archer	Pitreavie AC	16.48	
7	Darren Mckay	Shettleston Harriers	16.68	
8	Euan Mckenna	Falkirk Victoria Harriers	19.03	

U13B 75m hurdles B string				Wind:
				-1.7
National Record: 11.69 Cameron Goodall Grangemouth 26 Aug 06				
League Record: 12.2 Cameron Goodall (Lasswade) 2006				
1	Christopher Brown	Inverness	14.17	G3
2	Rob Gourley	Giffnock North	15.63	G4
3	Muir Mackay	Team Hippo	15.79	G4
4	Jamie Middleton	VP Glasgow	16.16	
5	Jock Breckenridge	Shettleston Harriers	16.27	
6	Callum Robertson	Edinburgh AC	16.31	

U13B 800m A string				
National Record: 2:11.0 Brendan Waters Grangemouth 17 Jun 89				
League Record: 2:19.4 David Fitzsimons (Giffnock North) 2002				
1	Liam Turner	VP Glasgow	2:23.23	G2
2	Ryan Flanagan	Shettleston Harriers	2:27.25	G2
3	Sean Stout	Edinburgh AC	2:31.75	G3
4	Gavin Macdonald	Team Hippo	2:31.89	G3
5	Baillie Mcroberts	Falkirk Victoria Harriers	2:38.09	G4
6	Stewart Souter	Pitreavie AC	2:44.26	
7	Johnny McLaughlin	Giffnock North	2:44.36	
8	Connel Macdonald	Inverness	2:46.46	

U13B 800m B string				
National Record: 2:11.0 Brendan Waters Grangemouth 17 Jun 89				
League Record: 2:19.4 David Fitzsimons (Giffnock North) 2002				
1	Jock Breckenridge	Shettleston Harriers	2:36.85	G4
2	Andrew Davis	Team Hippo	2:37.74	G4
3	Damon Rafferty	VP Glasgow	2:43.35	
4	Lewis Grant	Giffnock North	2:49.41	
5	Stuart Fagan	Pitreavie AC	2:51.98	
6	Ruari Kirkwood	Falkirk Victoria Harriers	2:52.63	
7	Stuart MacLoughlin	Inverness	2:52.94	
8	Fraser Peters	Edinburgh AC	2:55.45	

U13G 1200m A string				
National Record:				
League Record: 3:47.09 Kathryn Gillespie (Central AC) 2009				
1	Myrtle Breckenridge	Shettleston Harriers	4:03.51	G1
2	Ali Hunter	Edinburgh AC	4:06.10	G2
3	Chloe Cowan	Giffnock North	4:08.55	G2
4	Georgia Callander	VP Glasgow	4:19.60	G3
5	Alana Boggan	Falkirk Victoria Harriers	4:22.41	G4
6	Heather Campbell	Inverness	4:27.22	G4
7	Dionne Milne	Team Hippo	4:29.40	G4
8	Amy Mcalpine	Pitreavie AC	4:33.45	G4

U13G	1200m	B string		
National Record:				
League Record: 3:47.09 Kathryn Gillespie (Central AC) 2009				
1	Hannah Cameron	Edinburgh AC	4:07.78	G2
2	Helena Davison	Giffnock North	4:08.58	G2
3	Kelly Bissett	Falkirk Victoria Harriers	4:29.49	G4
4	Millie Boyle	VP Glasgow	4:32.39	G4
5	Eilidh Macrae	Team Hippo	4:36.67	
6	Laura Macpherson	Inverness	4:37.74	
7	Ainsley Stem	Shettleston Harriers	4:43.43	
8	Kirsten Loudon	Pitreavie AC	4:43.46	

U13G	150m	A string		Wind: -0.6
National Record:				
League Record: 19.69 Louise Dickson (Edinburgh Woollen Mill) 1999				
1	Kelly Gammack	Team Hippo	20.84	G2
2	Elizabeth Wells	Edinburgh AC	21.16	G2
3	Megan Adams	Giffnock North	21.42	G3
4	Jill Cherry	Shettleston Harriers	21.82	G4
5	Eliza Chiswell	VP Glasgow	22.37	G4
6	Emma Ball	Inverness	23.09	

U13G	150m	B string		Wind: -4.4
National Record:				
League Record: 19.69 Louise Dickson (Edinburgh Woollen Mill) 1999				
1	Katie Robertson	Edinburgh AC	21.48	G3
2	Mrytle Breckenridge	Shettleston Harriers	22.00	G4
3	Gillian Gordon	Inverness	22.14	G4
4	Abbie Mcfarlane	VP Glasgow	22.58	G4
5	Heather Scott	Giffnock North	22.61	G4
6	Fiona Cameron	Team Hippo	23.24	

U13G	4x100m Relay		
National Record:			
League Record: ()			
1	Edinburgh AC	56.70	
2	Giffnock North	58.24	
3	Falkirk Victoria Harriers	58.44	
4	Pitreavie AC	58.70	
5	Shettleston Harriers	59.47	
6	VP Glasgow	60.07	
7	Team Hippo	60.97	
8	Inverness	65.34	

U13G	70m hurdles	A string		Wind: +0.6
National Record: 11.30 Emma Dawson/Stephanie O'Neil Grangemout				
League Record: 11.23 Stephanie O'Neill (Central AC) 2006				
1	Katie Robertson	Edinburgh AC	12.86	G3
2	Mhairi Agnew	Giffnock North	13.18	G3
3	Chloe Nethery	Pitreavie AC	13.33	G4
4	Caroline McKinnon	VP Glasgow	13.53	G4
5	Shannon Sutherland	Team Hippo	14.29	G4
6	Carly Grant	Inverness	14.94	
7	Rachel Scott	Shettleston Harriers	15.30	
8	Jessica Stevenson	Falkirk Victoria Harriers	15.93	

U13G	70m hurdles	B string		Wind: -0.9
National Record: 11.30 Emma Dawson/Stephanie O'Neil Grangemout				
League Record: 11.23 Stephanie O'Neill (Central AC) 2006				
1	Zoe Black	Pitreavie AC	12.89	G3
2	Ellie McGinty	Edinburgh AC	14.05	G4
3	Rachel Woodhouse	Giffnock North	15.37	
4	Anna Cunningham	VP Glasgow	15.45	
5	Ainsley Stem	Shettleston Harriers	15.47	
6	Samantha Eadie	Falkirk Victoria Harriers	15.83	
7	Laura Macpherson	Inverness	16.20	

U13G	75m	A string		Wind: -2.5
National Record:				
League Record: 9.9 Emma Brown/Nicola Gossman/Emma Watson (Giff				
1	Kelly Gammack	Team Hippo	11.02	G4
2	Rosie Wilson	Edinburgh AC	11.11	G4
3	Mhairi Agnew	Giffnock North	11.15	G4
4	Jill Cherry	Shettleston Harriers	11.20	G4
5	Abbie Mcfarlane	VP Glasgow	11.60	
6	Emma Ball	Inverness	11.94	
7	Isla Sinclair	Pitreavie AC	12.00	
8	Abigail Black	Falkirk Victoria Harriers	12.05	

U13G	75m	B string	Wind: -1.9
National Record:			
League Record: 9.9 Emma Brown/Nicola Gossman/Emma Watson (Giff			
1	Elizabeth Wells	Edinburgh AC	10.98 G3
2	Gillian Gordon	Inverness	11.43 G4
3	Rachel Scott	Shettleston Harriers	11.67
4	Rachel Alexander	Giffnock North	11.73
5	Mariana Denton	VP Glasgow	11.80
6	Selena Henderson	Falkirk Victoria Harriers	12.15
7	Fiona Cameron	Team Hippo	12.20
8	Sarah Allan	Pitreavie AC	12.29

U13G	800m	A string	
National Record: 2:19.0 Michelle Cherry/Dawn Simpson Antrim 6 Au			
League Record: 2:21.0 Megan Wright (City of Edinburgh) 1999			
1	Rosie Wilson	Edinburgh AC	2:31.63 G2
2	Julie Hunter	Falkirk Victoria Harriers	2:32.71 G2
3	Vhairi McAtear	Pitreavie AC	2:34.74 G2
4	Megan Adams	Giffnock North	2:37.66 G3
5	Eliza Chiswell	VP Glasgow	2:37.69 G3
6	Gillian Gordon	Inverness	2:42.74 G4
7	Peigi Mackellar	Team Hippo	2:45.26 G4
8	Claudia Eusebi	Shettleston Harriers	2:45.55 G4

U13G	800m	B string	
National Record: 2:19.0 Michelle Cherry/Dawn Simpson Antrim 6 Au			
League Record: 2:21.0 Megan Wright (City of Edinburgh) 1999			
1	Natalie Mcleod	Falkirk Victoria Harriers	2:33.94 G2
2	Eilidh Latimer	Pitreavie AC	2:35.36 G2
3	Emily Strathdee	Edinburgh AC	2:35.67 G2
4	Gillian Black	VP Glasgow	2:41.30 G3
5	Nikki Hutcheson	Giffnock North	2:44.12 G4
6	Chloe Thompson	Team Hippo	2:48.03 G4
7	Sam Fern	Shettleston Harriers	2:54.31
	Katie Maclennan	Inverness	3:06.31

Points deducted - No SAL number

U15B	100m	A string	Wind: -3.5
National Record: 11.28 Andrew Lees Birmingham 7 Aug 93			
League Record: 11.36 Grant Murdoch (Victoria Park) 1997			
1	John Glen	Edinburgh AC	12.22 G3
2	Alasdair Summers	Team Hippo	12.51 G4
3	David Smith	Inverness	12.52 G4
4	Calum Firth	Giffnock North	12.94 G4
5	Mark Travers	Pitreavie AC	13.01 G4
6	Taylor Nimmo	Falkirk Victoria Harriers	13.21
7	Jamie Robinson	VP Glasgow	13.28
8	Marcus Gault	Shettleston Harriers	15.72

U15B	100m	B string	Wind: -1.7
National Record: 11.28 Andrew Lees Birmingham 7 Aug 93			
League Record: 11.36 Grant Murdoch (Victoria Park) 1997			
1	Fredrik Smith	Edinburgh AC	12.42 G3
2	Declan Brennan	Pitreavie AC	12.85 G4
3	Adrian Cumming	Giffnock North	12.96 G4
4	Michael Murray	VP Glasgow	13.05 G4
5	Drew Dawson	Inverness	13.35
6	Carl Macphee	Team Hippo	13.64
7	Euan Mccallum	Falkirk Victoria Harriers	14.87
8	Euan Birch	Shettleston Harriers	18.37

U15B	1500m	A string	
National Record: 4:03.0 Glen Stewart Crownpoint 28 Aug 85			
League Record: 4:15.53 Craig Wellcoat (Law & District) 2008			
1	Dale Colley	Falkirk Victoria Harriers	4:26.52 G1
2	Johnny Tweedie	Giffnock North	4:30.83 G2
3	Lewis Boyle	VP Glasgow	4:34.26 G2
4	Patrick Urquhart	Inverness	4:36.83 G3
5	Callum Drummond	Shettleston Harriers	4:38.60 G3
6	Ben Potrykus	Pitreavie AC	4:39.86 G3
7	Ruaridh Miller	Edinburgh AC	4:45.29 G4
8	Rob Murdoch	Team Hippo	5:04.76

