

[Southern 1 - East Lewes](#)  
[Sunday 19 Jul 2009](#)

**FINAL MATCH SCORES AND POSITIONS**



Posn	Points after	82 event(s)
1	Hastings AC	341.5
2	Ashford AC	317.5
3	Lewes AC	308.0
4	Epsom & Ewell Harriers	250.0

**Updated after correcting OFFICIALS points**

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				Perf	Wind	Records	Grades	Sunday, July 19 2009				Perf	Grades
T32 U17M 100m 'A'					Wind=			U17M 100m 'B'					Wind=
1	1	Dan Weaver	Ashford AC	11.90				1	2	Andy Robertson	Ashford AC	12.40	
2	11	Godfrey Pangispan	Epsom & Ewell Harriers	12.30				2	12	Ollie Perchard	Epsom & Ewell Harriers	12.50	
3	23	Ollie Polling	Lewes AC	12.70				3	24	Joe Warren	Lewes AC	12.70	
4	13	Peter Seach	Hastings AC	14.50				4					
T8 U17M 200m 'A'					Wind=			U17M 200m 'B'					Wind=
1	11	Stefan Richards	Epsom & Ewell Harriers	23.50		G3*		1	2	Dan Weaver	Ashford AC	25.10	
2	1	Tom Chambers	Ashford AC	23.90		G4*		2	12	Godfrey Pangispan	Epsom & Ewell Harriers	27.30	
3	23	Ollie Polling	Lewes AC	25.20				3	24	Ludo Goodliffe	Lewes AC	28.80	
4	13	Mark West	Hastings AC	25.20				4	14	Peter Seach	Hastings AC	30.30	
T25 U17M 400m 'A'							MR	U17M 400m 'B'					
1	11	Stefan Richards	Epsom & Ewell Harriers	50.80		G1*		1	14	Aaron Cappon	Hastings AC	55.90	G4
2	13	Mark West	Hastings AC	54.90		G4		2	12	Ollie Perchard	Epsom & Ewell Harriers	56.80	
3	1	Jeremy Fryer	Ashford AC	59.60				3	24	James Bradford	Lewes AC	60.60	
4	23	Philip Bradford	Lewes AC	62.90				4					
T14 U17M 800m 'A'								U17M 800m 'B'					
1	13	Max Thomas	Hastings AC	02:06.2		G4		1	14	Kris Everett	Hastings AC	02:09.5	
2	11	Jack Stevenson	Epsom & Ewell Harriers	02:08.6				2	12	James Bixley	Epsom & Ewell Harriers	02:17.5	
3	23	Ben Pepler	Lewes AC	02:25.0				3	24	James Bradford	Lewes AC	02:19.8	
4								4					
T37 U17M 1500m 'A'								U17M 1500m 'B'					
1	13	Ross Skelton	Hastings AC	04:29.5		00		1	14	Kris Everett	Hastings AC	04:51.5	00
2	11	Ollie Garrod	Epsom & Ewell Harriers	05:00.5		00		2					
3								3					
4								4					
T16 U17M 3000m 'A'								U17M 3000m 'B'					
1	13	Ross Skelton	Hastings AC	09:29.4		G3*		1	14	Jago Leckie	Hastings AC	10:39.4	00
2								2					
3								3					
4								4					
T2 U17M 400mH 'A'								U17M 400mH 'B'					
1	11	Paul Cave	Epsom & Ewell Harriers	57.80		G2*		1					
2	1	Andy Robertson	Ashford AC	67.00				2					
3	23	Philip Bradford	Lewes AC	70.90				3					
4								4					
T23 U17M 100mh 'A'					Wind=			U17M 100mh 'B'					Wind=
1	96	No Competitors Declared						1					
2								2					
3								3					
4								4					
T44 U17M 1500m S/Chase 'A'								U17M 1500m S/Chase 'B'					
1	13	Max Thomas	Hastings AC	05:02.3		G40		1	14	Aaron Cappon	Hastings AC	05:04.6	G40
2								2					
3								3					
4								4					
F2 U17M 5k Hammer 'A'								U17M 5k Hammer 'B'					
* = AW Standards													



