

[Southern Premier Woodford Green](#)  
[Sunday 19 Jul 2009](#)

**FINAL MATCH SCORES AND POSITIONS**



Posn	Points after	82 event(s)
1	Windsor Slough Eton & Hounsl	476.0
2	Harrow AC	397.0
3	Woodford Green AC with Esse:	344.0
4	Cambridge Harriers	332.0

**UPDATED TO INCLUDE FAULTS WITH SOME RESULTS DISPLAYS, U15GPV, U15BHJ, U13GHJ, U13GLJ, U17MHJ, U17MDISCUS**

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## Southern Premier Woodford Green

				Perf	Wind	Records	Grades					Perf	Wind	Records	Grades	
								Sunday, July 19 2009								
T32 U17M 100m 'A'				<i>Wind=</i>				U17M 100m 'B'				<i>Wind=</i>				
1	15	Jerome Musa Lawal	Harrow AC	11.04		G1*		1	16	Matthew Sadoh	Harrow AC	11.43		G3*		
2	7	OLAWALE AKANDE	Cambridge Harriers	11.31		G3*		2	30	Sam Maguire	Windsor Slough Eton & F	11.51		G4*		
3	29	Seamus Burke	Windsor Slough Eton & F	11.55		G4*		3	32	Oliver Jeffcoate	Woodford Green AC with	11.51		G4*		
4	31	Omololu Abiodun	Woodford Green AC with	11.81				4	8	TOLU ODUSANYA	Cambridge Harriers	11.82				
T8 U17M 200m 'A'				<i>Wind=</i>				U17M 200m 'B'				<i>Wind=</i>				
1	15	Jerome Musa Lawal	Harrow AC	22.57		G1*		1	8	OLAWALE AKANDE	Cambridge Harriers	23.38		G3*		
2	31	Austin Joseph	Woodford Green AC with	23.07		G3*		2	32	Tom Larkin	Woodford Green AC with	23.64		G4*		
3	29	Alex Haroutounian	Windsor Slough Eton & F	23.27		G3*		3	16	Dominic Morris	Harrow AC	23.73		G4*		
4	7	OMARI MARKLAND-MONTC	Cambridge Harriers	23.43		G3*		4	30	Seamus Burke	Windsor Slough Eton & F	25.43				
T25 U17M 400m 'A'								U17M 400m 'B'								
1	29	Rikkie Letch	Windsor Slough Eton & F	50.06		G1*	MR	1	8	DONOMAR SMITH	Cambridge Harriers	52.07		G2*		
2	31	Austin Joseph	Woodford Green AC with	51.07		G1*		2	32	John Pride	Woodford Green AC with	55.05		G4		
3	7	OMARI MARKLAND-MONTC	Cambridge Harriers	53.59		G3		3	16	Federico Jaiamillo	Harrow AC	56.84				
4	15	Oronde Saunders	Harrow AC	53.70		G3		4	30	Cameron McRoberts	Windsor Slough Eton & F	58.01				
T14 U17M 800m 'A'								U17M 800m 'B'								
1	29	Elliot Woolmer	Windsor Slough Eton & F	02:00.2		G2*		1	30	Connor Vine	Windsor Slough Eton & F	02:02.8		G3*		
2	7	DONOMAR SMITH	Cambridge Harriers	02:03.8		G4*		2	16	Andrew Holliman	Harrow AC	02:05.0		G4*		
3	15	Junakan Raskumar	Harrow AC	02:04.6		G4*		3	32	Daniel Yaxley	Woodford Green AC with	02:05.6		G4		
4	31	Liam Blaikie	Woodford Green AC with	02:08.8				4	8	RICHARD EDWARDS	Cambridge Harriers	02:13.4				
T37 U17M 1500m 'A'								U17M 1500m 'B'								
1	29	Zac Curran	Windsor Slough Eton & F	04:30.0		00		1	15	Junakan Raskumar	Harrow AC	04:32.0		00		
2	16	Andrew Holliman	Harrow AC	04:30.6		00		2	30	Alex Goodall	Windsor Slough Eton & F	04:35.6		00		
3	31	Chris Sear	Woodford Green AC with	04:38.1		00		3	32	David Owusu	Woodford Green AC with	05:14.9		00		
4								4								
T16 U17M 3000m 'A'								U17M 3000m 'B'								
1	7	JAMES MURPHY	Cambridge Harriers	10:16.4		00		1	8	JOSEPH SIMMONS	Cambridge Harriers	10:59.1		00		
2	30	Dan Coe	Windsor Slough Eton & F	10:45.7		00		2	29	Kegan Lymn	Windsor Slough Eton & F	DNF		00		
3	15	Nick Davis	Harrow AC	11:06.9		00		3								
4								4								
T2 U17M 400mH 'A'								U17M 400mH 'B'								
1	29	Rikkie Letch	Windsor Slough Eton & F	56.63		G1*		1	32	Ben Philips	Woodford Green AC with	59.06		G3*		
2	7	CHARLIE PERRY	Cambridge Harriers	60.58		G3*		2	16	Saoirse Chinery-Edoo	Harrow AC	60.76		G3*		
3	15	Oronde Saunders	Harrow AC	62.44		G4		3	30	Cameron McRoberts	Windsor Slough Eton & F	63.91		G4		
4	31	John Pride	Woodford Green AC with	63.02		G4		4	8	TOBI ODUSANYA	Cambridge Harriers	65.61				
T23 U17M 100mh 'A'				<i>Wind=</i>				U17M 100mh 'B'				<i>Wind=</i>				
1	29	Sam Maguire	Windsor Slough Eton & F	13.72		G1*		1	30	Alex Peden	Windsor Slough Eton & F	14.21		G2*		
2	7	CHARLIE PERRY	Cambridge Harriers	15.21		G4		2	8	TOBI ODUSANYA	Cambridge Harriers	14.90		G4*		
3	15	Saoirse Chinery-Edoo	Harrow AC	15.30		G4		3	32	David Owusu	Woodford Green AC with	15.71				
4	31	Alex Olufowobi	Woodford Green AC with	16.45				4	16	Anthony Knowles	Harrow AC	18.12				
T44 U17M 1500m S/Chase 'A'								U17M 1500m S/Chase 'B'								
1	29	Nathan Ditton	Windsor Slough Eton & F	04:55.5		G3*		1	30	James Tidd	Windsor Slough Eton & F	05:03.7		G40		
2	31	Daniel Yaxley	Woodford Green AC with	05:01.3		G40		2	32	Liam Blaikie	Woodford Green AC with	05:12.0		G40		
3	7	JAMES MURPHY	Cambridge Harriers	05:09.1		G40		3	8	JOSEPH SIMMONS	Cambridge Harriers	05:44.0		00		
4								4								

