

[Southern 1 - East Walthamstow Pool & Track](#)
[Sunday 31 May 2009](#)

FINAL MATCH SCORES AND POSITIONS



Posn	Points after	82 event(s)
1	Orion Harriers	387.0
2	Southend-on-Sea AC	375.0
3	Hastings AC	267.5
4	Eastbourne Rovers AC	248.5

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Southern 1 - East Walthamstow Pool & Track

				Perf	Wind	Records	Grades					Perf	Wind	Records	Grades
								Sunday, May 31 2009							
T32	U17M 100m 'A'			Wind=				U17M 100m 'B'				Wind=			
1	9	HARRY CLARKE	Eastbourne Rovers AC	12.10				1	10	TYRELL BERRY	Eastbourne Rovers AC	12.40			
2	25	ROHAN DOLPHY	Orion Harriers	12.20				2	26	CRAIG SCOTT	Orion Harriers	13.20			
3	29	TOM JEFFS	Southend-on-Sea AC	13.20				3	14	PETER SEACH	Hastings AC	14.40			
4	13	CRAIG HOWARD	Hastings AC	14.30				4							
T8	U17M 200m 'A'			Wind=				U17M 200m 'B'				Wind=			
1	9	HARRY CLARKE	Eastbourne Rovers AC	23.70		G4*		1	26	CHARLIE MAHER	Orion Harriers	25.40			
2	13	MARK WEST	Hastings AC	24.20				2	10	LAWRENCE ACKARY	Eastbourne Rovers AC	26.40			
3	25	ROHAN DOLPHY	Orion Harriers	24.20				3	14	PETER SEACH	Hastings AC	29.30			
4	29	OLIVER HEARD	Southend-on-Sea AC	26.30				4							
T25	U17M 400m 'A'							U17M 400m 'B'							
1	9	JONO KETTLEY	Eastbourne Rovers AC	52.80		G2*		1	14	AARON CAPPON	Hastings AC	56.00	G4		
2	13	MARK WEST	Hastings AC	54.80		G4		2	30	HARRY GROSE	Southend-on-Sea AC	56.60	G4		
3	29	LIAM PEOPLES	Southend-on-Sea AC	56.30		G4		3							
4	25	CHARLIE MAHER	Orion Harriers	56.90				4							
T14	U17M 800m 'A'							U17M 800m 'B'							
1	13	MAX THOMAS	Hastings AC	02:08.9				1	30	HARRY GROSE	Southend-on-Sea AC	02:11.8			
2	29	LUKE OLIVER	Southend-on-Sea AC	02:09.2				2	14	CHRIS EVERETT	Hastings AC	02:15.8			
3	25	AUB HALL	Orion Harriers	02:11.0				3	26	CRAIG SCOTT	Orion Harriers	02:29.1			
4	9	JONO KETTLEY	Eastbourne Rovers AC	02:12.7				4							
T37	U17M 1500m 'A'							U17M 1500m 'B'							
1	29	GEORGE MOXON	Southend-on-Sea AC	04:27.8		00		1	13	CHRIS EVERETT	Hastings AC	04:38.0	00		
2	25	AUB HALL	Orion Harriers	04:32.3		00		2	30	REYCE GILLARD	Southend-on-Sea AC	04:53.1	00		
3	14	AARON CAPPON	Hastings AC	04:34.8		00		3	26	JOSEPH GLYNN	Orion Harriers	05:45.4	00		
4	9	ED DODDS	Eastbourne Rovers AC	04:35.9		00		4							
T16	U17M 3000m 'A'							U17M 3000m 'B'							
1	14	CHRIS EVERETT	Hastings AC	11:03.0		00		1							
2	25	ELLIS BALL	Orion Harriers	11:35.6		00		2							
3								3							
4								4							
T2	U17M 400mH 'A'							U17M 400mH 'B'							
1	13	CRAIG HOWARD	Hastings AC	1.08.01				1							
2								2							
3								3							
4								4							
T23	U17M 100mh 'A'			Wind=				U17M 100mh 'B'				Wind=			
1	25	CRAIG CARTER	Orion Harriers	16.00				1	26	TOMMY BLACK	Orion Harriers	18.10			
2	29	CALLUM MCCLEAN	Southend-on-Sea AC	16.40				2							
3	13	CRAIG HOWARD	Hastings AC	20.60				3							
4								4							
T44	U17M 1500m S/Chase 'A'							U17M 1500m S/Chase 'B'							
1	13	MAX THOMAS	Hastings AC	05:11.8		G40		1	14	AARON CAPPON	Hastings AC	05:36.0	00		
2	25	JOSEPH GLYNN	Orion Harriers	06:40.8		00		2	26	NATHANIEL GLYNN	Orion Harriers	07:23.1	00		
3								3							
4								4							