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				Perf	Wind	Records	Grades	Sunday, July 19 2009				Perf	Grades		
2	1	Steve Walder	Ashford AC	24.70		G3*		2	14	Adam Nash	Hastings AC	27.80			
3	13	Jamie Ellies	Hastings AC	24.70		G3*		3	2	Temi Banwo	Ashford AC	27.90			
4	23	Daniel Sullivan	Lewes AC	25.90				4	24	Aaron Guilford	Lewes AC	29.20			
T24 U15B 400m 'A'								U15B 400m 'B'							
1	11	Lolu Oluwole-ojo	Epsom & Ewell Harriers	53.00		G1*		1	14	Tom Watson	Hastings AC	54.70	G2*		
2	13	Jamie Ellies	Hastings AC	57.70		G4		2	2	Nathan Fatola	Ashford AC	64.40			
3	1	George McLennan	Ashford AC	59.80				3	24	Ben Blencowe	Lewes AC	66.20			
4	23	Toby Lane	Lewes AC	67.50				4							
T12 U15B 800m 'A'								U15B 800m 'B'							
1	13	Monty Wilson	Hastings AC	02:18.6				1	24	Harrison Reavealy	Lewes AC	02:26.7			
2	1	George McLennan	Ashford AC	02:20.5				2	2	Callum Burgess	Ashford AC	02:34.2			
3	23	Evan Carter	Lewes AC	02:25.2				3	14	Samuel Garland	Hastings AC	02:40.5			
4								4							
T35 U15B 1500m 'A'								U15B 1500m 'B'							
1	2	Jack Wreathall	Ashford AC	04:57.1		00		1	1	Neil Daughters	Ashford AC	05:03.5	00		
2	13	James Weston	Hastings AC	05:05.1		00		2	14	Ashleigh Rodriguez	Hastings AC	06:03.5	00		
3								3							
4								4							
T21 U15B 80m 'A'				Wind=					U15B 80m 'B'				Wind=		
1	13	Luke Alexander	Hastings AC	12.90		G3*		1	24	Ashleigh Derrick	Lewes AC	15.80			
2	23	Toby Lane	Lewes AC	13.00		G4*		2	14	Monty Wilson	Hastings AC	17.90			
3	1	Jack Huxley	Ashford AC	17.70				3							
4								4							
F1 U15B 4k Hammer 'A'								U15B 4k Hammer 'B'							
1	13	Tom Watson	Hastings AC	21.36				1	24	Harrison Reavealy	Lewes AC	16.34			
2	23	Remi McDonald	Lewes AC	21.10				2	14	Samuel Garland	Hastings AC	9.48			
3								3							
4								4							
F8 U15B 1.25k Discus 'A'								U15B 1.25k Discus 'B'							
1	1	Tom Snare	Ashford AC	34.19		G2*		1	23	Remi McDonald	Lewes AC	15.84			
2	14	Tom Watson	Hastings AC	20.83				2	2	Jack Huxley	Ashford AC	14.09			
3	24	Nick Flowers	Lewes AC	20.27				3	13	Ashleigh Rodriguez	Hastings AC	12.38			
4								4							
F23 U15B 4.00k Shot 'A'								U15B 4.00k Shot 'B'							
1	1	Tom Snare	Ashford AC	10.97		G3		1	12	Jack Healy	Epsom & Ewell Harriers	5.51			
2	11	Jacob Paul	Epsom & Ewell Harriers	9.46				2	24	Nick Flowers	Lewes AC	5.47			
3	23	Ben Blencowe	Lewes AC	7.66				3	2	Jack Wreathall	Ashford AC	5.39			
4	13	Sam Connor	Hastings AC	7.57				4	14	Ashleigh Rodriguez	Hastings AC	5.25			
F33 U15B 600g Javelin 'A'								U15B 600g Javelin 'B'							
1	11	Jacob Paul	Epsom & Ewell Harriers	28.54				1	24	Remi McDonald	Lewes AC	16.49			
2	1	Tom Snare	Ashford AC	24.84				2	14	Monty Wilson	Hastings AC	13.07			
3	23	Ashleigh Derrick	Lewes AC	24.14				3							
4	13	Sam Connor	Hastings AC	19.06				4							
F16 U15B Long Jump 'A'								U15B Long Jump 'B'							
1	1	Nathan Fatola	Ashford AC	5.24		G4		1	14	Joe Rodriguez	Hastings AC	4.51			
2	11	Sean Dalchow	Epsom & Ewell Harriers	4.97				2	12	Jack Healy	Epsom & Ewell Harriers	4.05			