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	Perf	Wind	Records	Grades		Perf	Grades				
<b>F2 U17M 5k Hammer 'A'</b>					<b>Sunday, July 19 2009</b>						
					<b>U17M 5k Hammer 'B'</b>						
1	29	Mark White	Windsor Slough Eton & F	51.14	G2*	1	30	Teo Kubiena	Windsor Slough Eton & F	40.63	G3*
2	31	Harry Clarke	Woodford Green AC with	45.06	G3*	2	32	James Smith	Woodford Green AC with	39.57	G4*
3	16	Zobaith Khaleqy	Harrow AC	39.39	G4*	3	15	Alex Elliot	Harrow AC	25.70	
4	7	TOLU ODUSANYA	Cambridge Harriers	23.34		4	8	-	Cambridge Harriers	19.87	
<b>F9 U17M 1.5k Discus 'A'</b>					<b>U17M 1.5k Discus 'B'</b>						
1	31	Youcef Zatat	Woodford Green AC with	42.64	G1*	1	30	Teo Kubiena	Windsor Slough Eton & F	30.43	G4
2	29	Ryan Barrett	Windsor Slough Eton & F	39.52	G2*	2	16	Zobaith Khaleqy	Harrow AC	30.43	G4
3	15	Saoirse Chinery-Edoo	Harrow AC	39.24	G2*	3	32	Harry Clarke	Woodford Green AC with	23.33	
4	7	DONOMAR SMITH	Cambridge Harriers	12.40		4					
<b>F22 U17M 5k Shot 'A'</b>					<b>U17M 5k Shot 'B'</b>						
1	7	OLAWALE AKANDE	Cambridge Harriers	11.75	G3	1	29	Ryan Barrett	Windsor Slough Eton & F	9.75	
2	15	Zobaith Khaleqy	Harrow AC	11.10	G4	2	31	Thomas Richards	Woodford Green AC with	9.67	
3	32	Youcef Zatat	Woodford Green AC with	11.03	G4	3	16	Alex Elliot	Harrow AC	9.15	
4	30	Teo Kubiena	Windsor Slough Eton & F	10.55		4	8	TOLU ODUSANYA	Cambridge Harriers	9.09	
<b>F32 U17M 700g Javelin 'A'</b>					<b>U17M 700g Javelin 'B'</b>						
1	31	Thomas Richards	Woodford Green AC with	51.60	G1*	1	32	Youcef Zatat	Woodford Green AC with	41.59	G4
2	30	Ryan Horner	Windsor Slough Eton & F	39.57	G4	2	29	Leigh Bosson	Windsor Slough Eton & F	28.15	
3	7	JOSEPH SIMMONS	Cambridge Harriers	15.05		3	16	Alex Elliot	Harrow AC	1.41	
4	15	Jerome Musa Lawal	Harrow AC	7.10		4					
<b>F13 U17M Pole Vault 'A'</b>					<b>U17M Pole Vault 'B'</b>						
1	29	Charlie Smith	Windsor Slough Eton & F	3.60	G3*	1	30	David Walker	Windsor Slough Eton & F	2.60	
2	15	Anthony Knowles	Harrow AC	2.40		2	16	Oronde Saunders	Harrow AC	2.00	
<b>F29 U17M High Jump 'A'</b>					<b>U17M High Jump 'B'</b>						
1	31	Peter Kirabo	Woodford Green AC with	1.80	G2*	1	30	Ethan Welch	Windsor Slough Eton & F	1.65	
2	29	Alex Peden	Windsor Slough Eton & F	1.65		2	32	Ben Philips	Woodford Green AC with	1.50	
3	15	James Okeyemi	Harrow AC	1.45		3=	8	MICHAEL FRANCETTI	Cambridge Harriers	1.35	
4	7	CHARLIE PERRY	Cambridge Harriers	1.45		3=	16	Anthony Knowles	Harrow AC	1.35	
<b>F17 U17M Long Jump 'A'</b>					<b>U17M Long Jump 'B'</b>						
1	30	David Harvey	Windsor Slough Eton & F	6.74	G1*	1	16	Matthew Sadoh	Harrow AC	5.97	G3
2	15	James Okeyemi	Harrow AC	6.14	G2*	2	8	RICHARD EDWARDS	Cambridge Harriers	5.47	
3	7	MICHAEL FRANCETTI	Cambridge Harriers	5.93	G3	3	29	Seamus Burke	Windsor Slough Eton & F	5.28	
4	32	Jeffrey Narweh	Woodford Green AC with	4.93		4	31	Alex Olufowobi	Woodford Green AC with	4.39	
<b>F34 U17M Triple Jump 'A'</b>					<b>U17M Triple Jump 'B'</b>						
1	15	James Okeyemi	Harrow AC	13.68	G1*	1	16	Matthew Sadoh	Harrow AC	12.28	G3
2	31	Peter Kirabo	Woodford Green AC with	13.39	G1*	2	32	Jeffrey Narweh	Woodford Green AC with	11.91	G4
3	7	RICHARD EDWARDS	Cambridge Harriers	12.18	G3	3	8	MICHAEL FRANCETTI	Cambridge Harriers	11.06	
4	30	Ethan Welch	Windsor Slough Eton & F	12.03	G4	4	29	David Walker	Windsor Slough Eton & F	10.03	