U15B	1500m	B string		
National Record: 4:03.0 Glen Stewart Crownpoint 28 Aug 85				
League Record: 4:15.53 Craig Wellcoat (Law & District) 2008				
1	Andrew Clark	Giffnock North	4:36.95	G3
2	Craig Campbell	Inverness	4:37.96	G3
3	Craig Young	VP Glasgow	4:38.94	G3
4	Archie Breckenridge	Shettleston Harriers	5:01.31	
5	Scott McAlpine	Pitreavie AC	5:06.01	
6	Kieran Godley	Team Hippo	5:08.07	
7	Jake Kerr	Edinburgh AC	5:10.87	
8	Alister Kirkwood	Falkirk Victoria Harriers	5:17.11	

U15B	400m	A string		
National Record: 49.96 Craig Erskine Ayr 18 Jul 98				
League Record: 51.08 Ahmed Hassan (Shettleston Harriers) 2009				
1	Ahmed Hassan	Shettleston Harriers	51.25	G1
2	Calum Green	Inverness	54.82	G2
3	Keiran Reilly	Edinburgh AC	55.14	G2
4	Lewis Coultas	Giffnock North	55.86	G2
5	Robbie Cuthbert	Pitreavie AC	55.93	G2
6	Kevin Woods	Falkirk Victoria Harriers	58.77	G4
7	Ewen Campbell	Team Hippo	64.17	
8	Kieron Rafferty	VP Glasgow	66.01	

U15B	200m	A string		Wind: -1.0
National Record: 22.88 Andrew Lees Birmingham 8 Aug 93				
League Record: 23.4 George Rodger (Ayr Seaforth) 2003				
1	John Glen	Edinburgh AC	24.13	G2
2	Alasdair Summers	Team Hippo	24.70	G2
3	David Smith	Inverness	25.53	G3
4	Robbie Cuthbert	Pitreavie AC	25.69	G4
5	Kevin Woods	Falkirk Victoria Harriers	26.03	G4
6	Adrian Cumming	Giffnock North	26.23	G4
7	Jamie Robinson	VP Glasgow	27.18	
8	Callum Drummond	Shettleston Harriers	29.55	

U15B	400m	B string		
National Record: 49.96 Craig Erskine Ayr 18 Jul 98				
League Record: 51.08 Ahmed Hassan (Shettleston Harriers) 2009				
1	Seumas Thomson	Edinburgh AC	56.17	G3
2	Scott Young	Giffnock North	57.49	G3
3	Mark Travers	Pitreavie AC	57.52	G3
4	Ryan Mcconnell	Inverness	61.30	G4
5	Kieron Ferguson	Falkirk Victoria Harriers	61.79	
6	Marc Rooney	VP Glasgow	63.66	
7	Stuart Michael	Team Hippo	66.45	
8	Brian Stuart	Shettleston Harriers	72.91	

U15B	200m	B string		Wind: -3.1
National Record: 22.88 Andrew Lees Birmingham 8 Aug 93				
League Record: 23.4 George Rodger (Ayr Seaforth) 2003				
1	Declan Brennan	Pitreavie AC	26.40	G4
2	Kieran Reilly	Edinburgh AC	26.65	G4
3	Martin Mackenzie	Inverness	27.59	
Points deducted - No SAL number				
4	Carl Macphee	Team Hippo	27.64	
5	Kieron Ferguson	Falkirk Victoria Harriers	27.92	
6	Chris Ashton	Giffnock North	27.97	
7	Archie Breckenridge	Shettleston Harriers	29.34	
8	Jules DesJacques	VP Glasgow	30.72	

U15B	4x100m Relay		
National Record:			
League Record: ( )			
1	Edinburgh AC	48.13	
2	Pitreavie AC	49.13	
3	Giffnock North	49.42	
4	Inverness	52.89	
Points deducted - no SAL number M MacKenzie			
5	VP Glasgow	53.20	
6	Falkirk Victoria Harriers	55.28	
7	Shettleston Harriers	64.49	

<b>U15B 4x400m Relay</b>			
National Record:			
League Record: ()			
1	Edinburgh AC	3:50.60	
2	Giffnock North	3:55.05	
3	Falkirk Victoria Harriers	3:55.89	
4	Team Hippo	4:08.47	
5	Shettleston Harriers	4:08.71	
6	Inverness	4:22.96	
	VP Glasgow	DQ	

<b>U15B 800m A string</b>				
National Record: 1:57.12 Michael Combe Carmarthen 14 Aug 93				
League Record: 2:01.55 Ahmed Hassan (Shettleston Harriers) 2009				
1	Ahmed Hassan	Shettleston Harriers	2:05.61	G1
2	Max Aitchison	VP Glasgow	2:07.05	G1
3	Thomas Day	Team Hippo	2:09.63	G2
4	Gavin Weir	Falkirk Victoria Harriers	2:11.16	G2
5	Lawis Coultas	Giffnock North	2:12.26	G3
6	Ciaran Turton	Edinburgh AC	2:20.76	G4
7	Alastair Sproul	Pitreavie AC	2:27.10	
8	Harry Barton	Inverness	2:48.83	

<b>U15B 800m B string</b>				
National Record: 1:57.12 Michael Combe Carmarthen 14 Aug 93				
League Record: 2:01.55 Ahmed Hassan (Shettleston Harriers) 2009				
1	Neil Gourlay	Giffnock North	2:16.29	G4
2	Mark Govan	Falkirk Victoria Harriers	2:22.07	G4
3	Fraser Barbour	VP Glasgow	2:30.23	
4	Michael Cameron	Edinburgh AC	2:36.57	
5	Marcus Gault	Shettleston Harriers	2:38.87	
6	Ewen Campbell	Team Hippo	2:39.78	
7	Matthew Koch	Pitreavie AC	3:05.99	

<b>U15B 80m hurdles A string</b>				
National Record: 11.27 Andrew Smith Birmingham 15 Aug 04				
League Record: 11.47 Cameron Goodall (Edinburgh AC) 2008				
1	Marc Russell	Giffnock North	12.07	G2
2	John McCall	VP Glasgow	12.37	G2
3	Seumas Thomson	Edinburgh AC	12.42	G2
4	James Mathieson	Team Hippo	13.53	G4
5	Taylor Nimmo	Falkirk Victoria Harriers	14.44	
6	Harry Barton	Inverness	17.31	

<b>U15B 80m hurdles B string</b>				
National Record: 11.27 Andrew Smith Birmingham 15 Aug 04				
League Record: 11.47 Cameron Goodall (Edinburgh AC) 2008				
1	Jamie Lewis	Giffnock North	14.15	G4
2	Robbie Pollock	VP Glasgow	16.16	
3	Stuart Michael	Team Hippo	16.42	
4	Fraser Baird	Falkirk Victoria Harriers	16.92	
5	Philip Bryans	Edinburgh AC	17.16	
6	Archie Breckenridge	Shettleston Harriers	18.03	

<b>U15G 100m A string</b>				
National Record: 12.13 Nicola Gossman Tullamore IRL 21 Jul 01				
League Record: 12.0 Nicola Gossman (City of Glasgow) 2001				
1	Kirsten Galbraith	Pitreavie AC	13.48	G3
2	Alana Sinclair	Shettleston Harriers	13.64	G4
3	Lauren Lambie	Giffnock North	13.87	G4
4	Kirsty Mckean	Edinburgh AC	13.95	G4
5	Mhairi Patience	VP Glasgow	14.01	
6	Samantha Macfarlane	Inverness	14.25	
7	Jodie Mackay	Team Hippo	14.54	
8	Ailsa Scott	Falkirk Victoria Harriers	14.67	

U15G	100m	B string	Wind: -3.2
National Record: 12.13 Nicola Gossman Tullamore IRL 21 Jul 01			
League Record: 12.0 Nicola Gossman (City of Glasgow) 2001			
1	<b>Brogan Watt</b>	Shettleston Harriers	13.63 G4
2	<b>Isla Mackenzie</b>	Edinburgh AC	13.76 G4
3	<b>Hollie Keanie</b>	Pitreavie AC	14.07
4	<b>Sarah Jamieson</b>	VP Glasgow	14.43
5	<b>Evie Peace</b>	Team Hippo	14.60
6	<b>Amy Maxwell</b>	Giffnock North	14.62
7	<b>Anna Nelson</b>	Inverness	15.03
8	<b>Holly Meikle</b>	Falkirk Victoria Harriers	15.48

U15G	1500m	A string
National Record: 4:23.45 Isabel Linaker Lubeck FRG 7 Jul 90		
League Record: 4:47.5 Beth Potter (City of Glasgow) 2006		
1	<b>Stella Winters</b>	Shettleston Harriers 4:48.69 G1
2	<b>Olivia O'Hare</b>	Edinburgh AC 4:52.10 G2
3	<b>Micaela Brown</b>	Pitreavie AC 5:01.63 G2
4	<b>Linzi Cowan</b>	Giffnock North 5:16.23 G4
5	<b>Maria Milliken</b>	VP Glasgow 5:19.68 G4
6	<b>Rhian Mackay</b>	Team Hippo 5:24.85 G4
7	<b>Jane Ainslie</b>	Falkirk Victoria Harriers 5:46.18

U15G	1500m	B string
National Record: 4:23.45 Isabel Linaker Lubeck FRG 7 Jul 90		
League Record: 4:47.5 Beth Potter (City of Glasgow) 2006		
1	<b>Rachael Dunn</b>	Edinburgh AC 4:59.95 G2
2	<b>Aliyah Zuberi</b>	Giffnock North 5:19.27 G4
3	<b>Bethany Wilson</b>	Team Hippo 5:26.65 G4
4	<b>Jemma McQuillan</b>	Shettleston Harriers 5:30.06 G4
5	<b>Rachel Hunter</b>	Pitreavie AC 5:52.69
6	<b>Iona Wilson</b>	VP Glasgow 6:04.21

U15G	200m	A string	Wind: -3.5
National Record: 24.63 Dawn Flockhart Dublin IRL 4 Jul 81			
League Record: 12.34 Caroline George (Ayrshire Harriers) 2008			
1	<b>Rachel Easton</b>	Pitreavie AC	27.70 G3
2	<b>Lauren Lambie</b>	Giffnock North	27.98 G4
3	<b>Alana Sinclair</b>	Shettleston Harriers	28.05 G4
4	<b>Amy Manson</b>	Falkirk Victoria Harriers	28.11 G4
5	<b>Isla Mackenzie</b>	Edinburgh AC	28.14 G4
6	<b>Kim Creechan</b>	VP Glasgow	29.23
7	<b>Jodie Mackay</b>	Team Hippo	29.94
8	<b>Jenny Will</b>	Inverness	30.74

U15G	200m	B string	Wind: -3.1
National Record: 24.63 Dawn Flockhart Dublin IRL 4 Jul 81			
League Record: 12.34 Caroline George (Ayrshire Harriers) 2008			
1	<b>Alison Craig</b>	Pitreavie AC	28.32 G4
2	<b>Ashleigh Anderson</b>	Shettleston Harriers	29.09
3	<b>Ailsa Scott</b>	Falkirk Victoria Harriers	29.31
4	<b>Emma Mcginty</b>	Edinburgh AC	29.34
5	<b>Eilidh Mchugh</b>	VP Glasgow	30.51
6	<b>Amy Maxwell</b>	Giffnock North	30.54
7	<b>Elaine Murdoch</b>	Inverness	30.57
8	<b>Sarah Henderson</b>	Team Hippo	30.74