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				Perf	Wind	Records	Grades					Perf	Grades
								Sunday, July 19 2009					
3	13	Luke Alexander	Hastings AC	4.94				3	2	Harry Middleton	Ashford AC	4.02	
4	23	Daniel Sullivan	Lewes AC	4.33				4	24	Ben Blencowe	Lewes AC	4.00	
F28 U15B High Jump 'A'								U15B High Jump 'B'					
1	23	Toby Lane	Lewes AC	1.50				1	24	Nick Flowers	Lewes AC	1.45	
2	13	Sam Connor	Hastings AC	1.40				2	14	Luke Alexander	Hastings AC	1.40	
3	11	Jack Healy	Epsom & Ewell Harriers	1.35									
4	1	Harry Middleton	Ashford AC	1.30									
F12 U15B Pole Vault 'A'								U15B Pole Vault 'B'					
1	23	Ashleigh Derrick	Lewes AC	2.20			G4						
2	1	Jack Huxley	Ashford AC	1.70									
T28 U13B 100m 'A'				Wind=				U13B 100m 'B'				Wind=	
1	11	Jack Knight	Epsom & Ewell Harriers	13.70			G3	1	2	Oliver Williams	Ashford AC	13.20	G2*
2	23	James Kemp	Lewes AC	13.90			G4	2	24	Chris Hutchins	Lewes AC	14.70	
3	13	Kobe Griffith	Hastings AC	14.90				3	12	Calum Davies	Epsom & Ewell Harriers	15.90	
4	1	Connor Stalker	Ashford AC	17.00				4					
T4 U13B 200m 'A'				Wind=				U13B 200m 'B'				Wind=	
1	13	Kobe Griffith	Hastings AC	30.60				1	2	Oliver Williams	Ashford AC	27.40	G2*
2	11	Oliver Cook	Epsom & Ewell Harriers	31.20				2	24	George Amiet-West	Lewes AC	30.60	
3	1	Edward Clack	Ashford AC	32.00				3	12	-	Epsom & Ewell Harriers	30.70	
4	23	Luke Reid	Lewes AC	33.30				4	14	Luca Pola	Hastings AC	31.20	
T10 U13B 800m 'A'								U13B 800m 'B'					
1	11	Jack Knight	Epsom & Ewell Harriers	02:29.9			G3	1	12	Calum Davies	Epsom & Ewell Harriers	02:48.0	
2	23	Tom Lambert	Lewes AC	02:37.3				2	14	Harry Reece	Hastings AC	02:50.4	
3	13	Luke Cooper	Hastings AC	02:38.7				3					
4	1	Daniel Steadman	Ashford AC	02:41.4				4					
T33 U13B 1500m 'A'								U13B 1500m 'B'					
1	13	Jools Philips	Hastings AC	04:56.7			G2*	1	14	Antony Donaldson	Hastings AC	05:26.7	00
2	11	Max Caulfield	Epsom & Ewell Harriers	05:01.4			G3*	2	12	Oliver Cook	Epsom & Ewell Harriers	05:35.6	00
3	23	George Smith	Lewes AC	05:41.7			00	3	24	Sam Jackson	Lewes AC	06:15.9	00
4	1	Paul Ross	Ashford AC	06:20.3			00	4					
T17 U13B 75mh 'A'				Wind=				U13B 75mh 'B'				Wind=	
1	11	Calum Davies	Epsom & Ewell Harriers	15.70				1	2	Oliver Williams	Ashford AC	13.30	G2
2	1	Aaron Meakin	Ashford AC	15.90				2	14	Harry Reece	Hastings AC	14.80	G4
3	13	Alfie Jeffery	Hastings AC	16.00				3	12	Oliver Bracher	Epsom & Ewell Harriers	16.00	
4	23	Tom Lambert	Lewes AC	16.20				4	24	Sam Heinzl	Lewes AC	16.10	
F15 U13B 3.25k Shot 'A'								U13B 3.25k Shot 'B'					
1	1	Edward Clack	Ashford AC	7.43			G4	1	2	Aaron Meakin	Ashford AC	6.15	
2	11	Oliver Bracher	Epsom & Ewell Harriers	6.44				2	24	Matt Thomas	Lewes AC	4.91	
3	23	David Thomas	Lewes AC	5.65				3	13	Jools Philips	Hastings AC	4.58	
4	14	John Nuttal	Hastings AC	5.24				4					
F25 U13B Long Jump 'A'								U13B Long Jump 'B'					
1	13	Kobe Griffith	Hastings AC	4.90			G1*	1	23	Gaelan Komen	Lewes AC	3.70	
2	24	Matt Thomas	Lewes AC	3.90				2	14	Luca Pola	Hastings AC	3.39	
3	1	Paul Ross	Ashford AC	3.46				3	2	Connor Stalker	Ashford AC	3.27	

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Perf Grades

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	Perf	Wind	Records	Grades		Perf	Grades	
4 11 Euan Wilkinson	Epsom & Ewell Harriers	3.41			4			
F6 U13B High Jump 'A'					U13B High Jump 'B'			
1 11 Jack Knight	Epsom & Ewell Harriers	1.38	G3*		1 24 Sam Jackson	Lewes AC	1.20	
2 23 Gaelan Komen	Lewes AC	1.35	G3*		2 12 Euan Wilkinson	Epsom & Ewell Harriers	1.20	
3 13 Alfie Jeffery	Hastings AC	1.25			3= 14 Jools Phillips	Hastings AC	1.10	
4 1 Paul Ross	Ashford AC	1.10			3= 2 Daniel Steadman	Ashford AC	1.10	
T31 U17W 100m 'A'				Wind=	U17W 100m 'B'			
1 11 Amy Quaille	Epsom & Ewell Harriers	13.5			1 12 Claire McCourt	Epsom & Ewell Harriers	14.2	
2 1 Laura Hannagan	Ashford AC	13.6			2 2 Lucy Holmes	Ashford AC	14.7	
3 13 Jamila Smikle	Hastings AC	14.1			3 14 Summer Hubble	Hastings AC	14.8	
4					4			
T7 U17W 200m 'A'				Wind=	U17W 200m 'B'			
1 11 Jessie Knight	Epsom & Ewell Harriers	26.5	G3*		1 12 Amy Quaille	Epsom & Ewell Harriers	27.8	
2 1 Elenor Campbell	Ashford AC	26.8	G4*		2 2 Sam Beckett	Ashford AC	28.4	
3 13 Summer Hubble	Hastings AC	30.1			3			
4					4			
T26 U17W 300m 'A'					U17W 300m 'B'			
1 11 Jessie Knight	Epsom & Ewell Harriers	41.6	G2*		1 2 Sam Beckett	Ashford AC	44.8 *	
2 1 Elenor Campbell	Ashford AC	43.4	G4*		2 12 Tara Frost	Epsom & Ewell Harriers	46.8	
3 13 Amy McCarthy	Hastings AC	45.0	*		3			
4					4			
T13 U17W 800m 'A'					U17W 800m 'B'			
1 13 Stacey Clusker	Hastings AC	02:27.0			1			
2 11 Tara Frost	Epsom & Ewell Harriers	02:46.3			2			
3 1 Caroline Hatley	Ashford AC	03:03.0			3			
4					4			
T36 U17W 1500m 'A'					U17W 1500m 'B'			
1 13 Stacey Clusker	Hastings AC	04:59.8	G4*		1			
2					2			
3					3			
4					4			
T19 U17W 3000m 'A'					U17W 3000m 'B'			
1 96 No Competitors Declared					1			
2					2			
3					3			
4					4			
T20 U17W 80m 'A'				Wind=	U17W 80m 'B'			
1 13 Jamila Smikle	Hastings AC	14.8			1			
2					2			
3					3			
4					4			
T1 U17W 300mH 'A'					U17W 300mH 'B'			
1 13 Amy McCarthy	Hastings AC	52.7			1 14 Summer Hubble	Hastings AC	65.8	
2					2			
3					3			
4					4			