* = AW Standards

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				Perf	Wind	Records Grades	Sunday, May 31 2009				Perf	Grades			
F2 U17M 5k Hammer 'A'								U17M 5k Hammer 'B'							
1	29	TOM JEFFS	Southend-on-Sea AC	38.63		G4*	1	26	NATHANIEL GLYNN	Orion Harriers	9.22				
2	25	BRADLEY BRYANT	Orion Harriers	25.09			2								
3							3								
4							4								
F9 U17M 1.5k Discus 'A'								U17M 1.5k Discus 'B'							
1	25	BRADLEY BRYANT	Orion Harriers	25.45			1	26	NATHANIEL GLYNN	Orion Harriers	15.29				
2							2								
3							3								
4							4								
F22 U17M 5k Shot 'A'								U17M 5k Shot 'B'							
1	25	BRADLEY BRYANT	Orion Harriers	10.84		G4	1	26	ROHAN DOLPHY	Orion Harriers	7.75				
2	9	TYRELL BERRY	Eastbourne Rovers AC	10.30			2								
3	29	TOM JEFFS	Southend-on-Sea AC	9.46			3								
4	13	STEVE MARTIN	Hastings AC	5.81			4								
F32 U17M 700g Javelin 'A'								U17M 700g Javelin 'B'							
1	29	LIAM PEOPLES	Southend-on-Sea AC	44.90		G3	1	30	CALLUM MCCLEAN	Southend-on-Sea AC	36.52				
2	13	STEVE MARTIN	Hastings AC	43.41		G3	2	26	JOSEPH GLYNN	Orion Harriers	15.96				
3	9	JONO KETTLEY	Eastbourne Rovers AC	37.86			3	10	ED DODDS	Eastbourne Rovers AC	13.17				
4	25	ELLIS BALL	Orion Harriers	19.20			4								
F13 U17M Pole Vault 'A'								U17M Pole Vault 'B'							
1	14	STEVE MARTIN	Hastings AC	2.80		G4									
F29 U17M High Jump 'A'								U17M High Jump 'B'							
1	25	TOMMY BLACK	Orion Harriers	1.80		G2*	1	26	CRAIG CARTER	Orion Harriers	1.50				
2	29	HARRY GROSE	Southend-on-Sea AC	1.50											
F17 U17M Long Jump 'A'								U17M Long Jump 'B'							
1	29	LIAM PEOPLES	Southend-on-Sea AC	5.57		G4	1	26	CRAIG SCOTT	Orion Harriers	4.92				
2	25	CHARLIE MAHER	Orion Harriers	5.39			2	10	LAWRENCE ACKARY	Eastbourne Rovers AC	4.33				
3	9	TYRELL BERRY	Eastbourne Rovers AC	5.27			3								
4	13	PETER SEACH	Hastings AC	3.05			4								
F34 U17M Triple Jump 'A'								U17M Triple Jump 'B'							
1	13	MAX THOMAS	Hastings AC	10.92			1	29	OLIVER HEARD	Southend-on-Sea AC	10.15				
2	30	LUKE OLIVER	Southend-on-Sea AC	10.20			2	14	ROSS SKELTON	Hastings AC	8.54				
3	25	ELLIS BALL	Orion Harriers	8.76			3								
4							4								
T30 U15B 100m 'A'				Wind=				U15B 100m 'B'				Wind=			
1	29	TOM WATTS	Southend-on-Sea AC	12.10		G3*	1	14	JAMIE ELLIS	Hastings AC	12.40		G4*		
2	25	AARON GLASGOW	Orion Harriers	12.20		G4*	2	30	MITCHELL TURFFREY	Southend-on-Sea AC	12.60		*		
3	9	JOEL HARVEY	Eastbourne Rovers AC	12.70		*	3	10	MATT GINO	Eastbourne Rovers AC	13.60				
4	13	ADAM NASH	Hastings AC	13.70			4	26	PAUL INKPEN	Orion Harriers	14.90				

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T6	U15B 200m 'A'				Wind=			U15B 200m 'B'					Wind=		
1	25	AARON GLASGOW	Orion Harriers	25.10		G4*		1	14	JAMIE ELLIS	Hastings AC	25.20		G4*	
2	9	JOEL HARVEY	Eastbourne Rovers AC	25.50		G4		2	30	MITCHELL TURFFREY	Southend-on-Sea AC	25.80			
3	29	KYLE MARSHALL	Southend-on-Sea AC	25.80				3	10	ALEX VOSS HILLIER	Eastbourne Rovers AC	25.90			
4	13	ADAM NASH	Hastings AC	28.10				4	26	JONAH ROSS	Orion Harriers	27.90			
T24	U15B 400m 'A'							U15B 400m 'B'							
1	13	JAMIE ELLIS	Hastings AC	56.70		G3*		1	26	BEN SILVERSTONE	Orion Harriers	1.0.2			
2	29	ALEX MASTERSON	Southend-on-Sea AC	57.20		G4		2	30	SCOTT TANSLEY	Southend-on-Sea AC	1.0.8			
3	25	FAIZ BAPIKKEE	Orion Harriers	57.70		G4		3	14	SAM GARLAND	Hastings AC	1.01.8			
4								4	10	JONNY WHITE	Eastbourne Rovers AC	1.04.5			
T12	U15B 800m 'A'							U15B 800m 'B'							
1	29	ALEX MASTERSON	Southend-on-Sea AC	02:10.9		G3*		1	10	LUKE MCWILTON	Eastbourne Rovers AC	02:19.6			
2	9	KEITH ALGAR	Eastbourne Rovers AC	02:13.7		G4		2	26	TIM CARTER	Orion Harriers	02:20.4			
3	25	BEN SILVERSTONE	Orion Harriers	02:17.5		G4		3	30	ROB FRITH	Southend-on-Sea AC	02:20.5			
4	13	SAM GARLAND	Hastings AC	02:30.3				4							
T35	U15B 1500m 'A'							U15B 1500m 'B'							
1	29	OLIVER KYRIAKIDES	Southend-on-Sea AC	04:41.5		G40		1	30	JOSH HEGARTY	Southend-on-Sea AC	05:10.0	00		
2	9	JONNY WHITE	Eastbourne Rovers AC	05:00.9		00		2	10	JOE RUSSELL	Eastbourne Rovers AC	05:11.8	00		
3	13	JAMES WESTON	Hastings AC	05:14.8		00		3	25	ALBERIC HALL	Orion Harriers	05:30.6	00		
4	26	JESS TAYLOR	Orion Harriers	05:20.4		00		4	14	RYAN HIGGS	Hastings AC	05:44.2	00		
T21	U15B 800m 'A'				Wind=			U15B 800m 'B'					Wind=		
1	29	TOM WATTS	Southend-on-Sea AC	12.20		G1*		1	30	PAUL MCCLUSKEY	Southend-on-Sea AC	13.00		G4*	
2	9	ALEX VOSS HILLIER	Eastbourne Rovers AC	13.20		G4		2	14	JOE RODRIGUEZ	Hastings AC	14.90			
3	25	PAUL INKPEN	Orion Harriers	16.50				3	10	MATT GINO	Eastbourne Rovers AC	15.20			
4	13	RYAN HIGGS	Hastings AC	19.40				4	26	ANDREW ADAMS	Orion Harriers	15.70			
F1	U15B 4k Hammer 'A'							U15B 4k Hammer 'B'							
1	10	ISAAC FRANCIS	Eastbourne Rovers AC	28.54		G4		1	9	ED ROGERS	Eastbourne Rovers AC	22.69			
2	25	JESS TAYLOR	Orion Harriers	18.61				2	26	JACK WALLER	Orion Harriers	10.43			
3								3							
4								4							
F8	U15B 1.25k Discus 'A'							U15B 1.25k Discus 'B'							
1	9	ED ROGERS	Eastbourne Rovers AC	20.88				1	25	ALBERIC HALL	Orion Harriers	17.57			
2	26	LEWIS FRANKLIN	Orion Harriers	18.72				2	29	SCOTT TANSLEY	Southend-on-Sea AC	15.29			
3	30	KYLE MARSHALL	Southend-on-Sea AC	17.42				3	10	JOE RUSSELL	Eastbourne Rovers AC	13.85			
4								4							
F23	U15B 4.00k Shot 'A'							U15B 4.00k Shot 'B'							
1	9	ED ROGERS	Eastbourne Rovers AC	10.29		G4		1	30	KYLE MARSHALL	Southend-on-Sea AC	9.10			
2	25	JASON ONYECHIE	Orion Harriers	9.77				2	10	ISAAC FRANCIS	Eastbourne Rovers AC	8.95			
3	29	TOM WATTS	Southend-on-Sea AC	9.71				3	26	LEWIS FRANKLIN	Orion Harriers	7.28			
4								4							
F33	U15B 600g Javelin 'A'							U15B 600g Javelin 'B'							
1	9	KEITH ALGAR	Eastbourne Rovers AC	28.20				1	30	ROB FRITH	Southend-on-Sea AC	14.87			
2	25	LEWIS FRANKLIN	Orion Harriers	21.38				2	26	JACK WALLER	Orion Harriers	8.08			
3	29	PAUL MCCLUSKEY	Southend-on-Sea AC	20.02				3							
4								4							