U15G	4x100m Relay
National Record:	
League Record: ()	
1	Pitreavie AC 52.88
2	Shettleston Harriers 53.21
3	Edinburgh AC 53.73
4	Falkirk Victoria Harriers 54.14
5	Giffnock North 54.65
6	Inverness 56.50
7	Team Hippo 57.56
	VP Glasgow DQ

U15G	75m hurdles	A string	Wind: -0.6
National Record: 11.09 Catherine Murphy Birmingham 6 Aug 88			
League Record: 11.3/11.34 Lindsay Russell/Emma Brown (Fife AC/Giffnock)			
1	Rose Fagan	Pitreavie AC	12.64 G3
2	Kirsty Mckean	Edinburgh AC	12.91 G3
3	Eilidh McEvelly	VP Glasgow	13.39 G4
4	Anna Gavienas	Giffnock North	13.53 G4
5	Holly Lister	Falkirk Victoria Harriers	13.56 G4
6	Anna Nelson	Inverness	13.63 G4
7	Jade Currie	Team Hippo	13.69 G4
8	Kerri Haran	Shettleston Harriers	14.94

U15G	75m hurdles	B string	Wind: -1.1
National Record: 11.09 Catherine Murphy Birmingham 6 Aug 88			
League Record: 11.3/11.34 Lindsay Russell/Emma Brown (Fife AC/Giffnock)			
1	Emma McGinty	Edinburgh AC	13.05 G4
2	Sarah-Jane Easton	Pitreavie AC	13.48 G4
3	Megan Howat	Giffnock North	13.52 G4
4	Jenny Will	Inverness	13.71 G4
5	Sarah King	Falkirk Victoria Harriers	14.00 G4
6	Kim Creechan	VP Glasgow	14.61
7	Hannah Heggarty	Shettleston Harriers	15.27
8	Loran Mathieson	Team Hippo	16.64

U15G	800m	A string	Wind: -0.6
National Record: 2:09.6 Isabel Linaker Grangemouth 9 Aug 90			
League Record: 2:15.36 Lynsey Sharp (Edinburgh Woollen Mill) 2004			
1	Olivia Mackenzie	Edinburgh AC	2:24.37 G2
2	Eilidh Reid	Pitreavie AC	2:26.55 G3
3	Stephanie Fairfield	Giffnock North	2:28.46 G3
4	Amanda Monaghan	Shettleston Harriers	2:30.21 G3
5	Rebecca Munro	Team Hippo	2:36.13 G4
6	Mhairi Patience	VP Glasgow	2:37.90 G4
7	Katherine Mitchell	Falkirk Victoria Harriers	2:39.17
8	Samantha MacFarlane	Inverness	2:48.70

U15G	800m	B string	Wind: -2.0
National Record: 2:09.6 Isabel Linaker Grangemouth 9 Aug 90			
League Record: 2:15.36 Lynsey Sharp (Edinburgh Woollen Mill) 2004			
1	Blair Wood	Edinburgh AC	2:25.84 G2
2	Laura Penrice	Shettleston Harriers	2:32.59 G4
3	Lauren Odie	Team Hippo	2:38.76
4	Sara Eydman	Pitreavie AC	2:40.06
5	Tatiana Quick	VP Glasgow	2:44.69
6	Petrena Marshall	Giffnock North	2:46.09
7	Alice Gordon	Inverness	2:53.39

U17M	100m	A string	Wind: -2.0
National Record: 10.72 Peter Little Dole FRA 6 Aug 77			
League Record: 10.8 Ryan Oswald (Pitreavie) 2004			
1	Tom Holligan	Edinburgh AC	11.77 G3
2	James McLaren	Pitreavie AC	11.98 G4
3	Sam Freck	Inverness	12.07 G4
4	Jonathon Faulds	Falkirk Victoria Harriers	12.46
5	Declan Campbell	Giffnock North	12.54
6	James Watson	Team Hippo	12.58
7	Miller McIntosh	VP Glasgow	12.74
8	Jack Bishop	Shettleston Harriers	13.40

U17M	100m	B string	Wind: -1.9
National Record: 10.72 Peter Little Dole FRA 6 Aug 77			
League Record: 10.8 Ryan Oswald (Pitreavie) 2004			
1	Matthew Cumming	Giffnock North	11.87 G4
2	Jordan Newport	Edinburgh AC	12.26
3	Craig Cameron	Inverness	12.35
4	Rory Maclure	Team Hippo	12.45
5	Marcus McCurley	VP Glasgow	12.49
6	Glen Murray	Pitreavie AC	12.77
7	James Muir	Falkirk Victoria Harriers	12.87
8	Cal Docherty	Shettleston Harriers	12.89

U17M	100m hurdles	A string	Wind: -0.9
National Record: 12.91 Allan Scott Sheffield 14 Aug 99			
League Record: 13.0 Allan Scott (Victoria Park ) 1999			
1	John Mulhern	VP Glasgow	15.14 G4
2	Taylor Spiers	Giffnock North	15.82 G4
3	Jamie Kelly	Team Hippo	19.00
4	Ross Fraser	Inverness	19.88

U17M	100m hurdles	B string	Wind: -0.8
National Record: 12.91 Allan Scott Sheffield 14 Aug 99			
League Record: 13.0 Allan Scott (Victoria Park ) 1999			
1	Drew Hollinshead	Giffnock North	16.94
2	Gregor Shearer	Team Hippo	20.47

U17M	1500m	A string	Wind: -2.6
National Record: 3:52.6 Glen Stewart Crownpoint 9 Sep 87			
League Record: 4:03.6 Andrew Gibson (Nithsdale) 2006			
1	Adam Drummond	Shettleston Harriers	4:13.61 G2
2	Grant Muir	Giffnock North	4:18.21 G3
3	Bobby Bristow	Team Hippo	4:23.51 G3
4	Edward Dudgeon	Edinburgh AC	4:25.50 G4
5	Calum Macleod	Inverness	4:32.42 G4
Points deducted - No SAL number			
6	Craig Prior	VP Glasgow	4:44.57

U17M	1500m	B string	Wind: -1.9
National Record: 3:52.6 Glen Stewart Crownpoint 9 Sep 87			
League Record: 4:03.6 Andrew Gibson (Nithsdale) 2006			
1	Lee Wilson	Shettleston Harriers	4:23.35 G3
2	Adam Jack	Edinburgh AC	4:30.12 G4
3	Donald Shand	Team Hippo	4:32.87 G4
4	Chris Russell	Giffnock North	4:45.52
5	Adam Horne	Inverness	6:15.17

U17M	1500m steeplechase	A string	Wind: -0.9
National Record:			
League Record: 4:25.79 Scott Green (Central AC) 2009			
1	Alistair McCallum	Giffnock North	4:52.94 G3
2	Adam Jack	Edinburgh AC	5:05.89 G4
3	Donald Shand	Team Hippo	5:14.49

U17M	1500m steeplechase	B string	Wind: -0.8
National Record:			
League Record: 4:25.79 Scott Green (Central AC) 2009			
1	Ewan Murray	Giffnock North	4:56.69 G4
2	Sam Wightman	Edinburgh AC	5:34.15
3	Moray Goodfellow	Team Hippo	6:04.09

U17M	200m	A string	Wind: -2.6
National Record: 21.24 Peter Little Donetsk UKR 21 Aug 77			
League Record: 22.4 Ross Baillie (Victoria Park) 1994			
1	Tom Holligan	Edinburgh AC	23.62 G3
2	James McLaren	Pitreevie AC	24.06 G4
3	Sam Freck	Inverness	24.46 G4
4	Grant Woodhouse	Giffnock North	24.70 G4
5	Jonathon Faulds	Falkirk Victoria Harriers	25.48
6	Miller McIntosh	VP Glasgow	25.67
7	Sean Maver	Team Hippo	26.20

U17M	200m	B string	Wind: -1.9
National Record: 21.24 Peter Little Donetsk UKR 21 Aug 77			
League Record: 22.4 Ross Baillie (Victoria Park) 1994			
1	Jax Thoirs	VP Glasgow	24.47 G4
2	Corey Hastings	Edinburgh AC	24.76 G4
3	Adam Hobson	Inverness	25.15
4	Luke Kelly	Pitreevie AC	25.24
5	Kash Reid	Giffnock North	25.36
6	James Watson	Team Hippo	25.84
7	James Muir	Falkirk Victoria Harriers	26.65

U17M	3000m	A string		
National Record: 8:35.47 Colin Wallace Birmingham 19 Aug 81				
League Record: 6:55.5 Alastair Hay (Central AC) 2002				
1	Andrew Dearie	Shettleston Harriers	9:04.41	G2
2	Grant Muir	Giffnock North	9:16.41	G2
3	Bobby Bristow	Team Hippo	9:28.24	G3
4	Calum Macleod	Inverness	9:35.18	G3
Points deducted - No SAL number				
5	Jake Wightman	Edinburgh AC	9:36.39	G3

U17M	3000m	B string		
National Record: 8:35.47 Colin Wallace Birmingham 19 Aug 81				
League Record: 6:55.5 Alastair Hay (Central AC) 2002				
1	Sandy Nimmo	Giffnock North	9:58.82	
2	Peter Cameron	Edinburgh AC	10:24.40	

U17M	400m	A string		
National Record: 47.08 Kris Robertson Birmingham 15 Aug 04				
League Record: 49.05 Anthony Young (Lasswade) 2009				
1	Anthony Young	Pitreavie AC	49.30	G1
2	Jay Younger	Edinburgh AC	51.34	G1
3	Craig Walker	Giffnock North	51.61	G2
4	Rory MacLure	Team Hippo	52.49	G2
5	Adam Hobson	Inverness	53.22	G3
6	Gerard McAveety	Shettleston Harriers	53.70	G3
7	Craig Prior	VP Glasgow	57.18	
8	Ryan Steele	Falkirk Victoria Harriers	62.61	

U17M	400m	B string		
National Record: 47.08 Kris Robertson Birmingham 15 Aug 04				
League Record: 49.05 Anthony Young (Lasswade) 2009				
1	Ewan Dyer	Pitreavie AC	52.83	G2
2	Jamie Wyse	Edinburgh AC	53.63	G3
3	Fraser Walker	Giffnock North	54.28	G3
4	John Mulhern	VP Glasgow	56.50	G4
5	Joshua Fisher	Team Hippo	57.77	
6	Ben Nelson	Inverness	59.19	
7	James Muir	Falkirk Victoria Harriers	60.16	

U17M	400m hurdles	A string		
National Record: 52.81 Richard McDonald Pitreavie 10 Aug 96/Birmi				
League Record: 54.7 Martin Lipton (Kilbarchan AC) 2005				
1	John Mulhern	VP Glasgow	60.31	G3
2	Grant Woodhouse	Giffnock North	61.04	G3
3	Eoghan Macnamara	Inverness	64.18	G4
4	Jamie Wyse	Edinburgh AC	65.65	
5	Jamie Kelly	Team Hippo	69.08	

U17M	400m hurdles	B string		
National Record: 52.81 Richard McDonald Pitreavie 10 Aug 96/Birmi				
League Record: 54.7 Martin Lipton (Kilbarchan AC) 2005				
1	Drew Hollinshead	Giffnock North	63.21	G4
2	Sam Wightman	Edinburgh AC	67.39	
3	Ben Nelson	Inverness	70.27	
4	Gregor Shearer	Team Hippo	71.68	