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Perf Grades

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	Perf	Wind	Records	Grades		Perf	Grades			
F3	U17W 4k Hammer 'A'					U17W 4k Hammer 'B'				
1	13	Lisa Normoyle	Hastings AC	31.01	G3*	1				
2	1	Amber Regardsoe	Ashford AC	25.21	G4	2				
3	23	Megan Thomas	Lewes AC	20.25		3				
4						4				
F20	U17W 1.0k Discus 'A'					U17W 1.0k Discus 'B'				
1	2	Amber Regardsoe	Ashford AC	27.45	G4*	1	1 Sam Beckett	Ashford AC	12.41	
2	13	Lisa Normoyle	Hastings AC	26.82	G4	2	24 Yasmin Williams	Lewes AC	11.47	
3	23	Megan Thomas	Lewes AC	14.91		3				
4						4				
F31	U17W 4k Shot 'A'					U17W 4k Shot 'B'				
1	1	Amber Regardsoe	Ashford AC	8.78	G3	1	2 Elenor Campbell	Ashford AC	6.38	
2	13	Lisa Normoyle	Hastings AC	8.01	G4	2	24 Yasmin Williams	Lewes AC	5.24	
3	23	Megan Thomas	Lewes AC	7.01		3				
4						4				
F26	U17W 600g Javelin 'A'					U17W 600g Javelin 'B'				
1	13	Stacey Clusker	Hastings AC	22.59		1				
2	23	Yasmin Williams	Lewes AC	10.91		2				
3	12	Claire McCourt	Epsom & Ewell Harriers	3.02		3				
4						4				
F5	U17W Long Jump 'A'					U17W Long Jump 'B'				
1	1	Lucy Holmes	Ashford AC	4.43		1	2 Laura Hannagan	Ashford AC	4.39	
2						2				
3						3				
4						4				
F35	U17W Triple Jump 'A'					U17W Triple Jump 'B'				
1	1	Laura Hannagan	Ashford AC	10.17	G3*	1				
2	13	Jamila Smikle	Hastings AC	8.97		2				
3						3				
4						4				
F19	U17W High Jump 'A'					U17W High Jump 'B'				
1	13	Amy McCarthy	Hastings AC	1.40						
F11	U17W Pole Vault 'A'					U17W Pole Vault 'B'				
1	1	Lucy Holmes	Ashford AC	1.90						
T29	U15G 100m 'A'				Wind=	U15G 100m 'B'				Wind=
1	1	Abigail Purkis	Ashford AC	14.0		1	2 Caitlyn Dock	Ashford AC	14.3	
2	11	Laura Reilly	Epsom & Ewell Harriers	14.5		2	12 Maisie Grant	Epsom & Ewell Harriers	14.8	
3	13	Sky Hamilton-Brown	Hastings AC	14.5		3	14 Kalina Stone	Hastings AC	15.6	
4	23	Faith Daughtery	Lewes AC	15.3		4	24 Katie Shrieves	Lewes AC	16.3	