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F16 U15B Long Jump 'A'

1	9	MATT GINO	Eastbourne Rovers AC	4.59
2	25	FAIZ BAPIKEE	Orion Harriers	4.58
3	29	MITCHELL TURFFREY	Southend-on-Sea AC	4.57
4	13	ADAM NASH	Hastings AC	4.29

U15B Long Jump 'B'

1	14	JOE RODRIGUEZ	Hastings AC	4.27
2	26	PAUL INKPEN	Orion Harriers	4.24
3	10	JONNY WHITE	Eastbourne Rovers AC	3.80
4				

F28 U15B High Jump 'A'

1	29	PAUL MCCLUSKEY	Southend-on-Sea AC	1.55	G4
2	9	KEITH ALGAR	Eastbourne Rovers AC	1.55	G4
3	13	SAM GARLAND	Hastings AC	1.40	
4	25	JACK CRATHERN	Orion Harriers	1.35	

U15B High Jump 'B'

1	30	SCOTT TANSLEY	Southend-on-Sea AC	1.50
2	10	LUKE MCWILTON	Eastbourne Rovers AC	1.40
3	26	ANDREW ADAMS	Orion Harriers	1.30
4	14	RYAN HIGGS	Hastings AC	1.25

F12 U15B Pole Vault 'A'

1	29	OLIVER KYRIAKIDES	Southend-on-Sea AC	2.50	G3*
2	13	TATLOR KEELEY	Hastings AC	2.00	
3	9	ISAAC FRANCIS	Eastbourne Rovers AC	1.90	
4	25	BEN LAWRENCE	Orion Harriers	1.90	

U15B Pole Vault 'B'

1	30	ROB FRITH	Southend-on-Sea AC	2.40	G4
2	26	JACK WALLER	Orion Harriers	1.70	

T28 U13B 100m 'A'

Wind=

1	13	KOBE GRIFFITH	Hastings AC	13.90	G4
2	25	DARNELL SHAKES	Orion Harriers	14.20	
3	29	LUKE SAVILLE	Southend-on-Sea AC	15.00	
4					

U13B 100m 'B'

Wind=

1	26	GEORGE VIEIRA	Orion Harriers	14.90
2	14	LUCA POLA	Hastings AC	15.20
3	30	ZACH INWOOD	Southend-on-Sea AC	16.10
4				

T4 U13B 200m 'A'

Wind=

1	25	DARNELL SHAKES	Orion Harriers	29.60
2	13	KOBE GRIFFITH	Hastings AC	29.70
3	29	LUKE SAVILLE	Southend-on-Sea AC	29.90
4				

U13B 200m 'B'

Wind=

1	26	GEORGE VIEIRA	Orion Harriers	29.90
2	14	LUCA POLA	Hastings AC	31.40
3	30	JOSH MANN	Southend-on-Sea AC	33.10
4				

T10 U13B 800m 'A'

1	25	CALLUM MCLARTY	Orion Harriers	02:35.2	G4
2	29	ZACH INWOOD	Southend-on-Sea AC	02:46.0	
3	13	ALFIE JEFFERY	Hastings AC	02:54.3	
4	9	RORY BURGESS	Eastbourne Rovers AC	03:30.7	

U13B 800m 'B'

1	26	CHARLIE WESTON	Orion Harriers	02:43.5
2	30	EDWARD MORGAN	Southend-on-Sea AC	03:00.1
3				
4				

T33 U13B 1500m 'A'

1	9	JAKE ALGAR	Eastbourne Rovers AC	04:55.8	G2*
2	29	JOSH MANN	Southend-on-Sea AC	05:00.0	G2*
3	13	ANTONY DONALDSON	Hastings AC	05:11.5	G40
4	25	TOM HUTCHISON	Orion Harriers	05:15.1	G40

U13B 1500m 'B'

1	10	CHARLIE SCATES	Eastbourne Rovers AC	05:13.4	G40
2	30	LAWRENCE WILLMORE	Southend-on-Sea AC	05:14.0	G40
3	26	SAMUEL GLYNN	Orion Harriers	05:24.0	00
4					

T17 U13B 75mh 'A'

Wind=

1	25	HANIF HENRY	Orion Harriers	14.60	G4
2	13	DAN MARTINA	Hastings AC	15.90	
3	29	JOSH MANN	Southend-on-Sea AC	17.90	
4	9	RORY BURGESS	Eastbourne Rovers AC	18.00	

U13B 75mh 'B'

Wind=

1	26	CHARLIE WESTON	Orion Harriers	17.00
2	14	ALFIE JEFFERY	Hastings AC	18.09
3				
4				

F15 U13B 3.25k Shot 'A'

1	26	GEORGE VIEIRA	Orion Harriers	6.05
2	29	ZACH INWOOD	Southend-on-Sea AC	5.53
3	14	ANTONY DONALDSON	Hastings AC	5.05
4	9	CHARLIE SCATES	Eastbourne Rovers AC	4.74

U13B 3.25k Shot 'B'