U17M	4x100m Relay		
National Record:			
League Record: ()			
1	Edinburgh AC	45.43	
2	Giffnock North	46.33	
3	Pitreavie AC	46.97	
4	Inverness	47.98	
5	Team Hippo	50.32	
6	Shettleston Harriers	50.53	
	Falkirk Victoria Harriers	DQ	
	VP Glasgow	DQ	

U17M	4x400m Relay		
National Record:			
League Record: ()			
1	Pitreavie AC	3:31.78	
2	Edinburgh AC	3:35.68	
3	Giffnock North	3:39.78	
4	Shettleston Harriers	3:42.66	
5	VP Glasgow	3:56.54	
6	Team Hippo	3:59.90	
7	Inverness	4:16.25	

U17M	800m	A string		
National Record: 1:50.90 Mark Mitchell Birmingham 15 Aug 04				
League Record: 1:57.8 Richard McDonald (Perth Strathtay) 1996				
1	Peter Loudon	Edinburgh AC	2:00.55	G2
2	Max Lott	Giffnock North	2:02.17	G3
3	Rory McLure	Team Hippo	2:06.34	G4
4	Ben Stevenson	Falkirk Victoria Harriers	2:06.41	G4
5	Paul Macfarlane	VP Glasgow	2:13.45	
6	Joe Miller	Pitreavie AC	2:13.69	
7	Eoghan Macnamara	Inverness	2:16.80	

U17M	800m	B string		
National Record: 1:50.90 Mark Mitchell Birmingham 15 Aug 04				
League Record: 1:57.8 Richard McDonald (Perth Strathtay) 1996				
1	Jack Walker	Giffnock North	2:02.57	G3
2	Alex North	Edinburgh AC	2:07.19	G4
3	Hugh Mackenzie	VP Glasgow	2:14.74	
4	Ian McLaren	Pitreavie AC	2:17.16	
5	Moray Goodfellow	Team Hippo	2:24.93	
6	Ross Fraser	Inverness	2:40.66	

U17W	100m	A string		Wind: -3.0
National Record: 11.70 Linsey Macdonald Meadowbank 24 May 80				
League Record: 12.0 Kirsten McDiarmid (Pitreavie) 2001				
1	Chloe Lambert	VP Glasgow	13.11	G4
2	Rebeca Caswell	Edinburgh AC	13.11	G4
3	Eleanor Briggs	Inverness	13.36	G4
4	Megan Smith	Team Hippo	14.04	
5	Monica Carlin	Giffnock North	14.34	
6	Anna Robertson	Pitreavie AC	14.41	
7	Jacqueline Watson	Falkirk Victoria Harriers	14.85	
8	Caitlin Greenhill	Shettleston Harriers	15.97	

U17W	100m	B string		Wind: -5.1
National Record: 11.70 Linsey Macdonald Meadowbank 24 May 80				
League Record: 12.0 Kirsten McDiarmid (Pitreavie) 2001				
1	Eilidh MacIannan	Inverness	14.09	
2	Paula Houston	Giffnock North	14.15	
3	Charlie Eyington	Edinburgh AC	14.40	
4	Carolynn Leslie	Team Hippo	14.44	
5	Megan Parkinson	Pitreavie AC	15.25	
6	Samantha Fegan	Falkirk Victoria Harriers	15.47	
7	Laura Mcgeechan	Shettleston Harriers	16.20	

U17W	1500m	A string		
National Record: 4:22.51 Elise Lyon Crystal Palace 31 Jul 82				
League Record: 4:36.57 Joanne Finch (City of Glasgow) 2004				
1	Hollie Young	VP Glasgow	4:43.96	G2
2	Maddie Murray	Giffnock North	4:51.10	G2
3	Kathryn Pennel	Pitreavie AC	4:52.98	G2
4	Samantha Blair	Edinburgh AC	4:55.01	G2
5	Ailis Murray	Team Hippo	5:21.56	
6	Eilidh Black	Inverness	6:08.06	

U17W	1500m	B string		
National Record: 4:22.51 Elise Lyon Crystal Palace 31 Jul 82				
League Record: 4:36.57 Joanne Finch (City of Glasgow) 2004				
1	Paige Graham	Pitreavie AC	5:13.60	G4
2	Amy MacLellan	VP Glasgow	5:21.81	
3	Olivia Keenan	Giffnock North	5:25.54	
4	Holly Maciver	Team Hippo	5:30.30	
5	Laura Robertson	Edinburgh AC	5:49.10	
	Laura Macdonald	Inverness	6:17.89	

Points deducted - No SAL number

U17W	200m	A string		Wind: -2.0
National Record: 23.43 Linsey Macdonald L'Aquila ITA 20 Aug 80				
League Record: 24.61 Sabina Asterita (City of Glasgow) 2003				
1	Chloe Lambert	VP Glasgow	26.64	G3
2	Emma Brown	Giffnock North	26.80	G3
3	Eleanor Briggs	Inverness	27.53	G4
4	Fiona Cleat	Edinburgh AC	28.18	
5	Megan Smith	Team Hippo	29.12	
6	Anna Robertson	Pitreavie AC	30.26	
7	Samantha Fegan	Falkirk Victoria Harriers	31.42	
8	Caitlin Greenhill	Shettleston Harriers	33.21	

U17W	200m	B string	Wind: -2.8
National Record: 23.43 Linsey Macdonald L'Aquila ITA 20 Aug 80			
League Record: 24.61 Sabina Asterita (City of Glasgow) 2003			
1	Diane Ramsay	VP Glasgow	26.76 G3
2	Charlie Eyeington	Edinburgh AC	28.71
3	Emma Dowd	Giffnock North	29.01
4	Julia Mollison	Inverness	29.03
5	Heather Winfield	Team Hippo	29.48
6	Laura Mcgeechan	Shettleston Harriers	32.89
7	Lauren Mather	Falkirk Victoria Harriers	33.22

U17W	3000m	A string
National Record: 9:30.0 Yvonne Murray Dublin IRL 4 Jul 81		
League Record: 10:30.5 Collette Fagan (City of Glasgow) 1998		
1	Sarah Potter	VP Glasgow 10:39.95 G2
2	Shannon Mclellan	Shettleston Harriers 10:42.73 G2
3	Katie Bristow	Team Hippo 10:46.22 G3
4	Ailsa Bruce	Edinburgh AC 11:23.41 G4
5	Hazel Murray	Falkirk Victoria Harriers 12:40.5

U17W	3000m	B string
National Record: 9:30.0 Yvonne Murray Dublin IRL 4 Jul 81		
League Record: 10:30.5 Collette Fagan (City of Glasgow) 1998		
1	Deborah Hannah	VP Glasgow 10:41.00 G2
2	Cait Stewart	Team Hippo 12:24.0
3	April Miller	Giffnock North 12:40.5

U17W	300m	A string
National Record: 36.46 Linsey Macdonald Crystal Palace 13 Jul 80		
League Record: 39.83 Bethanie Finlayson (Pitreavie AC) 2009		
1	Diane Ramsay	VP Glasgow 41.36 G1
2	Katie McKnight	Giffnock North 42.56 G2
3	Emma Leask	Team Hippo 43.93 G3
4	Faye Kearney	Edinburgh AC 44.27 G4
5	Robyn Maxtone	Falkirk Victoria Harriers 46.23
6	Kirsty Bennet	Shettleston Harriers 47.54
7	Megan Parkinson	Pitreavie AC 49.51
8	Louise Maclean	Inverness 54.09

U17W	300m	B string
National Record: 36.46 Linsey Macdonald Crystal Palace 13 Jul 80		
League Record: 39.83 Bethanie Finlayson (Pitreavie AC) 2009		
1	Roisin Howat	Giffnock North 43.25 G3
2	Megan Smith	Team Hippo 43.46 G3
3	Rebecca Nicholson	Shettleston Harriers 46.37
4	Marnie Pacitti	Falkirk Victoria Harriers 47.46
5	Michaela Stephen	VP Glasgow 48.25
6	Eilish Black	Inverness 48.84
7	Gaby Vita	Edinburgh AC 50.42

U17W	300m hurdles	A string
National Record: 41.97 Eilidh Child Sheffield 17 Aug 03		
League Record: 43.0 Eilidh Child (Pitreavie AC) 2002		
1	Fiona Cleat	Edinburgh AC 48.81 G3
2	Paula Gass	Inverness 49.84 G4
3	Rebecca Hart	Giffnock North 50.90 G4
4	Hannah Patterson	Team Hippo 54.44
5	Helen Pawelczyk	Shettleston Harriers 54.88

U17W	300m hurdles	B string
National Record: 41.97 Eilidh Child Sheffield 17 Aug 03		
League Record: 43.0 Eilidh Child (Pitreavie AC) 2002		
1	Claire Florence	Edinburgh AC 52.09
2	Ruth Wallace	Giffnock North 53.33
3	Rachel Elliot	Shettleston Harriers 55.34
4	Natasha Morris	Team Hippo 60.20

U17W	4x100m Relay
National Record:	
League Record: ()	
1	Giffnock North 50.97
2	Edinburgh AC 51.81
3	VP Glasgow 53.32
4	Inverness 53.76
5	Team Hippo 53.93
6	Shettleston Harriers 59.67
	Falkirk Victoria Harriers DQ

DQ

U17W 4x300m Relay			
National Record:			
League Record: ()			
1	VP Glasgow	2:56.23	
2	Edinburgh AC	2:56.41	
3	Giffnock North	2:57.34	
4	Team Hippo	3:09.69	
5	Shettleston Harriers	3:16.94	
	Inverness	3:20.64	
Points deducted - no SAL number L MacDonald			

U17W 800m A string				
National Record: 2:07.25 Morag MacLarty Tullamore IRL 21 Jul 01				
League Record: 2:13.8 Emily Dudgeon (Edinburgh AC) 2008				
1	Emily Dudgeon	Edinburgh AC	2:12.28	G1
New SYAL League Record				
2	Hollie Young	VP Glasgow	2:17.64	G2
3	Emma Leask	Team Hippo	2:22.58	G3
4	Maddie Murray	Giffnock North	2:24.38	G3
5	Abby Kemp	Falkirk Victoria Harriers	2:30.82	G4
6	Shannon Mclellan	Shettleston Harriers	2:32.31	G4
7	Kirsty Hutton	Pitreavie AC	2:42.95	
	Laura Macdonald	Inverness	3:13.06	
Points deducted - No SAL number				

U17W 800m B string				
National Record: 2:07.25 Morag MacLarty Tullamore IRL 21 Jul 01				
League Record: 2:13.8 Emily Dudgeon (Edinburgh AC) 2008				
1	Samantha Blair	Edinburgh AC	2:26.09	G4
2	Michaela Stephen	VP Glasgow	2:30.46	G4
3	Olivia Keenan	Giffnock North	2:39.29	
4	Ailis Murray	Team Hippo	2:41.00	
5	Helen Pawelczyk	Shettleston Harriers	2:41.32	
6	Louise Maclean	Inverness	3:13.14	

U17W 80m hurdles A string				
National Record: 11.16 Ann Girvan Dublin IRL 4 Jul 81				
League Record: 11.59 Caroline Sutherland (Edinburgh Woollen Mill) 1				
1	Emma Brown	Giffnock North	11.95	G2
2	Eleanor Briggs	Inverness	12.87	G4
3	Lilian Gowans	Edinburgh AC	13.90	
4	Christina Clark	VP Glasgow	14.50	
5	Hannah Patterson	Team Hippo	16.90	
6	Rachel Elliot	Shettleston Harriers	17.00	