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T5 U15G 200m 'A'					Wind=			U15G 200m 'B'					Wind=
1	1	Abigail Purkis	Ashford AC	27.7			G4	1	2	Caitlyn Dock	Ashford AC	28.4	
2	11	Shona Richards	Epsom & Ewell Harriers	27.9			G4	2	12	Laura Reilly	Epsom & Ewell Harriers	29.0	
3	23	Emily Blackwell	Lewes AC	28.8				3	24	Faith Daughtery	Lewes AC	30.1	
4	13	Sky Hamilton-Brown	Hastings AC	29.6				4	14	Grace Baker	Hastings AC	30.2	
T11 U15G 800m 'A'								U15G 800m 'B'					
1	23	Maddy Smith	Lewes AC	02:34.9				1	2	Lauren Bamford	Ashford AC	02:40.4	
2	1	Kate Funnell	Ashford AC	02:39.3				2	12	Eloise Robini	Epsom & Ewell Harriers	02:52.8	
3	11	Paige Royston	Epsom & Ewell Harriers	02:44.1				3	24	Ella James	Lewes AC	02:55.5	
4	13	Chloe Reed	Hastings AC	03:03.8				4					
T34 U15G 1500m 'A'								U15G 1500m 'B'					
1	13	Grace Baker	Hastings AC	05:00.7			G3*	1	14	Lauren Ellis	Hastings AC	05:33.5	00
2	1	Amelia Jones	Ashford AC	05:25.1			00	2	2	Hester Hill	Ashford AC	05:51.5	00
3	23	Hannah Jackson	Lewes AC	05:32.2			00	3	24	Phoebe Smith	Lewes AC	06:36.4	00
4	12	Ellie Pollock	Epsom & Ewell Harriers	06:07.3			00	4					
T18 U15G 75mh 'A'					Wind=			U15G 75mh 'B'					Wind=
1	1	Lauren Bamford	Ashford AC	14.7				1	12	Shona Richards	Epsom & Ewell Harriers	13.4	G4
2	13	Kalina Stone	Hastings AC	16.1				2	2	Kayleigh Miller-Lesley	Ashford AC	13.8	
3	23	Hannah McDonald	Lewes AC	18.4				3	14	Chloe Reed	Hastings AC	18.4	
4								4					
F4 U15G Long Jump 'A'								U15G Long Jump 'B'					
1	1	Lauren Bamford	Ashford AC	4.36			G4	1	2	Kayleigh Miller-Lesley	Ashford AC	4.25	
2	11	Maisie Grant	Epsom & Ewell Harriers	3.88				2	12	Lucy Baber	Epsom & Ewell Harriers	3.80	
3	13	Sky Hamilton-Brown	Hastings AC	3.42				3	14	Kalina Stone	Hastings AC	3.34	
4	24	Hannah McDonald	Lewes AC	3.32				4	23	Katie Shrieves	Lewes AC	2.63	
F18 U15G High Jump 'A'								U15G High Jump 'B'					
1	11	Beth Quaife	Epsom & Ewell Harriers	1.40			G4	1	1	Billie McLaren	Ashford AC	1.30	
2	2	Hester Hill	Ashford AC	1.40			G4	2	12	Shona Richards	Epsom & Ewell Harriers	1.25	
3	23	Nicola Horrell	Lewes AC	1.35									
F10 U15G Pole Vault 'A'							LR MR	U15G Pole Vault 'B'					LR MR
1	23	Emily Blackwell	Lewes AC	3.03			FALSE	1	24	Naomi Lee	Lewes AC	2.30	FALSE
2	13	Grace Baker	Hastings AC	1.90			FALSE						
3	2	Amelia Jones	Ashford AC	1.70			FALSE						
F21 U15G 1.00k Discus 'A'								U15G 1.00k Discus 'B'					
1	1	Kirstin Hooten	Ashford AC	16.01				1	2	Lizzie Highwood	Ashford AC	14.31	
2	23	Maddy Smith	Lewes AC	12.93				2	24	Ella James	Lewes AC	12.18	
3	12	Lucy Baber	Epsom & Ewell Harriers	11.40				3	11	Paige Royston	Epsom & Ewell Harriers	10.04	
4	13	Lauren Ellis	Hastings AC	9.97				4					
F27 U15G 600g Javelin 'A'								U15G 600g Javelin 'B'					
1	1	Kirstin Hooten	Ashford AC	22.94			G4	1	24	Phoebe Smith	Lewes AC	10.99	
2	23	Naomi Lee	Lewes AC	16.68				2	2	Kate Funnell	Ashford AC	10.82	
3	11	Beth Quaife	Epsom & Ewell Harriers	13.55				3	14	Chloe Reed	Hastings AC	8.22	
4	13	Lauren Ellis	Hastings AC	12.24				4	12	Ashling Edward	Epsom & Ewell Harriers	3.56	
F30 U15G 3.25k Shot 'A'								U15G 3.25k Shot 'B'					
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				Perf	Wind	Records	Grades					Perf	Grades		
								<u>Sunday, July 19 2009</u>							
1	1	Lizzie Highwood	Ashford AC	7.49				1	2	Kirstin Hooten	Ashford AC	6.47			
2	11	Beth Quaife	Epsom & Ewell Harriers	7.34				2	24	Nicola Horrell	Lewes AC	6.01			
3	23	Naomi Lee	Lewes AC	7.17				3	12	Lucy Baber	Epsom & Ewell Harriers	6.00			
4								4							
T27 U13G 75m 'A'				Wind=				U13G 75m 'B'				Wind=			
1	23	Olivia Connor	Lewes AC	11.2		G4*		1	24	Jasmine Tickner	Lewes AC	12.2			
2	13	Robyn Mackay	Hastings AC	11.3				2	14	Beccy Haggar	Hastings AC	12.6			
3	11	Amy Curran	Epsom & Ewell Harriers	11.8				3	2	Georgia Bamford	Ashford AC	12.8			
4	1	Rebecca Cook	Ashford AC	13.8				4							
T3 U13G 150m 'A'				Wind=				U13G 150m 'B'				Wind=			
1	13	Robyn Mackay	Hastings AC	22.3		G4		1	24	Megan Lorec	Lewes AC	23.9			
2	23	Holly English	Lewes AC	22.4		G4		2	2	Rebecca Cook	Ashford AC	26.2			
3	1	Emily Hamlyn	Ashford AC	24.2				3	14	Zoe Botting	Hastings AC	27.3			
4								4							
T9 U13G 800m 'A'								U13G 800m 'B'							
1	13	Katie Garland	Hastings AC	02:39.6		G3*		1	2	Megan Lillington	Ashford AC	02:57.6			
2	11	Molly Murphy	Epsom & Ewell Harriers	02:51.4				2	14	Izzy Giles	Hastings AC	03:06.4			
3	1	Katie Lillington	Ashford AC	02:57.3				3							
4								4							
T22 U13G 1200m 'A'								U13G 1200m 'B'							
1	23	Eve Rothwell	Lewes AC	04:06.9		G2*		1	24	Holly English	Lewes AC	04:16.1	G3*		
2	13	Louise Nash	Hastings AC	04:09.1		G2*		2	14	Sophie Martwick	Hastings AC	04:34.8	00		
3								3							
4								4							
T15 U13G 70mh 'A'				Wind=				U13G 70mh 'B'				Wind=			
1	11	Amy Curran	Epsom & Ewell Harriers	13.2		G4		1	14	Jodie Randall	Hastings AC	16.7			
2	13	Katie Garland	Hastings AC	13.3		G4		2	23	Jasmine Tickner	Lewes AC	18.0			
3	24	Megan Lorec	Lewes AC	14.8				3							
4	1	Rebecca Cook	Ashford AC	15.9				4							
F7 U13G High Jump 'A'								U13G High Jump 'B'							
1	13	Katie Garland	Hastings AC	1.35		G2*		1	12	Jess King	Epsom & Ewell Harriers	1.20	G4		
2	23	Olivia Connor	Lewes AC	1.30		G3		2	24	Rosie Lane	Lewes AC	1.15			
3	11	Amy Curran	Epsom & Ewell Harriers	1.20		G4									
4	1	Emily Hamlyn	Ashford AC	1.05											
F24 U13G Long Jump 'A'								U13G Long Jump 'B'							
1	23	Olivia Connor	Lewes AC	4.19		G3*		1	24	Jasmine Tickner	Lewes AC	3.47			
2	2	Emily Hamlyn	Ashford AC	3.63				2	12	Jess King	Epsom & Ewell Harriers	3.35			
3	11	Molly Murphy	Epsom & Ewell Harriers	3.62				3	14	Beccy Haggar	Hastings AC	3.24			
4	13	Izzy Giles	Hastings AC	3.55				4	1	Georgia Bamford	Ashford AC	3.17			
F14 U13G 2.72k Shot 'A'								U13G 2.72k Shot 'B'							
1	23	Holly English	Lewes AC	5.46				1	24	Eve Rothwell	Lewes AC	5.15			
2	1	Georgia Bamford	Ashford AC	4.78				2	2	Katie Lillington	Ashford AC	4.70			
3	11	Molly Murphy	Epsom & Ewell Harriers	4.71				3	13	Sophie Martwick	Hastings AC	4.25			
4	14	Zoe Botting	Hastings AC	4.49				4							