1	25	DARNELL SHAKES	Orion Harriers	5.96
2	13	LUCA POLA	Hastings AC	4.89
3	30	EDWARD MORGAN	Southend-on-Sea AC	3.87
4				

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F25 U13B Long Jump 'A'

1	25	HANIF HENRY	Orion Harriers	4.36	G3
2	13	KOBE GRIFFITH	Hastings AC	4.29	G4
3	29	LUKE SAVILLE	Southend-on-Sea AC	3.93	
4	9	JAKE ALGAR	Eastbourne Rovers AC	3.59	

U13B Long Jump 'B'

1	14	DAN MARTINA	Hastings AC	3.74
2	26	CHARLIE WESTON	Orion Harriers	3.28
3	30	LAWRENCE WILLMORE	Southend-on-Sea AC	3.15
4	10	RORY BURGESS	Eastbourne Rovers AC	2.21

F6 U13B High Jump 'A'

1=	29	LAWRENCE WILLMORE	Southend-on-Sea AC	1.25
1=	9	JAKE ALGAR	Eastbourne Rovers AC	1.25
3	13	ALFIE JEFFERY	Hastings AC	1.20

U13B High Jump 'B'

1	10	CHARLIE SCATES	Eastbourne Rovers AC	1.15
2	14	DAN MARTINA	Hastings AC	1.10

T31 U17W 100m 'A'

Wind=

1	9	JOANNA MORGAN	Eastbourne Rovers AC	13.0	G4*
2	29	SIAN MCCRORY	Southend-on-Sea AC	13.6	
3	25	ROSEANNE	Orion Harriers	13.8	
4	13	-	Hastings AC	14.5	

U17W 100m 'B'

Wind=

1	10	NATALIE HERBERT	Eastbourne Rovers AC	13.9
2	30	LEANNE MCCRORY	Southend-on-Sea AC	14.1
3				
4				

T7 U17W 200m 'A'

Wind=

1	9	JOANNA MORGAN	Eastbourne Rovers AC	26.4	G3*
2	29	SIAN MCCRORY	Southend-on-Sea AC	27.8	
3	25	ROSEANNE	Orion Harriers	27.9	
4	13	AMY MCCARTHY	Hastings AC	28.2	

U17W 200m 'B'

Wind=

1	10	ZARA SASSON MUNNS	Eastbourne Rovers AC	27.6
2	30	ALEX DEAN	Southend-on-Sea AC	28.1
3	26	JESSICA KIPPS	Orion Harriers	29.6
4	14	JAMILA SMIKLE	Hastings AC	31.5

T26 U17W 300m 'A'

1	29	AMY MCDONALD	Southend-on-Sea AC	42.8	G3*
2	9	EMMA NOEL	Eastbourne Rovers AC	48.0	
3	25	JESSICA KIPPS	Orion Harriers	48.8	
4					

U17W 300m 'B'

1	10	ZARA SASSON MUNNS	Eastbourne Rovers AC	44.8	*
2	30	BIANCA ASHBROOK	Southend-on-Sea AC	45.4	
3	26	MELISSA TIMPSON	Orion Harriers	48.8	
4					

T13 U17W 800m 'A'

1	13	STACEY CLUSTER	Hastings AC	02:29.0
2	29	HOLLY GILLARD	Southend-on-Sea AC	02:55.6
3				
4				

U17W 800m 'B'

1				
2				
3				
4				

T36 U17W 1500m 'A'

1	25	LAUREN MACGREGOR	Orion Harriers	05:17.5	00
2	29	HOLLY GILLARD	Southend-on-Sea AC	05:42.6	00
3					
4					

U17W 1500m 'B'

1				
2				
3				
4				

T19 U17W 3000m 'A'

1	26	JAY ANDREWS	Orion Harriers	10:51.7	G3*
2	13	STACEY CLUSTER	Hastings AC	10:55.0	G3*
3					
4					

U17W 3000m 'B'

1	25	LAUREN MACGREGOR	Orion Harriers	11:02.3	G40
2					
3					
4					

T20 U17W 80m 'A'

Wind=

1	29	ELEANOR EVANS	Southend-on-Sea AC	12.3	G2*
2	9	ELLIE LAMBERT	Eastbourne Rovers AC	13.4	G4
3					
4					

U17W 80m 'B'

Wind=

1	30	NATALIE WOODHOUSE	Southend-on-Sea AC	13.3	G4
2	10	EMMA NOEL	Eastbourne Rovers AC	13.8	G4
3					
4					

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T1	U17W 300mH 'A'				U17W 300mH 'B'			
1	13	AMY MCCARTHY	Hastings AC	48.9	G4*	1		
2	9	EMMA NOEL	Eastbourne Rovers AC	52.9		2		
3						3		
4						4		
F3	U17W 4k Hammer 'A'				U17W 4k Hammer 'B'			
1	13	LISA NORMOYLE	Hastings AC	22.03		1	25	MELISSA TIMPSON Orion Harriers 2.86
2	26	AMY JUNG	Orion Harriers	14.67		2		
3						3		
4						4		
F20	U17W 1.0k Discus 'A'				U17W 1.0k Discus 'B'			
1	13	LISA NORMOYLE	Hastings AC	27.55	G4*	1	29	MOLLY SHORT Southend-on-Sea AC 16.52
2	30	ALEX DEAN	Southend-on-Sea AC	21.44		2	25	JESSICA KIPPS Orion Harriers 13.71
3	9	LAUREN ALIYMOHAMMED	Eastbourne Rovers AC	20.91		3		
4	26	LAUREN PEREIRA	Orion Harriers	16.34		4		
F31	U17W 4k Shot 'A'				U17W 4k Shot 'B'			
1	29	MOLLY SHORT	Southend-on-Sea AC	9.34	G3*	1	30	ELEANOR EVANS Southend-on-Sea AC 6.56
2	13	LISA NORMOYLE	Hastings AC	7.89		2	10	JOANNA MORGAN Eastbourne Rovers AC 6.14
3	9	LAUREN ALIYMOHAMMED	Eastbourne Rovers AC	6.79		3		
4						4		
F26	U17W 600g Javelin 'A'				U17W 600g Javelin 'B'			
1	9	LAUREN ALIYMOHAMMED	Eastbourne Rovers AC	37.26	G1*	1	29	MOLLY SHORT Southend-on-Sea AC 17.37
2	13	STACEY CLUSTER	Hastings AC	18.72		2		
3	30	NATALIE WOODHOUSE	Southend-on-Sea AC	18.25		3		
4	25	LAUREN PEREIRA	Orion Harriers	14.09		4		
F5	U17W Long Jump 'A'				U17W Long Jump 'B'			
1	9	ELLIE LAMBERT	Eastbourne Rovers AC	4.37		1	30	LEANNE MCCRORY Southend-on-Sea AC 3.66
2	13	JAMILA SMIKLE	Hastings AC	4.02		2	10	NATALIE HERBERT Eastbourne Rovers AC 3.49
3	25	ROSEANNE	Orion Harriers	3.97		3	26	AMY JUNG Orion Harriers 3.23
4	29	MEG KELLY	Southend-on-Sea AC	3.87		4		
F35	U17W Triple Jump 'A'				U17W Triple Jump 'B'			
1	25	MELISSA TIMPSON	Orion Harriers	7.51		1		
2						2		
3						3		
4						4		
F19	U17W High Jump 'A'				U17W High Jump 'B'			
1	29	ELEANOR EVANS	Southend-on-Sea AC	1.58	G3*	1	30	NATALIE WOODHOUSE Southend-on-Sea AC 1.55 G3*
2	9	ELLIE LAMBERT	Eastbourne Rovers AC	1.50	G4			
3	13	AMY MCCARTHY	Hastings AC	1.40				
F11	U17W Pole Vault 'A'				U17W Pole Vault 'B'			