U17W 80m hurdles B string				
National Record: 11.16 Ann Girvan Dublin IRL 4 Jul 81				
League Record: 11.59 Caroline Sutherland (Edinburgh Woollen Mill) 1				
1	Rachel Dinsdale	Edinburgh AC	14.38	
2	Catrina Loughran	Giffnock North	15.27	
3	Erin McQuarrie	VP Glasgow	15.50	
4	Morna Brown	Team Hippo	15.65	

# Field events

2009 Grades shown as G1-4

Wind speeds for horizontal jumps are shown in brackets after the performance

## U13B High Jump A string

National Record: 1.62 Greg Boyd Grangemouth 14 Sep 03  
League Record: 1.61 C MacDonald (Inverness Harriers) 2009

1	Connel Macdonald	Inverness	1.55	G1
2	Craig Wares	Team Hippo	1.38	G2
3	Andrew Taylor	Shettleston Harriers	1.35	G3
4	Rory Fulton	Pitreavie AC	1.30	G4
5	Callum Jones	Edinburgh AC	1.25	G4
6	Liam Turner	VP Glasgow	1.25	G4
7	David Lambie	Giffnock North	1.20	
8	Euan Mckenna	Falkirk Victoria Harriers	1.10	

## U13B High Jump B string

National Record: 1.62 Greg Boyd Grangemouth 14 Sep 03  
League Record: 1.61 C MacDonald (Inverness Harriers) 2009

1	Jamie Gillan	Inverness	1.25	G4
2	Andrew Divers	Shettleston Harriers	1.25	G4
3	Josh Kerr	Edinburgh AC	1.20	
4	Kyle Wilson	VP Glasgow	1.20	
5	Gregor Munro	Giffnock North	1.15	
6	Jake Beveridge	Pitreavie AC	1.10	
7	Ross Slater	Team Hippo	1.10	

## U13B Long Jump A string

National Record: 5.29 Craig Robinson Grangemouth 3 Sep 05  
League Record: 5.14 Martin Taylor (Victoria Park) 1994

1	Liam Turner	VP Glasgow	4.27	G3
2	Ross Slater	Team Hippo	4.03	G4
3	Andrew Taylor	Shettleston Harriers	3.93	G4
4	Jamie Gillan	Inverness	3.91	G4
5	David Lambie	Giffnock North	3.77	G4
6	Marcus Archer	Pitreavie AC	3.74	
7	Ruari Mckenna	Falkirk Victoria Harriers	3.63	
8	Callum Jones	Edinburgh AC	3.50	

## U13B Long Jump B string

National Record: 5.29 Craig Robinson Grangemouth 3 Sep 05  
League Record: 5.14 Martin Taylor (Victoria Park) 1994

1	Bruce Flockhart	Inverness	3.86	G4
2	Aidan Cooney	VP Glasgow	3.80	G4
3	Ruaridh Muncaster	Team Hippo	3.69	
4	Andrew Divers	Shettleston Harriers	3.63	
5	Lewis Grant	Giffnock North	3.58	
6	Guy Wardrop	Edinburgh AC	3.37	
7	Chris McDonald	Falkirk Victoria Harriers	3.19	

## U13B Shot A string

National Record: 12.04 Andrew McLaughlan Grangemouth 7 Sep 05  
League Record: 11.74 Andrew McLaughlin (Kilbarchan AC) 2005

1	Ben Robbins	Edinburgh AC	10.27	G1
2	Thomas Morris Luxton	Team Hippo	10.25	G1
3	Ciaran Wright	Falkirk Victoria Harriers	9.45	G1
4	Bruce Flockhart	Inverness	8.59	G2
5	Andrew Taylor	Shettleston Harriers	6.90	G4
6	Robert Moses	Giffnock North	6.59	G4
7	Aidan Cooney	VP Glasgow	5.96	G4
8	Jake Beveridge	Pitreavie AC	4.79	

## U13B Shot B string

National Record: 12.04 Andrew McLaughlan Grangemouth 7 Sep 05  
League Record: 11.74 Andrew McLaughlin (Kilbarchan AC) 2005

1	Craig Wares	Team Hippo	8.16	G2
2	Lewis Dinsdale	Inverness	6.90	G4
3	Benjamin Main	Shettleston Harriers	6.79	G4
4	Luca Vita	Edinburgh AC	6.32	G4
5	Ruairi Kirkwood	Falkirk Victoria Harriers	6.10	G4
6	Jamie Middleton	VP Glasgow	5.89	
7	Lewis Grant	Giffnock North	5.52	
8	Stuart Fagan	Pitreavie AC	4.50	

U13G	High Jump	A string		
National Record: 1.60 Paula Dagleish Coatbridge 27 Jul 03				
League Record: 1.46 Ellen Kristopherson/Katie Purves (Lasswade/Las:				
1	Katie Robertson	Edinburgh AC	1.35	G2
2	Sarah Macphail	Team Hippo	1.30	G3
3	Kirsten Loudon	Pitreavie AC	1.30	G3
4	Sam Fern	Shettleston Harriers	1.25	G4
5	Alison Horne	Inverness	1.20	G4
6	Erin Crichton	VP Glasgow	1.20	G4
7	Samantha Eadie	Falkirk Victoria Harriers	1.20	G4
8	Helena Davison	Giffnock North	1.15	

U13G	High Jump	B string		
National Record: 1.60 Paula Dagleish Coatbridge 27 Jul 03				
League Record: 1.46 Ellen Kristopherson/Katie Purves (Lasswade/Las:				
1	Shannon Sutherland	Team Hippo	1.30	G3
2	Zoe Black	Pitreavie AC	1.25	G4
3	Ellie McGinty	Edinburgh AC	1.25	G4
4	Mrytle Breckenridge	Shettleston Harriers	1.15	
5	Megan Adams	Giffnock North	1.15	
5	Jessica Stevenson	Falkirk Victoria Harriers	1.15	
5	Emma Ball	Inverness	1.15	
7	Jude Sloan-Dennison	VP Glasgow	1.15	

U13G	Long Jump	A string		
National Record: 5.17 Sarah Still Aberdeen 25 Sep 88				
League Record: 4.73 Jill Brooks (Falkirk Victoria H) 2004				
1	Elizabeth Wells	Edinburgh AC	4.31	G2
2	Kelly Gammack	Team Hippo	4.26	G2
3	Nicola Milne	Falkirk Victoria Harriers	4.23	G2
4	Vhairi McAteer	Pitreavie AC	3.98	G3
5	Melanie Chiswell	VP Glasgow	3.83	G4
6	Katie MacLennan	Inverness	3.70	G4
Points deducted - No SAL number				
7	Jill Cherry	Shettleston Harriers	3.66	G4
8	Rachel Woodhouse	Giffnock North	3.16	

U13G	Long Jump	B string		
National Record: 5.17 Sarah Still Aberdeen 25 Sep 88				
League Record: 4.73 Jill Brooks (Falkirk Victoria H) 2004				
1	Zoe Black	Pitreavie AC	3.87	G4
2	Clare Anderson	Falkirk Victoria Harriers	3.82	G4
3	Bethany Sutherland	Team Hippo	3.81	G4
4	Anna Cunningham	VP Glasgow	3.78	G4
5	Ellie McGinty	Edinburgh AC	3.77	G4
6	Alison Horne	Inverness	3.44	
7	Sam Fern	Shettleston Harriers	3.33	
8	Naomi Wadsworth	Giffnock North	2.73	

U13G	Shot	A string		
National Record: 10.91 Catherine Garden Coatbridge 8 Sep 91				
League Record: 9.66 Sarah McRobbie (Ellon) 1999				
1	Morayo Benson	Edinburgh AC	8.21	G1
2	Rachel Scott	Shettleston Harriers	7.53	G2
3	Shannon Sutherland	Team Hippo	7.25	G3
4	Katie Ord	VP Glasgow	6.69	G3
5	Chloe Nethery	Pitreavie AC	6.59	G3
6	Mhairi Agnew	Giffnock North	6.16	G4
7	Alison Horne	Inverness	6.03	G4
8	Leah Calderwood	Falkirk Victoria Harriers	5.74	G4

U13G	Shot	B string		
National Record: 10.91 Catherine Garden Coatbridge 8 Sep 91				
League Record: 9.66 Sarah McRobbie (Ellon) 1999				
1	Sam Higgs	Edinburgh AC	6.77	G3
2	Chloe Thompson	Team Hippo	6.38	G4
3	Claudia Eusebi	Shettleston Harriers	6.31	G4
4	Mariana Denton	VP Glasgow	6.20	G4
5	Kirsten Cronie	Pitreavie AC	5.90	G4
6	Heather Campbell	Inverness	5.42	
7	Rachel Manson	Falkirk Victoria Harriers	4.78	
8	Helena Davison	Giffnock North	4.48	

U15B	Discus	A string		
National Record: 50.80 Paul Mardle Warley 3 Sep 77				
League Record: 46.16 Allan MacKay (Shettleston) 2005				
1	John King	Edinburgh AC	33.32	G2
2	Calum Mcwilliam	Giffnock North	21.14	G4
3	Rion Hepburn	Team Hippo	20.32	G4
4	John Barnes	VP Glasgow	19.89	
5	Patrick Urquhart	Inverness	17.99	
6	Lewis Hunter	Pitreavie AC	17.46	
7	Calum Divers	Shettleston Harriers	16.31	
8	Liam Fleming	Falkirk Victoria Harriers	10.12	

U15B	Discus	B string		
National Record: 50.80 Paul Mardle Warley 3 Sep 77				
League Record: 46.16 Allan MacKay (Shettleston) 2005				
1	Hamish Campbell	Edinburgh AC	27.70	G3
2	Stuart Woodhouse	Giffnock North	19.20	
3	Dean Britton	Team Hippo	17.38	
4	Steven Thistleton	VP Glasgow	13.21	
5	Matthew Koch	Pitreavie AC	13.15	
6	James Lang	Shettleston Harriers	10.00	

U15B	Hammer 'A'	A string		
National Record: 58.85 Scott Wilson Grangemouth 27 Aug 06				
League Record: 32.51 Jonathan Murray (Edinburgh AC) 2007				
1	John King	Edinburgh AC	28.56	G3
2	James Mathieson	Team Hippo	26.48	G4
3	Adrian Cumming	Giffnock North	14.20	

U15B	High Jump	A string		
National Record: 2.04 Ross Hepburn Meadowbank 22 Aug 76				
League Record: 1.88 Andrew Allan (Giffnock North) 2002				
1	Fredrik Smith	Edinburgh AC	1.60	G3
2	Jamie Lewis	Giffnock North	1.45	
2	Robbie Cuthbert	Pitreavie AC	1.45	
4	Ewen Campbell	Team Hippo	1.45	
5	Steven Thistleton	VP Glasgow	1.40	
5	Christopher Ogilvie	Falkirk Victoria Harriers	1.40	
7	Roddie Tweedie	Inverness	1.40	

U15B	High Jump	B string		
National Record: 2.04 Ross Hepburn Meadowbank 22 Aug 76				
League Record: 1.88 Andrew Allan (Giffnock North) 2002				
1	Damon Salmanzede	Edinburgh AC	1.60	G3
2	Adam Divers	Giffnock North	1.45	
3	Ryan McConnell	Inverness	1.40	
5	Russell Findlay	VP Glasgow	1.30	
5	Stuart Michael	Team Hippo	1.30	
5	Fraser Baird	Falkirk Victoria Harriers	1.30	