\*= AW Standards

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## Southern Southern 1 - East Lewes

Perf Wind Records Grades **Sunday, July 19 2009**

Perf Grades

### T43 17M 4x100m

1	11	Epsom & Ewell Harriers	Martin Lay	Brett Theobald	Josh Bartholomew	Godfrey Pangispan	47.70
2	23	Lewes AC	Joe Warren	Josh Fawwssett	Jack Marcy-Nichols	Ollie Polling	49.70
3	1	Ashford AC	George Huxley	Will Dickson	Dan Weaver	Tom Chambers	50.80
4							

### T47 17M 4x400m

1	11	Epsom & Ewell Harriers	Paul Cave	Ollie Perchard	Jack Stevenson	Stefan Richards	03:40.80 *
2	13	Hastings AC	Ross Skelton	Max Thomas	Kris Everett	Mark West	03:43.20 *
3	1	Ashford AC	Tom Chambers	George Huxley	Andy Robertson	Dan Weaver	03:56.80 *
4	23	Lewes AC	James Bradford	Philip Bradford	Ben Pepler	Raymond Vincent	04:09.00

### T41 15B 4x100m

1	1	Ashford AC	Steve Walder	Nathan Fatola	Temi Banwo	Jack Wreathall	50.10
2	13	Hastings AC	Adam Nash	Joe Rodriduez	Sam Connor	Luke Alexander	52.20
3	23	Lewes AC	Toby Lane	Nick Flowers	Evan Carter	Daniel Sullivan	54.70
4							

### T46 15B 4x400m

1	13	Hastings AC	Samuel Garland	Jamie Ellies	Monty Wilson	Tom Watson	04:02.00
2	11	Epsom & Ewell Harriers	Jacob Paul	Sean Dalchow	Charlie Douglas	Lolu Oluwole-ojo	04:04.90
3	1	Ashford AC	George McLennan	Neil Daughters	Jack Wreathall	Steve Walder	04:20.40
4	23	Lewes AC	Remi McDonald	Aaron Guilford	Ben Blencowe	Harrison Reavealy	04:37.60

### T39 13B 4x100m

1	23	Lewes AC	Tom Lambert	Chris Hutchins	James Kemp	Gaelan Komen	58.00
2	11	Epsom & Ewell Harriers	Calum Davies	Oliver Bracher	Justin Drew	Jack Knight	58.20
3	13	Hastings AC	Alfie Jeffery	Kobe Griffith	Luca Pola	Jools Philips	58.30
4	1	Ashford AC	Edward Clack	Connor Stalker	Daniel Steadman	Oliver Williams	59.30