*= AW Standards

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				Perf	Wind	Records	Grades					Perf	Wind	Records	Grades
								Sunday, May 31 2009							
T29	U15G 100m 'A'				Wind=			U15G 100m 'B'					Wind=		
1	9	MIA HARVEY	Eastbourne Rovers AC	13.8				1	14	KALINA STONE	Hastings AC	13.8			
2	25	LEAH ALLEYNE WALLACE	Orion Harriers	14.2				2	26	EVIE PADMORE	Orion Harriers	13.9			
3	29	RONI HAUSE	Southend-on-Sea AC	14.8				3	10	FRANCES LYTHGO SMITH	Eastbourne Rovers AC	14.0			
4	13	SKY HAMILTON BROWN	Hastings AC	15.0				4	30	HANNAH MASLEN	Southend-on-Sea AC	14.4			
T5	U15G 200m 'A'				Wind=			U15G 200m 'B'					Wind=		
1	9	MIA HARVEY	Eastbourne Rovers AC	27.5		G4*		1	26	CHANNON BRAMWELL	Orion Harriers	29.7			
2	29	SOPHIE JARVIS	Southend-on-Sea AC	28.6				2	30	AIMEE GARNETT	Southend-on-Sea AC	29.7			
3	25	NIKITA SARTORI SIGRIST	Orion Harriers	28.9				3	10	SOPHIE HUNNISETT	Eastbourne Rovers AC	31.2			
4	13	SKY HAMILTON BROWN	Hastings AC	29.5				4	14	CHLOE REED	Hastings AC	33.0			
T11	U15G 800m 'A'							U15G 800m 'B'							
1	29	JESS MEAD	Southend-on-Sea AC	02:29.9		G4		1	30	EMILY CROW	Southend-on-Sea AC	02:37.0			
2	25	CHARLOTTE MATTHAMS	Orion Harriers	02:38.6				2	10	RACHEL NOEL	Eastbourne Rovers AC	02:54.8			
3	9	SOPHIE HUNNISETT	Eastbourne Rovers AC	02:44.0				3	14	CHLOE REED	Hastings AC	02:59.1			
4	13	LAUREN ELLIS	Hastings AC	02:46.4				4	26	ISOBEL BARRY	Orion Harriers	03:03.1			
T34	U15G 1500m 'A'							U15G 1500m 'B'							
1	29	AIMEE GARNETT	Southend-on-Sea AC	05:03.0		G3*		1	30	CHLOE WILLIAMS	Southend-on-Sea AC	05:32.0	00		
2	13	GRACE BAKER	Hastings AC	05:07.1		G4*		2							
3	9	JAMIE STREET	Eastbourne Rovers AC	05:34.8		00		3							
4	25	ARMANNI ANTOINE CHAG/	Orion Harriers	07:26.0		00		4							
T18	U15G 75mh 'A'				Wind=			U15G 75mh 'B'					Wind=		
1	25	NIKITA SARTORI SIGRIST	Orion Harriers	12.9		G4		1	26	ISOBEL BARRY	Orion Harriers	16.9			
2	29	SOPHIE JARVIS	Southend-on-Sea AC	13.0		G4		2	14	CHLOE REED	Hastings AC	17.0			
3	13	KALINA STONE	Hastings AC	16.3				3							
4								4							
F4	U15G Long Jump 'A'							U15G Long Jump 'B'							
1	9	FRANCES LYTHGO SMITH	Eastbourne Rovers AC	4.43		G4		1	26	ISOBEL BARRY	Orion Harriers	3.89			
2	29	EMILY CROW	Southend-on-Sea AC	4.15				2	10	JAMIE STREET	Eastbourne Rovers AC	3.61			
3	25	LEAH ALLEYNE WALLACE	Orion Harriers	3.96				3	30	CHLOE WILLIAMS	Southend-on-Sea AC	3.30			
4	14	LAUREN ELLIS	Hastings AC	3.51				4	13	SKY HAMILTON BROWN	Hastings AC	3.20			
F18	U15G High Jump 'A'							U15G High Jump 'B'							
1	9	KATIE LAMBERT	Eastbourne Rovers AC	1.60		G1*		1	10	RACHEL NOEL	Eastbourne Rovers AC	1.35			
2=	29	SOPHIE JARVIS	Southend-on-Sea AC	1.15				2	14	-	Hastings AC	1.30			
2=	13	KALINA STONE	Hastings AC	1.15				3	30	EMILY CROW	Southend-on-Sea AC	1.30			
F10	U15G Pole Vault 'A'						LR MR	U15G Pole Vault 'B'							
1	25	INDIA WELLINGS	Orion Harriers	2.50		FALSE									
2	13	GRACE BAKER	Hastings AC	1.80		FALSE									
F21	U15G 1.00k Discus 'A'							U15G 1.00k Discus 'B'							
1	25	CHIOMA ONYECHE	Orion Harriers	21.66		G4		1	30	CHLOE WILLIAMS	Southend-on-Sea AC	8.75			
2	9	KARA FITZGERALD	Eastbourne Rovers AC	14.08				2							
3	29	RONI HAUSE	Southend-on-Sea AC	13.41				3							
4								4							