U15B	Javelin	A string		
National Record: 54.65 Ryan Stewart Waterford IRL 12 Aug 06				
League Record: 44.99 Kenneth Robertson (FVH) 2002				
1	Ryan McConnell	Inverness	31.17	G4
2	Fergus Greig	Edinburgh AC	31.06	G4
3	Drew Sparks	Team Hippo	28.66	G4
4	Calum Mcwilliam	Giffnock North	26.76	G4
5	John Barnes	VP Glasgow	25.94	
6	Calum Divers	Shettleston Harriers	21.10	
7	Lewis Hunter	Pitreavie AC	19.82	
8	Kevin Woods	Falkirk Victoria Harriers	15.82	

U15B	Javelin	B string		
National Record: 54.65 Ryan Stewart Waterford IRL 12 Aug 06				
League Record: 44.99 Kenneth Robertson (FVH) 2002				
1	Ben Black	Edinburgh AC	26.32	
2	Scott McAlpine	Pitreavie AC	19.67	
3	Stuart Woodhouse	Giffnock North	18.96	
4	Marcus Gault	Shettleston Harriers	14.88	
5	Dean Britton	Team Hippo	11.26	
6	Liam Fleming	Falkirk Victoria Harriers	4.10	
	Lewis Murray	Inverness	23.38	
				Points deducted - No SAL number

U15B	Long Jump	A string		
National Record: 6.32 Kyle Henderson Sheffield 11 Aug 07				
League Record: 6.05 Kyle Henderson (Central) 2007				
1	Fredrik Smith	Edinburgh AC	5.04	G4
2	Ahmed Hassan	Shettleston Harriers	4.83	G4
3	Martin Mackenzie	Inverness	4.80	G4
Points deducted - No SAL number				
4	Carl Macphee	Team Hippo	4.69	
5	Stuart Woodhouse	Giffnock North	4.59	
6	Steven Thistleton	VP Glasgow	4.41	
7	Declan Brennan	Pitreavie AC	4.11	
8	Fraser Baird	Falkirk Victoria Harriers	3.92	

U15B	Long Jump	B string		
National Record: 6.32 Kyle Henderson Sheffield 11 Aug 07				
League Record: 6.05 Kyle Henderson (Central) 2007				
1	Marc Russell	Giffnock North	4.58	
2	Thomas Day	Team Hippo	4.46	
3	Jamie T Robinson	VP Glasgow	4.35	
4	Roddie Tweedie	Inverness	4.04	
5	Euan McCallum	Falkirk Victoria Harriers	3.89	
6	Fergus Greig	Edinburgh AC	3.55	
7	Brian Stuart	Shettleston Harriers	3.09	
7	Mark Travers	Pitreavie AC	3.09	

U15B	Pole Vault 'A'	A string		
National Record: 3.31 Charles Rule Pitreavie 20 Aug 94				
League Record: 3.05 Gregor MacLean (Montrose) 2006				
1	Sam Adams	VP Glasgow	3.00	G2
2	Fraser O'Rourke	Giffnock North	2.70	G4
3	Fergus Greig	Edinburgh AC	1.80	

U15B	Shot	A string		
National Record: 15.64 Paul Mardle Warley 3 Sep 77				
League Record: 15.01 Gary Hagan (Clydesdale) 1999				
1	John King	Edinburgh AC	9.88	G4
2	James Mathieson	Team Hippo	9.81	G4
3	Taylor Nimmo	Falkirk Victoria Harriers	9.76	G4
4	John Barnes	VP Glasgow	8.74	
5	Calum McWilliam	Giffnock North	8.37	
6	Lewis Hunter	Pitreavie AC	7.70	
7	Calum Divers	Shettleston Harriers	6.79	

U15B	Shot	B string		
National Record: 15.64 Paul Mardle Warley 3 Sep 77				
League Record: 15.01 Gary Hagan (Clydesdale) 1999				
1	Hamish Campbell	Edinburgh AC	9.74	G4
2	Rion Hepburn	Team Hippo	8.85	
3	Marc Russell	Giffnock North	7.77	
4	Robbie Pollock	VP Glasgow	6.76	
5	Scott McAlpine	Pitreavie AC	5.00	
6	James Lang	Shettleston Harriers	3.74	

U15G	Discus	A string		
National Record: 41.92 Catherine Garden Coatbridge 12 Sep 93				
League Record: 30.46 Gerelle Pasquin (Pitreavie) 2009				
1	Gerelle Pasquin	Pitreavie AC	29.23	G1
2	Kimberley Reed	Edinburgh AC	22.72	G2
3	Karen Horne	Inverness	19.66	G3
4	Siobhan Robertson	Team Hippo	19.14	G4
5	Nicola Mackay	Shettleston Harriers	18.22	G4
6	Nikki Manson	Giffnock North	17.96	G4
7	Sarah Jamieson	VP Glasgow	16.72	G4
8	Nicola Cuthbertson	Falkirk Victoria Harriers	15.54	G4

U15G	Discus	B string		
National Record: 41.92 Catherine Garden Coatbridge 12 Sep 93				
League Record: 30.46 Gerelle Pasquin (Pitreavie) 2009				
1	Naomi Symonds	Edinburgh AC	22.42	G2
2	Shannon Evers	Team Hippo	17.25	G4
3	Sarah Elliot	Shettleston Harriers	16.23	G4
4	Gillian Stewart	Giffnock North	15.35	G4
5	Rachel Hunter	Pitreavie AC	15.32	G4
6	Elaine Murdoch	Inverness	15.02	
7	Gemma Cuthbertson	Falkirk Victoria Harriers	14.52	
8	Charlotte Chambers	VP Glasgow	10.22	

U15G	High Jump	A string		
National Record: 1.79 Aileen Wilson Bedford 4 Jul 98				
League Record: 1.66 Davina Ho (City of Glasgow) 1998				
1	Nikki Manson	Giffnock North	1.60	G2
2	Mhairi Patience	VP Glasgow	1.45	G4
3	Lisa Thompson	Shettleston Harriers	1.40	G4
3	Caitlin O'Neil	Edinburgh AC	1.40	G4
5	Anna Nelson	Inverness	1.35	
5	Holly Lister	Falkirk Victoria Harriers	1.35	
7	Eilidh Reid	Pitreavie AC	1.30	
7	Jade Currie	Team Hippo	1.30	

U15G	High Jump	B string		
National Record: 1.79 Aileen Wilson Bedford 4 Jul 98				
League Record: 1.66 Davina Ho (City of Glasgow) 1998				
1	Kerry-Anne Hastings	Edinburgh AC	1.40	G4
1	Eilidh McEvilly	VP Glasgow	1.40	G4
3	Lauren Lambie	Giffnock North	1.40	G4
4	Brogan Watt	Shettleston Harriers	1.35	
5	Evie Peace	Team Hippo	1.25	
6	Sarah King	Falkirk Victoria Harriers	1.25	
7	Jenny Will	Inverness	1.25	

U15G	Javelin	A string		
National Record: 40.72 Valerie Price Grangemouth 11 Aug 76				
League Record: 32.39 Ashley Austin (City of Glasgow) 2002				
1	Nikki Manson	Giffnock North	26.83	G2
2	Shannon Evers	Team Hippo	23.45	G3
3	Kimberley Reed	Edinburgh AC	22.12	G3
4	Rachel Hunter	Pitreavie AC	21.95	G3
5	Alice Gordon	Inverness	19.64	G4
6	Evelyn Bryce	VP Glasgow	18.83	G4
7	Sarah Elliot	Shettleston Harriers	14.34	
8	Nicola Cuthbertson	Falkirk Victoria Harriers	9.09	

U15G	Javelin	B string		
National Record: 40.72 Valerie Price Grangemouth 11 Aug 76				
League Record: 32.39 Ashley Austin (City of Glasgow) 2002				
1	Karen Horne	Inverness	19.02	G4
2	Emma Claxton	Giffnock North	17.07	G4
3	Hannah Downey	Pitreavie AC	16.38	G4
4	Rachel Robertson	Edinburgh AC	15.18	
5	Siobhan Robertson	Team Hippo	11.64	
6	Kerri Haran	Shettleston Harriers	10.25	
7	Tatiana Quick	VP Glasgow	7.88	
8	Gemma Cuthbertson	Falkirk Victoria Harriers	7.35	

U15G	Long Jump	A string		
National Record: 5.66 Alice Lennox Birmingham 9 Jul 05				
League Record: 5.51 Kirsten Galbraith (Pitreavie) 2009				
1	Kirsten Galbraith	Pitreavie AC	5.29	(+1.2 G1)
2	Kirsty Mckean	Edinburgh AC	4.89	(+2.2 G2)
3	Brogan Watt	Shettleston Harriers	4.76	(+2.4 G2)
4	Holly Lister	Falkirk Victoria Harriers	4.33	(+3.5 G4)
5	Elaine Murdoch	Inverness	4.10	(+2.5)
6	Emma Claxton	Giffnock North	4.01	(+1.6)
7	Shannon Evers	Team Hippo	3.98	(+2.1)
8	Charlotte Chambers	VP Glasgow	2.89	(+2.3)

U15G	Long Jump	B string		
National Record: 5.66 Alice Lennox Birmingham 9 Jul 05				
League Record: 5.51 Kirsten Galbraith (Pitreavie) 2009				
1	Katie Logan	Edinburgh AC	4.74	(+2.3 G2)
2	Lisa Thompson	Shettleston Harriers	4.36	(+0.5 G4)
3	Alison Craig	Pitreavie AC	4.19	(+4.6 G4)
4	Sarah King	Falkirk Victoria Harriers	4.15	(+1.2)
5	Aiden Marshall	Inverness	3.89	(+2.7)
6	Jodie Mackay	Team Hippo	3.84	(+2.2)
7	Anna Gavienas	Giffnock North	3.27	(+6.3)
8	Eilidh Mchugh	VP Glasgow	1.89	(+2.9)

U15G	Pole Vault 'A'	A string		
National Record:				
League Record: ()				
	Tati Spens	Edinburgh AC	No Height	
	Jade Currie	Team Hippo	No Height	
	Nicola Mackay	Shettleston Harriers	No Height	

U15G	Shot	A string		
National Record: 13.08 Ashley Morris Galashiels 11 Aug 84				
League Record: 11.00 Nicky McMurtrie (South Lanarkshire) 2008				
1	Naomi Symonds	Edinburgh AC	10.46	G1
2	Gerelle Pasquin	Pitreavie AC	10.08	G1
3	Eilidh McEvelly	VP Glasgow	9.15	G2
4	Jasmine Taylor	Team Hippo	8.30	G3
5	Anna Gavienas	Giffnock North	7.53	G4
6	Sarah Elliot	Shettleston Harriers	6.96	G4
7	Aiden Marshall	Inverness	6.34	
8	Nicola Cuthbertson	Falkirk Victoria Harriers	5.47	

U15G	Shot	B string		
National Record: 13.08 Ashley Morris Galashiels 11 Aug 84				
League Record: 11.00 Nicky McMurtrie (South Lanarkshire) 2008				
1	Katie Logan	Edinburgh AC	9.05	G2
2	Rachel Easton	Pitreavie AC	7.08	G4
3	Evelyn Bryce	VP Glasgow	6.79	G4
4	Nicola Mackay	Shettleston Harriers	6.76	G4
5	Siobhan Robertson	Team Hippo	6.69	G4
6	Jennifer Eadie	Giffnock North	6.18	
7	Alice Gordon	Inverness	5.75	
8	Gemma Cuthbertson	Falkirk Victoria Harriers	4.55	