### T42 17W 4x100m

1	11	Epsom & Ewell Harriers	Amy Quaile	Jessie Knight	Claire McCourt	Tara Frost	53.10
2	1	Ashford AC	Laura Hannagan	Sam Beckett	Lucy Holmes	Elenor Campbell	53.40
3	13	Hastings AC	Stacey Clusker	Amy McCarthy	Summer Hubble	-	55.60
4							

### T45 17W 4x300m

1	11	Epsom & Ewell Harriers	Amy Quaile	Jessie Knight	Claire McCourt	Tara Frost	03:23.90
2							
3							
4							

### T40 15G 4x100m

1	1	Ashford AC	Hester Hill	Caitlyn Dock	Lizzie Highwood	Abigail Purkis	54.30
2	11	Epsom & Ewell Harriers	Shona Richards	Laura Reilly	Ashling Edward	Maisie Grant	54.60
3	13	Hastings AC	-	-	-	-	57.10
4	23	Lewes AC	Nicola Horrell	Faith Daughtery	Hannah McDonald	Katie Shrieves	59.70

### T38 13G 4x100m

1	23	Lewes AC	Olivia Connor	Jasmine Tickner	Eve Rothwell	Holly English	59.90
2	13	Hastings AC	-	-	-	-	60.10
3							
4							

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## Southern Southern 1 - East Lewes

Sunday, 19 Jul 2009

Events	Lew es		E&E		Hast		Ashf						Unused	T	
	23		11		13		1								
17M 100m	2.0	2.0	3.0	3.0	1.0		4.0	4.0					1	20	
17M 200m	2.0	2.0	4.0	3.0	1.0	1.0	3.0	4.0						20	
17M 400m	1.0	2.0	4.0	3.0	3.0	4.0	2.0						1	20	
17M 800m	2.0	2.0	3.0	3.0	4.0	4.0							1	1	20
17M 1500m			3.0		4.0	4.0							3	6	20
17M 3000m					4.0	4.0							6	6	20
17M 400mH	2.0		4.0				3.0						1	10	20
17M 100mh													10	10	20
17M 1500m S					4.0	4.0							6	6	20
17M 5k Hamm	4.0	4.0											6	6	20
17M 1.5k Disc	3.0						4.0						3	10	20
17M 5k Shot	3.0	4.0			2.0		4.0						1	6	20
17M 700g Jav	4.0	4.0	3.0		1.0		2.0							6	20
17M Pole Vau					4.0	4.0							6	6	20
17M High Jum	4.0	4.0			3.0								3	6	20
17M Long Jum	2.0	3.0	3.0	4.0	4.0	2.0	1.0							1	20
17M Triple Jum					4.0	4.0							6	6	20
17M 4x100m	3.0		4.0				2.0						1		10
17M 4x400m	1.0		4.0		3.0		2.0								10
	<b>33.0</b>	<b>27.0</b>	<b>35.0</b>	<b>16.0</b>	<b>42.0</b>	<b>31.0</b>	<b>27.0</b>	<b>8.0</b>					<b>53</b>	<b>88</b>	<b>360</b>

15B 100m	2.0	2.0			3.0	3.0	4.0	4.0					1	1	20
15B 200m	1.0	1.0	4.0	4.0	2.0	3.0	3.0	2.0							20
15B 400m	1.0	2.0	4.0		3.0	4.0	2.0	3.0						1	20
15B 800m	2.0	4.0			4.0	2.0	3.0	3.0					1	1	20
15B 1500m					3.0	3.0	4.0	4.0					3	3	20
15B 80mh	3.0	4.0			4.0	3.0	2.0						1	3	20
15B 4k Hamm	3.0	4.0			4.0	3.0							3	3	20
15B 1.25k Disc	2.0	4.0			3.0	2.0	4.0	3.0					1	1	20
15B 4.00k Sh	2.0	3.0	3.0	4.0	1.0	1.0	4.0	2.0							20
15B 600g Jav	2.0	4.0	4.0		1.0	3.0	3.0							3	20
15B Long Jum	1.0	1.0	3.0	3.0	2.0	4.0	4.0	2.0							20
15B High Jum	4.0	4.0	2.0		3.0	3.0	1.0							3	20
15B Pole Vau	4.0						3.0						3	10	20
15B 4x100m	2.0				3.0		4.0						1		10
15B 4x400m	1.0		3.0		4.0		2.0								10
	<b>30.0</b>	<b>33.0</b>	<b>23.0</b>	<b>11.0</b>	<b>40.0</b>	<b>34.0</b>	<b>43.0</b>	<b>23.0</b>					<b>14</b>	<b>29</b>	<b>280</b>