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				Perf	Wind	Records	Grades	<u>Sunday, May 31 2009</u>				Perf	Grades
F27 U15G 600g Javelin 'A'								U15G 600g Javelin 'B'					
1	10	KATIE LAMBERT	Eastbourne Rovers AC	23.15		G4		1	26	INDIA WELLINGS	Orion Harriers	15.39	
2	25	EVIE PADMORE	Orion Harriers	16.70				2	9	KARA FITZGERALD	Eastbourne Rovers AC	13.84	
3	29	JESS MEAD	Southend-on-Sea AC	13.19				3	30	AIMEE GARNETT	Southend-on-Sea AC	12.06	
4	13	GRACE BAKER	Hastings AC	11.13				4	14	LAUREN ELLIS	Hastings AC	9.63	
F30 U15G 3.25k Shot 'A'								U15G 3.25k Shot 'B'					
1	25	CHIOMA ONYECHÉ	Orion Harriers	7.53				1	9	KARA FITZGERALD	Eastbourne Rovers AC	7.13	
2	10	KATIE LAMBERT	Eastbourne Rovers AC	7.40				2	26	CHANNON BRAMWELL	Orion Harriers	6.47	
3	29	RONI HAUSE	Southend-on-Sea AC	6.17				3	30	JESS MEAD	Southend-on-Sea AC	3.92	
4								4					
T27 U13G 75m 'A'				Wind=				U13G 75m 'B'				Wind=	
1	29	TINASHE MATSURE	Southend-on-Sea AC	10.7		G3*		1	30	OLIVIA SMITH	Southend-on-Sea AC	10.7	G3*
2	25	AMY RICHARDS	Orion Harriers	11.6				2	26	MARIE MODLIAR	Orion Harriers	12.8	
3	13	BECKY HAGGAR	Hastings AC	12.3				3	14	JODIE RANDALL	Hastings AC	13.1	
4								4					
T3 U13G 150m 'A'				Wind=				U13G 150m 'B'				Wind=	
1	29	TINASHE MATSURE	Southend-on-Sea AC	20.7		G2*		1	30	ABIGAIL FRITH	Southend-on-Sea AC	21.3	G3*
2	25	AMY RICHARDS	Orion Harriers	21.8		G4*		2	26	MADELINE CARR	Orion Harriers	22.7	
3	13	ZOE BOTTING	Hastings AC	26.2				3	14	JODIE RANDALL	Hastings AC	25.9	
4								4					
T9 U13G 800m 'A'								U13G 800m 'B'					
1	25	GEORGIA TUCKFIELD	Orion Harriers	02:40.8		G4		1	30	LUCY KIDWELL	Southend-on-Sea AC	02:42.0	G4
2	13	KATIE GARLAND	Hastings AC	02:42.4		G4		2	14	IZZY GILES	Hastings AC	03:05.5	
3	29	EMMA JARVIS	Southend-on-Sea AC	02:53.0				3	26	JOELLE EWEN	Orion Harriers	03:13.0	
4	9	HEIDI BURGESS	Eastbourne Rovers AC	03:29.0				4					
T22 U13G 1200m 'A'								U13G 1200m 'B'					
1	13	LOUISE NASH	Hastings AC	04:17.8		G4*		1	26	AMIKIA HALL	Orion Harriers	04:51.0	00
2	25	SYDNEY TAYLOR	Orion Harriers	04:21.4		G40		2	14	ZOE BOTTING	Hastings AC	05:26.4	00
3								3					
4								4					
T15 U13G 70mh 'A'				Wind=				U13G 70mh 'B'				Wind=	
1	29	ABIGAIL FRITH	Southend-on-Sea AC	12.4		G2*		1	30	KERRY MCCRORY	Southend-on-Sea AC	14.6	
2	13	BECKY HAGGAR	Hastings AC	15.1				2	26	MADELINE CARR	Orion Harriers	16.8	
3	25	LIZZIE PEATTIE	Orion Harriers	15.1				3	14	LOUISE NASH	Hastings AC	16.8	
4								4					
F7 U13G High Jump 'A'								U13G High Jump 'B'					
1	13	KATIE GARLAND	Hastings AC	1.40		G1*		1	30	KERRY MCCRORY	Southend-on-Sea AC	1.10	
2	25	LIZZIE PEATTIE	Orion Harriers	1.25		G4		2	26	MARIE MODLIAR	Orion Harriers	1.05	
3	29	EMMA JARVIS	Southend-on-Sea AC	1.15									
4	9	HEIDI BURGESS	Eastbourne Rovers AC	1.05									
F24 U13G Long Jump 'A'								U13G Long Jump 'B'					
1	13	KATIE GARLAND	Hastings AC	4.13		G3		1	29	OLIVIA SMITH	Southend-on-Sea AC	3.88	G4
2	30	ABIGAIL FRITH	Southend-on-Sea AC	4.11		G3		2	26	GEORGIA TUCKFIELD	Orion Harriers	3.62	
3	25	AMY RICHARDS	Orion Harriers	3.78		G4		3	14	IZZY GILES	Hastings AC	3.55	
4	9	HEIDI BURGESS	Eastbourne Rovers AC	2.77				4					

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Perf
Wind
Records
Grades

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Perf
Grades

F14 U13G 2.72k Shot 'A'

	Perf	Wind	Records	Grades
1	30	TINASHE MATSURE	Southend-on-Sea AC	6.27
2	25	JOELLE EWEN	Orion Harriers	4.89
3	13	ZOE BOTTING	Hastings AC	4.36
4				

U13G 2.72k Shot 'B'

	Perf	Wind	Records	Grades
1	29	EMMA JARVIS	Southend-on-Sea AC	6.09
2	26	REBECCA WIGGINS	Orion Harriers	4.68
3	14	JODIE RANDALL	Hastings AC	4.24
4				

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Perf
Wind
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Perf
Grades