U17M	Discus	A string		
National Record: 53.80 Paul Mardle Grangemouth 19 May 79				
League Record: 49.13 Allan Mackay (Shettleston Harriers) 2006				
1	Chris Barnes	VP Glasgow	47.27	G1
2	Ross McManus	Pitreavie AC	41.26	G2
3	Sam O'Kane	Team Hippo	40.51	G2
4	Eddie Reid	Falkirk Victoria Harriers	31.18	G3
5	Jonathan Murray	Edinburgh AC	30.08	G3
6	Nicky Stone	Shettleston Harriers	29.51	G4
7	Max Lott	Giffnock North	18.20	
8	Eoghan Macnamara	Inverness	13.47	

U17M	Discus	B string		
National Record: 53.80 Paul Mardle Grangemouth 19 May 79				
League Record: 49.13 Allan Mackay (Shettleston Harriers) 2006				
1	Callum Shand	Team Hippo	31.85	G3
2	Dean Murray	Edinburgh AC	23.36	
3	Thomas Mcintosh	VP Glasgow	19.33	
4	Declan Pearson	Falkirk Victoria Harriers	18.84	
5	Ewan Murray	Giffnock North	13.22	
6	Calum Macleod	Inverness	12.71	
Points deducted - No SAL number				

U17M	Hammer 'A'	A string		
National Record: 65.44 Chris Bennett Scotstoun 9 Sep 06				
League Record: 58.88 Graeme Allan (Elgin) 1997				
1	Ross McManus	Pitreavie AC	56.23	G1
2	Edmund Reid	Falkirk Victoria Harriers	50.72	G2
3	Jonathan Murray	Edinburgh AC	40.37	G3
4	Sam O'Kane	Team Hippo	40.37	G3
5	Alistair McCallum	Giffnock North	19.58	
6	Chris Barnes	VP Glasgow	19.10	
	Nicky Stone	Shettleston Harriers	NT	

U17M	High Jump	A string		
National Record: 2.11 Kenneth McKeown Ayr 18 Jul 98				
League Record: 1.97 Liam Hill (Victoria Park) 2006				
1	Allan Smith	Pitreavie AC	1.75	G3
2	Ian Coghill	Inverness	1.75	G3
3	David Taylor	Shettleston Harriers	1.70	G4
4	Corey Hastings	Edinburgh AC	1.65	G4
5	Stephen Macphail	Team Hippo	1.55	
5	Alistair McCallum	Giffnock North	1.55	

U17M	High Jump	B string		
National Record: 2.11 Kenneth McKeown Ayr 18 Jul 98				
League Record: 1.97 Liam Hill (Victoria Park) 2006				
1	Adam Hobson	Inverness	1.70	G4
2	Anthony Young	Pitreavie AC	1.65	G4
3	Paddy O'Donnell	Shettleston Harriers	1.55	
4	Andrew Croy	Team Hippo	1.50	
4	Jay Younger	Edinburgh AC	1.50	
6	Taylor Spiers	Giffnock North	1.45	

U17M	Javelin	A string		
National Record: 68.34 James Campbell Grangemouth 29 Aug 04				
League Record: 54.53 Sean Carson (Ayr Seaforth) 2000				
1	Jack Bishop	Shettleston Harriers	42.63	G3
2	Matthew Reid	Edinburgh AC	39.68	G3
3	Callum Shand	Team Hippo	34.58	G4
4	Gary Stewart	Pitreavie AC	33.47	G4
5	Declan Pearson	Falkirk Victoria Harriers	32.66	G4
6	Josh Crawford	Inverness	30.88	
7	Taylor Spiers	Giffnock North	28.90	
8	Thomas McIntosh	VP Glasgow	25.99	

U17M	Javelin	B string		
National Record: 68.34 James Campbell Grangemouth 29 Aug 04				
League Record: 54.53 Sean Carson (Ayr Seaforth) 2000				
1	David Taylor	Shettleston Harriers	35.93	G4
2	Jonathan Murray	Edinburgh AC	34.92	G4
3	Stephen Macphail	Team Hippo	30.97	
4	Ben Nelson	Inverness	23.17	
5	Matthew Cumming	Giffnock North	19.03	

U17M	Long Jump	A string		
National Record: 7.20 Hugh Davidson Meadowbank 21 Jun 80				
League Record: 6.82 Chris Baillie/Allan Scott (Victoria Park/Victoria P				
1	Craig Cameron	Inverness	6.84	(+3.8 G1 )
2	Corey Hastings	Edinburgh AC	6.36	(+3.1 G1 )
3	Connor Woods	Team Hippo	5.34	(+2.8 G4 )
4	Declan Campbell	Giffnock North	5.03	(+4.2 )
5	Joe Miller	Pitreavie AC	4.98	(+0.6 )
6	Craig Prior	VP Glasgow	4.44	(+2.3 )

U17M	Long Jump	B string		
National Record: 7.20 Hugh Davidson Meadowbank 21 Jun 80				
League Record: 6.82 Chris Baillie/Allan Scott (Victoria Park/Victoria P				
1	Jordan Newport	Edinburgh AC	6.05	(+2.9 G2 )
2	Sean Maver	Team Hippo	5.33	(+1.7 G4 )
3	Ewan Dyer	Pitreavie AC	4.89	(+3.6 )
4	Christopher Bonner	Giffnock North	4.89	(+3.7 )
5	Paul MacFarlane	VP Glasgow	4.35	(+1.9 )
6	Ross Fraser	Inverness	4.31	(+1.7 )

U17M	Pole Vault 'A'	A string		
National Record: 4.30 Scott Huggins London (BP) 31 Jul 05				
League Record: 4.20 Jax Thoires (VP Glasgow) 2009				
1	Jax Thoires	VP Glasgow	3.50	G3
2	Paddy O'Donnell	Shettleston Harriers	3.40	G3
3	Drew Hollinshead	Giffnock North	2.70	G4
4	Glenn Murray	Team Hippo	2.00	

U17M	Shot	A string		
National Record: 17.32 Jamie Stevenson Scotstoun 10 Sep 06				
League Record: 16.24 Daniel Carlin (Giffnock North) 2007				
1	Chris Barnes	VP Glasgow	14.27	G1
2	Ross McManus	Pitreavie AC	13.38	G2
3	Eddie Reid	Falkirk Victoria Harriers	12.16	G3
4	Sam O'Kane	Team Hippo	11.19	G4
5	Nicky Stone	Shettleston Harriers	10.24	G4
6	Jonny Byrne-Leitch	Edinburgh AC	9.50	
7	Matthew Cumming	Giffnock North	9.47	
8	Ian Coghill	Inverness	8.78	

U17M	Shot	B string		
National Record: 17.32 Jamie Stevenson Scotstoun 10 Sep 06				
League Record: 16.24 Daniel Carlin (Giffnock North) 2007				
1	Andrew Croy	Team Hippo	10.83	G4
2	Gary Stewart	Pitreavie AC	9.42	
3	Thomas Mcintosh	VP Glasgow	9.25	
4	David Taylor	Shettleston Harriers	9.21	
5	Matthew Reid	Edinburgh AC	9.02	
6	Max Lott	Giffnock North	8.42	
7	Sam Freck	Inverness	5.59	

U17M	Triple Jump	A string		
National Record: 14.70 Craig Duncan Meadowbank 7 Aug 82				
League Record: 13.96 Allan Scott (Victoria Park) 1998				
1	Allen Smith	Pitreavie AC	12.44 (+1.7)	G2
2	Matthew Kerr	Giffnock North	12.38 (+1.6)	G2
3	Sean Maver	Team Hippo	12.25 (+2.7)	G3
4	Ian Coghill	Inverness	12.07 (+1.5)	G3
5	Jordan Newport	Edinburgh AC	11.74 (+2.4)	G4
6	Ryan Steele	Falkirk Victoria Harriers	9.53 (+1.7)	

U17M	Triple Jump	B string		
National Record: 14.70 Craig Duncan Meadowbank 7 Aug 82				
League Record: 13.96 Allan Scott (Victoria Park) 1998				
1	Craig Cameron	Inverness	11.65 (+2.0)	G4
2	Peter Loudon	Edinburgh AC	11.47 (+2.3)	G4
3	Chris Bonner	Giffnock North	10.93 (+1.9)	G4
4	James McLaren	Pitreavie AC	10.43 (+1.8)	
5	Jamie Kelly	Team Hippo	10.29 (+2.7)	

U17W	Discus	A string		
National Record: 44.34 Alison Grey Grangemouth 10 Jun 89				
League Record: 34.71 Alana Smith (Edinburgh Woollen Mill) 2000				
1	Kerri Cameron	Team Hippo	29.28	G2
2	Jacqueline Plain	Falkirk Victoria Harriers	26.47	G2
3	Phillipa Valente	Edinburgh AC	25.18	G3
4	Monica Carlin	Giffnock North	14.86	
5	Hannah Moultrie	VP Glasgow	14.45	
6	Lisa McAlpine	Pitreavie AC	14.12	
7	Rebecca Nicholson	Shettleston Harriers	11.54	

U17W	Discus	B string		
National Record: 44.34 Alison Grey Grangemouth 10 Jun 89				
League Record: 34.71 Alana Smith (Edinburgh Woollen Mill) 2000				
1	Natasha Morris	Team Hippo	27.74	G2
2	Nicky McMurtrie	Edinburgh AC	23.41	G3
3	Lauren Mather	Falkirk Victoria Harriers	13.98	
4	Ruth Wallace	Giffnock North	13.87	
5	Alison Innes	VP Glasgow	13.15	
6	Caitlin Greenhill	Shettleston Harriers	10.49	

U17W	Hammer 'A'	A string		
National Record: 48.94 Frances Miller Debrecen HUN 12 Jul 01				
League Record: 32.51 Katie Turnbull (Edinburgh AC) 2008				
1	Jacqueline Plain	Falkirk Victoria Harriers	42.25	G1
			New SYAL League Record	
2	Kate Turnbull	Edinburgh AC	33.84	G2
3	Kerri Cameron	Team Hippo	31.43	G2
4	Gillian Ross	Shettleston Harriers	17.69	

U17W	High Jump	A string		
National Record: 1.85 Jayne Barnetson Crawley 21 Jul 84				
League Record: 1.70 Erin Leggatte (City of Glasgow) 2005				
1	Morna Brown	Team Hippo	1.50	G4
2	Paula Gass	Inverness	1.45	
3	Emma Proctor	Giffnock North	1.40	
4	Sarah Watters	Edinburgh AC	1.40	
5	Christina Clark	VP Glasgow	1.35	
6	Isla Winchester	Pitreavie AC	1.30	

U17W	High Jump	B string		
National Record: 1.85 Jayne Barnetson Crawley 21 Jul 84				
League Record: 1.70 Erin Leggatte (City of Glasgow) 2005				
1	Ailsa Stewart	Giffnock North	1.35	
1	Sophie May Leyland	Team Hippo	1.35	
3	Sarah Gray	VP Glasgow	1.35	
4	Ailsa Mackie	Edinburgh AC	1.30	