13B 100m	3.0	3.0	4.0	2.0	2.0		1.0	4.0						1	20
13B 200m	1.0	3.0	3.0	2.0	4.0	1.0	2.0	4.0							20
13B 800m	3.0		4.0	4.0	2.0	3.0	1.0							3	20
13B 1500m	2.0	2.0	3.0	3.0	4.0	4.0	1.0							1	20
13B 75mh	1.0	1.0	4.0	2.0	2.0	3.0	3.0	4.0							20
13B 3.25k Sh	2.0	3.0	3.0		1.0	2.0	4.0	4.0						1	20
13B Long Jum	3.0	4.0	1.0		4.0	3.0	2.0	2.0						1	20
13B High Jum	3.0	4.0	4.0	3.0	2.0	1.5	1.0	1.5							20
13B 4x100m	4.0		3.0		2.0		1.0								10
	<b>22.0</b>	<b>20.0</b>	<b>29.0</b>	<b>16.0</b>	<b>23.0</b>	<b>17.5</b>	<b>16.0</b>	<b>19.5</b>					<b>7</b>	<b>170</b>	

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Southern Southern 1 - East Lewes

Sunday, 19 Jul 2009

Events	Lew es		E&E		Hast		Ashf				Unused		T	
	23		11		13		1							
17W 100m			4.0	4.0	2.0	2.0	3.0	3.0				1	1	20
17W 200m			4.0	4.0	2.0		3.0	3.0				1	3	20
17W 300m			4.0	3.0	2.0		3.0	4.0				1	3	20
17W 800m			3.0		4.0		2.0					1	10	20
17W 1500m					4.0							6	10	20
17W 3000m												10	10	20
17W 80mh					4.0							6	10	20
17W 300mH					4.0	4.0						6	6	20
17W 4k Hamn	2.0				4.0		3.0					1	10	20
17W 1.0k Disc	2.0	3.0			3.0		4.0	4.0				1	3	20
17W 4k Shot	2.0	3.0			3.0		4.0	4.0				1	3	20
17W 600g Jav	3.0		2.0		4.0							1	10	20
17W Long Jun							4.0	4.0				6	6	20
17W Triple Jun					3.0		4.0					3	10	20
17W High Jun					4.0							6	10	20
17W Pole Vau							4.0					6	10	20
17W 4x100m			4.0		2.0		3.0					1		10
17W 4x300m			4.0									6		10
	<b>9.0</b>	<b>6.0</b>	<b>25.0</b>	<b>11.0</b>	<b>45.0</b>	<b>6.0</b>	<b>37.0</b>	<b>22.0</b>				<b>64</b>	<b>115</b>	<b>340</b>
15G 100m	1.0	1.0	3.0	3.0	2.0	2.0	4.0	4.0						20
15G 200m	2.0	2.0	3.0	3.0	1.0	1.0	4.0	4.0						20
15G 800m	4.0	2.0	2.0	3.0	1.0		3.0	4.0					1	20
15G 1500m	2.0	2.0	1.0		4.0	4.0	3.0	3.0					1	20
15G 75mh	2.0			4.0	3.0	2.0	4.0	3.0				1	1	20
15G Long Jun	1.0	1.0	3.0	3.0	2.0	2.0	4.0	4.0						20
15G High Jun	2.0		4.0	3.0			3.0	4.0				1	3	20
15G Pole Vau	4.0	4.0			3.0		2.0					1	6	20
15G 1.00k Disc	3.0	3.0	2.0	2.0	1.0		4.0	4.0					1	20
15G 600g Jav	3.0	4.0	2.0	1.0	1.0	2.0	4.0	3.0						20
15G 3.25k Sh	2.0	3.0	3.0	2.0			4.0	4.0				1	1	20
15G 4x100m	1.0		3.0		2.0		4.0							10
	<b>27.0</b>	<b>22.0</b>	<b>26.0</b>	<b>24.0</b>	<b>20.0</b>	<b>13.0</b>	<b>43.0</b>	<b>37.0</b>				<b>4</b>	<b>14</b>	<b>230</b>
13G 75m	4.0	4.0	2.0		3.0	3.0	1.0	2.0					1	20
13G 150m	3.0	4.0			4.0	2.0	2.0	3.0				1	1	20
13G 800m			3.0		4.0	3.0	2.0	4.0				1	3	20
13G 1200m	4.0	4.0			3.0	3.0						3	3	20
13G 70mh	2.0	3.0	4.0		3.0	4.0	1.0						3	20
13G High Jun	3.0	3.0	2.0	4.0	4.0		1.0						3	20
13G Long Jun	4.0	4.0	2.0	3.0	1.0	2.0	3.0	1.0						20
13G 2.72k Sh	4.0	4.0	2.0		1.0	2.0	3.0	3.0					1	20
13G 4x100m	4.0				3.0							3		10
	<b>28.0</b>	<b>26.0</b>	<b>15.0</b>	<b>7.0</b>	<b>26.0</b>	<b>19.0</b>	<b>13.0</b>	<b>13.0</b>				<b>8</b>	<b>15</b>	<b>170</b>

**FINAL MATCH SCORES AND POSITIONS**

	3	4	1	2	5	5	5	5		
Points Summa	Lew es	E&E	Hast	Ashf					UNUSED	TOTAL
Boys	165.0	130.0	187.5	136.5					191.0	810.0
Girls	118.0	108.0	129.0	165.0					220.0	740.0
Officials	25.0	12.0	25.0	16.0					22.0	100.0
Total	<b>308.0</b>	<b>250.0</b>	<b>341.5</b>	<b>317.5</b>					433.0	####
Position	<b>3</b>	<b>4</b>	<b>1</b>	<b>2</b>	<b>5</b>	<b>5</b>	<b>5</b>	<b>5</b>		