T43 17M 4x100m

1	25	Orion Harriers	CRAIG CARTER	AUB HALL	TOMMY BLACK	ROHAN DOLPHY	48.40
2	29	Southend-on-Sea AC	TOM JEFFS	HARRY GROSE	LIAM PEOPLES	CALLUM MCCLEAN	49.40
3	9	Eastbourne Rovers AC	HARRY CLARKE	LAWRENCE ACKARY	TYRELL BERRY	RUPERT PORPORA	49.60
4	13	Hastings AC	PETER SEACH	STEVE MARTIN	CRAIG HOWARD	AARON CAPPON	54.20

T47 17M 4x400m

1	13	Hastings AC	ROSS SKELTON	MAX THOMAS	MARK WEST	CHRIS EVERETT	03:47.80 *
2	29	Southend-on-Sea AC	OLIVER HEARD	LUKE OLIVER	CALLUM MCCLEAN	GEORGE MOXON	03:53.40 *
3	25	Orion Harriers	CRAIG SCOTT	-	ELLIS BALL	AUB HALL	04:01.10
4							

T41 15B 4x100m

1	29	Southend-on-Sea AC	TOM WATTS	KYLE MARSHALL	SCOTT TANSLEY	MITCHELL TURFFREY	50.00 *
2	13	Hastings AC	ADAM NASH	JAMIE ELLIS	JOE RODRIGUEZ	SAM GARLAND	51.50
3	9	Eastbourne Rovers AC	JOE RUSSELL	ALEX VOSS HILLIER	MATT GINO	JOEL HARVEY	52.30
4	25	Orion Harriers	JACK WALLER	FAIZ BAPIKEE	PAUL INKPEN	AARON GLASGOW	54.30

T46 15B 4x400m

1	29	Southend-on-Sea AC	OLIVER KYRIAKIDES	ROB FRITH	PAUL MCCLUSKEY	ALEX MASTERSON	04:07.20
2	25	Orion Harriers	BEN SILVERSTONE	AARON GLASGOW	TIM CARTER	JESS TAYLOR	04:11.10
3	9	Eastbourne Rovers AC	JOE RUSSELL	KEITH ALGAR	JONNY WHITE	JOEL HARVEY	04:22.60
4							

T39 13B 4x100m

1	25	Orion Harriers	HANIF HENRY	GEORGE VIEIRA	CALLUM MCLARTY	DARNELL SHAKES	57.80
2	13	Hastings AC	DAN MARTINA	LUCA POLA	KOBE GRIFFITH	ALFIE JEFFERY	60.80
3	29	Southend-on-Sea AC	ZACH INWOOD	JOSH MANN	LAWRENCE WILLMORE	LUKE SAVILLE	61.50
4							

T42 17W 4x100m

1	9	Eastbourne Rovers AC	EMMA NOEL	JOANNA MORGAN	NATALIE HERBERT	ZARA SASSON MUNNS	52.10 *
2	29	Southend-on-Sea AC	ELEANOR EVANS	SIAN MCCRORY	LEANNE MCCRORY	AMY MCDONALD	52.80 *
3	25	Orion Harriers	MELISSA TIMPSON	AMY JUNG	ROSEANNE	TIA	57.30
4							

T45 17W 4x300m

1	29	Southend-on-Sea AC	ALEX DEAN	BIANCA ASHBROOK	MEG KELLY	NATALIE WOODHOUSE	03:09.70
2	25	Orion Harriers	JESSICA KIPPS	JAY ANDREWS	LAUREN MACGREGOR	LAUREN PEREIRA	03:10.60
3	13	Hastings AC	STACEY CLUSTER	LISA NORMOYLE	AMY MCCARTHY	JAMILA SMIKLE	03:35.40
4							

T40 15G 4x100m

1	25	Orion Harriers	NIKITA SARTORI	SIGRI EVIE PADMORE	LEAH ALLEYNE WALLACE	CHANNON BRAMWELL	54.90
2	9	Eastbourne Rovers AC	FRANCES LYTHGO	SM MIA HARVEY	RACHEL NOEL	KATIE LAMBERT	56.00
3	29	Southend-on-Sea AC	JESS MEAD	SOPHIE JARVIS	HANNAH MASLEN	RONI HAUSE	57.30
4	13	Hastings AC	SKY HAMILTON BROW	GRACE BAKER	-	-	58.80

T38 13G 4x100m

1	29	Southend-on-Sea AC	OLIVIA SMITH	ABIGAIL FRITH	KERRY MCCRORY	TINASHE MATSURE	56.40 *
2	13	Hastings AC	BECKY HAGGAR	LOUISE NASH	KATIE GARLAND	IZZY GILES	61.80
3	25	Orion Harriers	LIZZIE PEATTIE	GEORGIA TUCKFIELD	SYDNEY TAYLOR	AMY RICHARDS	62.40
4							

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Events	Orion		S'end		Ebne		Hast							Unused	T	
	25		29		9		13									
17M 100m	3.0	3.0	2.0		4.0	4.0	1.0	2.0						1	20	
17M 200m	2.0	4.0	1.0		4.0	3.0	3.0	2.0						1	20	
17M 400m	1.0		2.0	3.0	4.0		3.0	4.0						3	20	
17M 800m	2.0	2.0	3.0	4.0	1.0		4.0	3.0						1	20	
17M 1500m	3.0	2.0	4.0	3.0	1.0		2.0	4.0						1	20	
17M 3000m	3.0						4.0							3	10	20
17M 400mH							4.0							6	10	20
17M 100mh	4.0	4.0	3.0				2.0							1	6	20
17M 1500m S	3.0	3.0					4.0	4.0						3	3	20
17M 5k Hamm	3.0	4.0	4.0											3	6	20
17M 1.5k Disc	4.0	4.0												6	6	20
17M 5k Shot	4.0	4.0	2.0		3.0		1.0							6	20	
17M 700g Jav	1.0	3.0	4.0	4.0	2.0	2.0	3.0							1	20	
17M Pole Vau							4.0							6	10	20
17M High Jum	4.0	4.0	3.0											3	6	20
17M Long Jum	3.0	4.0	4.0		2.0	3.0	1.0							3	20	
17M Triple Jum	2.0		3.0	4.0			4.0	3.0						1	3	20
17M 4x100m	4.0		3.0		2.0		1.0									10
17M 4x400m	2.0		3.0				4.0							1		10
	48.0	41.0	41.0	18.0	23.0	12.0	45.0	22.0						33	77	360