U17W	Javelin	A string		
National Record: 41.76 Ashley Austin Grangemouth 29 Aug 04				
League Record: 38.54 Ashley Austin (City of Glasgow) 2003				
1	Nickie Mcurtrie	Edinburgh AC	31.81	G2
2	Paula Gass	Inverness	28.60	G3
3	Inga Woods	Team Hippo	28.08	G3
4	Alison Innes	VP Glasgow	14.00	
5	Lisa Mcalpine	Pitreavie AC	13.99	
6	Rachel Elliot	Shettleston Harriers	12.13	
7	Katie Mcknight	Giffnock North	11.69	

U17W	Javelin	B string		
National Record: 41.76 Ashley Austin Grangemouth 29 Aug 04				
League Record: 38.54 Ashley Austin (City of Glasgow) 2003				
1	Bethany Valente	Edinburgh AC	30.89	G2
2	Natasha Morris	Team Hippo	25.13	G3
3	Hannah Moultrie	VP Glasgow	13.09	
4	Ruth Wallace	Giffnock North	11.11	
5	Anna Robertson	Pitreavie AC	10.78	
6	Gillian Ross	Shettleston Harriers	9.35	

U17W	Long Jump	A string		
National Record: 6.14 Jade Nimmo Bedford 24 Jun 07				
League Record: 5.71 Kirsten Young (Aberdeen AAC) 2005				
1	Andrea Gaffney	VP Glasgow	5.44	(+4.4 G1)
2	Emma Brown	Giffnock North	4.88	(+1.7 G3)
3	Jennifer Arnot	Edinburgh AC	4.59	(+3.0 G4)
4	Allie Elphinstone	Team Hippo	4.43	(+3.1 G4)
5	Eilidh MacIannan	Inverness	4.06	(+2.5)
6	Kirsty Bennet	Shettleston Harriers	4.00	(+3.0)
7	Jacqueline Watson	Falkirk Victoria Harriers	3.74	(+3.4)

U17W	Long Jump	B string		
National Record: 6.14 Jade Nimmo Bedford 24 Jun 07				
League Record: 5.71 Kirsten Young (Aberdeen AAC) 2005				
1	Catherine Clark	VP Glasgow	4.49	(+1.6 G4)
2	Emma Dowd	Giffnock North	4.38	(+1.5)
3	Ailsa Mackie	Edinburgh AC	4.22	(+2.4)
4	Louise Maclean	Inverness	3.83	(+2.5)
5	Hannah Patterson	Team Hippo	3.64	(+2.0)
6	Laura Mcgeechan	Shettleston Harriers	3.01	(+2.7)

# National Grades Achieved - Sprint Events

## Grade 1

Age	Club	Name	Event	Performance
U13B	Giffnock North	Robert Moses	100m	12.56
U13B	Edinburgh AC	Ben Robbins	100m	12.67
U13B	Giffnock North	Robert Moses	200m	26.07
U13B	Edinburgh AC	Ben Robbins	200m	26.36
U15B	Shettleston Harriers	Ahmed Hassan	400m	51.25
U17M	Pitreavie AC	Anthony Young	400m	49.30
U17M	Edinburgh AC	Jay Younger	400m	51.34
U17W	VP Glasgow	Diane Ramsay	300m	41.36

## Grade 2

Age	Club	Name	Event	Performance
U13B	Inverness	Connel Macdonald	75m hurdles	13.72
U13G	Team Hippo	Kelly Gammack	150m	20.84
U13G	Edinburgh AC	Elizabeth Wells	150m	21.16
U15B	Giffnock North	Marc Russell	80m hurdles	12.07
U15B	VP Glasgow	John Mccall	80m hurdles	12.37
U15B	Edinburgh AC	Seumas Thomson	80m hurdles	12.42
U15B	Edinburgh AC	John Glen	200m	24.13
U15B	Team Hippo	Alasdair Summers	200m	24.70
U15B	Inverness	Calum Green	400m	54.82
U15B	Edinburgh AC	Keiran Reilly	400m	55.14
U15B	Giffnock North	Lewis Coultas	400m	55.86
U15B	Pitreavie AC	Robbie Cuthbert	400m	55.93
U17M	Giffnock North	Craig Walker	400m	51.61
U17M	Team Hippo	Rory MacLure	400m	52.49
U17M	Pitreavie AC	Ewan Dyer	400m	52.83
U17W	Giffnock North	Emma Brown	80m hurdles	11.95
U17W	Giffnock North	Katie McKnight	300m	42.56

# National Grades Achieved - Distance Events

## Grade 2

Age	Club	Name	Event	Performance
U13B	VP Glasgow	Liam Turner	800m	2:23.23
U13B	Shettleston Harriers	Ryan Flanagan	800m	2:27.25
U13B	Edinburgh AC	Josh Kerr	1500m	4:56.88
U13G	Edinburgh AC	Rosie Wilson	800m	2:31.63
U13G	Falkirk Victoria Harrie	Julie Hunter	800m	2:32.71
U13G	Falkirk Victoria Harrie	Natalie Mcleod	800m	2:33.94
U13G	Pitreavie AC	Vhairi McAtear	800m	2:34.74
U13G	Pitreavie AC	Eilidh Latimer	800m	2:35.36
U13G	Edinburgh AC	Emily Strathdee	800m	2:35.67
U13G	Shettleston Harriers	Myrtle Breckenridge	1200m	4:03.51
U13G	Edinburgh AC	Ali Hunter	1200m	4:06.10
U13G	Edinburgh AC	Hannah Cameron	1200m	4:07.78
U13G	Giffnock North	Chloe Cowan	1200m	4:08.55
U13G	Giffnock North	Helena Davison	1200m	4:08.58
U15B	Shettleston Harriers	Ahmed Hassan	800m	2:05.61
U15B	VP Glasgow	Max Aitchison	800m	2:07.05
U15B	Team Hippo	Thomas Day	800m	2:09.63
U15B	Falkirk Victoria Harrie	Gavin Weir	800m	2:11.16
U15B	Falkirk Victoria Harrie	Dale Colley	1500m	4:26.52
U15B	Giffnock North	Johnny Tweedie	1500m	4:30.83
U15B	VP Glasgow	Lewis Boyle	1500m	4:34.26
U15G	Edinburgh AC	Olivia Mackenzie	800m	2:24.37
U15G	Edinburgh AC	Blair Wood	800m	2:25.84
U15G	Shettleston Harriers	Stella Winters	1500m	4:48.69
U15G	Edinburgh AC	Olivia O'Hare	1500m	4:52.10
U15G	Edinburgh AC	Rachael Dunn	1500m	4:59.95
U15G	Pitreavie AC	Micaela Brown	1500m	5:01.63
U17M	Edinburgh AC	Peter Loudon	800m	2:00.55
U17M	Shettleston Harriers	Adam Drummond	1500m	4:13.61
U17M	Shettleston Harriers	Andrew Dearie	3000m	9:04.41
U17M	Giffnock North	Grant Muir	3000m	9:16.41
U17W	VP Glasgow	Sarah Potter	3000m	10:39.95
U17W	VP Glasgow	Deborah Hannah	3000m	10:41.00
U17W	Shettleston Harriers	Shannon McLellan	3000m	10:42.73

U17W	Edinburgh AC	Emily Dudgeon	800m	2:12.28
U17W	VP Glasgow	Hollie Young	800m	2:17.64
U17W	VP Glasgow	Hollie Young	1500m	4:43.96
U17W	Giffnock North	Maddie Murray	1500m	4:51.10
U17W	Pitreavie AC	Kathryn Pennel	1500m	4:52.98
U17W	Edinburgh AC	Samantha Blair	1500m	4:55.01

## National Grades Achieved - Field Events

### Grade 1

Age	Club	Name	Event	Performance
U13B	Edinburgh AC	Ben Robbins	Shot	10.27
U13B	Team Hippo	Thomas Morris Luxton	Shot	10.25
U13B	Falkirk Victoria Harrie	Ciaran Wright	Shot	9.45
U13B	Inverness	Connel Macdonald	High Jump	1.55
U13G	Edinburgh AC	Morayo Benson	Shot	8.21
U15G	Pitreavie AC	Gerelle Pasquin	Discus	29.23
U15G	Edinburgh AC	Naomi Symonds	Shot	10.46
U15G	Pitreavie AC	Gerelle Pasquin	Shot	10.08
U15G	Pitreavie AC	Kirsten Galbraith	Long Jump	5.29
U17M	Pitreavie AC	Ross McManus	Hammer 'A'	56.23
U17M	VP Glasgow	Chris Barnes	Discus	47.27
U17M	VP Glasgow	Chris Barnes	Shot	14.27
U17M	Inverness	Craig Cameron	Long Jump	6.84
U17M	Edinburgh AC	Corey Hastings	Long Jump	6.36
U17W	Falkirk Victoria Harrie	Jacqueline Plain	Hammer 'A'	42.25
U17W	VP Glasgow	Andrea Gaffney	Long Jump	5.44

### Grade 2

Age	Club	Name	Event	Performance
U13B	Inverness	Bruce Flockhart	Shot	8.59
U13B	Team Hippo	Craig Wares	Shot	8.16
U13B	Team Hippo	Craig Wares	High Jump	1.38
U13G	Shettleston Harriers	Rachel Scott	Shot	7.53
U13G	Edinburgh AC	Elizabeth Wells	Long Jump	4.31
U13G	Team Hippo	Kelly Gammack	Long Jump	4.26
U13G	Falkirk Victoria Harrie	Nicola Milne	Long Jump	4.23
U13G	Edinburgh AC	Katie Robertson	High Jump	1.35

U15B	Edinburgh AC	John King	Discus	33.32
U15B	VP Glasgow	Sam Adams	Pole Vault 'A'	3.00
U15G	Giffnock North	Nikki Manson	Javelin	26.83
U15G	Edinburgh AC	Kimberley Reed	Discus	22.72
U15G	Edinburgh AC	Naomi Symonds	Discus	22.42
U15G	VP Glasgow	Eilidh McEvelly	Shot	9.15
U15G	Edinburgh AC	Katie Logan	Shot	9.05
U15G	Edinburgh AC	Kirsty Mckean	Long Jump	4.89
U15G	Shettleston Harriers	Brogan Watt	Long Jump	4.76
U15G	Edinburgh AC	Katie Logan	Long Jump	4.74
U15G	Giffnock North	Nikki Manson	High Jump	1.60
U17M	Falkirk Victoria Harrie	Edmund Reid	Hammer 'A'	50.72
U17M	Pitreavie AC	Ross McManus	Discus	41.26
U17M	Team Hippo	Sam O'Kane	Discus	40.51
U17M	Pitreavie AC	Ross McManus	Shot	13.38
U17M	Pitreavie AC	Allen Smith	Triple Jump	12.44
U17M	Giffnock North	Matthew Kerr	Triple Jump	12.38
U17M	Edinburgh AC	Jordan Newport	Long Jump	6.05
U17W	Edinburgh AC	Kate Turnbull	Hammer 'A'	33.84
U17W	Edinburgh AC	Nickie Mcurtrie	Javelin	31.81
U17W	Team Hippo	Kerri Cameron	Hammer 'A'	31.43
U17W	Edinburgh AC	Bethany Valente	Javelin	30.89
U17W	Team Hippo	Kerri Cameron	Discus	29.28
U17W	Team Hippo	Natasha Morris	Discus	27.74
U17W	Falkirk Victoria Harrie	Jacqueline Plain	Discus	26.47
U17W	Edinburgh AC	Nicky McMurtrie	Shot	9.12
U17W	Team Hippo	Carly Kirkpatrick	Shot	8.99