15B 100m	3.0	1.0	4.0	3.0	2.0	2.0	1.0	4.0								20
15B 200m	4.0	1.0	2.0	3.0	3.0	2.0	1.0	4.0								20
15B 400m	2.0	4.0	3.0	3.0		1.0	4.0	2.0						1		20
15B 800m	2.0	3.0	4.0	2.0	3.0	4.0	1.0								1	20
15B 1500m	1.0	2.0	4.0	4.0	3.0	3.0	2.0	1.0								20
15B 80mh	2.0	1.0	4.0	4.0	3.0	2.0	1.0	3.0								20
15B 4k Hamm	3.0	3.0			4.0	4.0								3	3	20
15B 1.25k Disc	3.0	4.0	2.0	3.0	4.0	2.0								1	1	20
15B 4.00k Sh	3.0	2.0	2.0	4.0	4.0	3.0								1	1	20
15B 600g Jav	3.0	3.0	2.0	4.0	4.0									1	3	20
15B Long Jum	3.0	3.0	2.0		4.0	2.0	1.0	4.0							1	20
15B High Jum	1.0	2.0	4.0	4.0	3.0	3.0	2.0	1.0								20
15B Pole Vau	1.0	3.0	4.0	4.0	2.0		3.0								3	20
15B 4x100m	1.0		4.0		2.0		3.0									10
15B 4x400m	3.0		4.0		2.0									1		10
	35.0	32.0	45.0	38.0	43.0	28.0	19.0	19.0						8	13	280

13B 100m	3.0	4.0	2.0	2.0			4.0	3.0						1	1	20
13B 200m	4.0	4.0	2.0	2.0			3.0	3.0						1	1	20
13B 800m	4.0	4.0	3.0	3.0	1.0		2.0								3	20
13B 1500m	1.0	2.0	3.0	3.0	4.0	4.0	2.0								1	20
13B 75mh	4.0	4.0	2.0		1.0		3.0	3.0							3	20
13B 3.25k Sh	4.0	4.0	3.0	2.0	1.0		2.0	3.0							1	20
13B Long Jum	4.0	3.0	2.0	2.0	1.0	1.0	3.0	4.0								20
13B High Jum			3.5		3.5	4.0	2.0	3.0						1	3	20
13B 4x100m	4.0		2.0				3.0							1		10
	28.0	25.0	22.5	14.0	11.5	9.0	24.0	19.0						4	13	170

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Events	Orion		S'end		Ebne		Hast		Unused	T	
	25		29		9		13				
17W 100m	2.0		3.0	3.0	4.0	4.0	1.0		3	20	
17W 200m	2.0	2.0	3.0	3.0	4.0	4.0	1.0	1.0		20	
17W 300m	2.0	2.0	4.0	3.0	3.0	4.0			1	1	20
17W 800m			3.0				4.0		3	10	20
17W 1500m	4.0		3.0						3	10	20
17W 3000m	4.0	4.0					3.0		3	6	20
17W 80mh			4.0	4.0	3.0	3.0			3	3	20
17W 300mH					3.0		4.0		3	10	20
17W 4k Hamn	3.0	4.0					4.0		3	6	20
17W 1.0k Disc	1.0	3.0	3.0	4.0	2.0		4.0			3	20
17W 4k Shot			4.0	4.0	2.0	3.0	3.0		1	3	20
17W 600g Jav	1.0		2.0	4.0	4.0		3.0			6	20
17W Long Jun	2.0	2.0	1.0	4.0	4.0	3.0	3.0			1	20
17W Triple Jun	4.0								6	10	20
17W High Jun			4.0	4.0	3.0		2.0		1	6	20
17W Pole Vau									10	10	20
17W 4x100m	2.0		3.0		4.0				1		10
17W 4x300m	3.0		4.0				2.0		1		10
	30.0	17.0	41.0	33.0	36.0	21.0	34.0	1.0	39	88	340
15G 100m	3.0	3.0	2.0	1.0	4.0	2.0	1.0	4.0			20
15G 200m	2.0	4.0	3.0	3.0	4.0	2.0	1.0	1.0			20
15G 800m	3.0	1.0	4.0	4.0	2.0	3.0	1.0	2.0			20
15G 1500m	1.0		4.0	4.0	2.0		3.0			6	20
15G 75mh	4.0	4.0	3.0				2.0	3.0	1	3	20
15G Long Jun	2.0	4.0	3.0	2.0	4.0	3.0	1.0	1.0			20
15G High Jun			2.5	2.0	4.0	4.0	2.5	3.0	1	1	20
15G Pole Vau	4.0						3.0		3	10	20
15G 1.00k Disc	4.0		2.0	4.0	3.0				1	6	20
15G 600g Jav	3.0	4.0	2.0	2.0	4.0	3.0	1.0	1.0			20
15G 3.25k Sh	4.0	3.0	2.0	2.0	3.0	4.0			1	1	20
15G 4x100m	4.0		2.0		3.0		1.0				10
	34.0	23.0	29.5	24.0	33.0	21.0	16.5	15.0	7	27	230

13G 75m	3.0	3.0	4.0	4.0			2.0	2.0		1	1	20
13G 150m	3.0	3.0	4.0	4.0			2.0	2.0		1	1	20
13G 800m	4.0	2.0	2.0	4.0	1.0		3.0	3.0			1	20
13G 1200m	3.0	4.0					4.0	3.0		3	3	20
13G 70mh	2.0	3.0	4.0	4.0			3.0	2.0		1	1	20
13G High Jun	3.0	3.0	2.0	4.0	1.0		4.0				3	20
13G Long Jun	2.0	3.0	3.0	4.0	1.0		4.0	2.0			1	20
13G 2.72k Sh	3.0	3.0	4.0	4.0			2.0	2.0		1	1	20
13G 4x100m	2.0		4.0				3.0			1		10
	25.0	24.0	27.0	28.0	3.0		27.0	16.0		8	12	170

FINAL MATCH SCORES AND POSITIONS

	1	2	4	3	5	5	5	5	UNUSED	TOTAL
Points Summa	Orion	S'end	Ebne	Hast						
Boys	209.0	178.5	126.5	148.0					148.0	810.0
Girls	153.0	182.5	114.0	109.5					181.0	740.0
Officials	25.0	14.0	8.0	10.0					43.0	100.0
Total	387.0	375.0	248.5	267.5					372.0	####
Position	1	2	4	3	5	5	5	5		