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				Perf	Wind	Records	Grades	Sunday, July 19 2009				Perf	Wind	Records	Grades
T30 U15B 100m 'A'				<i>Wind=</i>				U15B 100m 'B'				<i>Wind=</i>			
1	7	Joe Berth-Jones	Cambridge Harriers	11.52		G1*		1	16	Zakie	Harrow AC	11.62		G1*	
2	15	Efe Uwaiso	Harrow AC	11.85		G2*		2	8	Richard Junoh	Cambridge Harriers	11.81		G2*	
3	31	Roman Michael-Percil	Woodford Green AC with	11.98		G3*		3	32	Kyle Jervier	Woodford Green AC with	12.06		G3*	
4	29	Euan Jackson	Windsor Slough Eton & F	12.66		*		4	30	Johnathon Pomroy	Windsor Slough Eton & F	12.17		G4*	
T6 U15B 200m 'A'				<i>Wind=</i>				U15B 200m 'B'				<i>Wind=</i>			
1	7	Richard Junoh	Cambridge Harriers	23.83		G1*		1	16	Zakie	Harrow AC	24.08		G2*	
2	15	Efe Uwaiso	Harrow AC	24.31		G3*		2	32	Charlie Brett	Woodford Green AC with	25.22		G4*	
3	31	Keira McCook	Woodford Green AC with	24.32		G3*		3	30	Mitchell Turner	Windsor Slough Eton & F	25.67			
4	29	Johnathon Pomroy	Windsor Slough Eton & F	24.56		G3*		4	8	Oscar Thurley	Cambridge Harriers	26.99			
T24 U15B 400m 'A'								U15B 400m 'B'							
1	29	Callum Todd-Ferguson	Windsor Slough Eton & F	57.00		G3*		1	30	Callum Marshall	Windsor Slough Eton & F	58.00		G4	
2	7	Eri-lfe Williams	Cambridge Harriers	57.90		G4		2	32	Olaoluwa Abiodun	Woodford Green AC with	59.30			
3	15	Oliver Hurcum	Harrow AC	58.40		G4		3	16	Mojib Shams	Harrow AC	60.50			
4	31	Keira McCook	Woodford Green AC with	59.20				4	8	Sean Fairman	Cambridge Harriers	60.80			
T12 U15B 800m 'A'								U15B 800m 'B'							
1	29	Jay Fieldmartin	Windsor Slough Eton & F	02:07.8		G2*		1	30	Derece Green	Windsor Slough Eton & F	02:15.1		G4	
2	15	Oliver Hurcum	Harrow AC	02:16.7		G4		2	8	Ben Cooper	Cambridge Harriers	02:22.5			
3	7	Juvenal Iragaba	Cambridge Harriers	02:20.4				3	16	Daniel Draper	Harrow AC	02:23.0			
4	31	Sam Robinson	Woodford Green AC with	02:58.0				4							
T35 U15B 1500m 'A'								U15B 1500m 'B'							
1	29	Ricky Harvie	Windsor Slough Eton & F	04:30.0		G3*		1	30	Ben Bradley	Windsor Slough Eton & F	04:46.8		00	
2	31	James Stockings	Woodford Green AC with	04:39.1		G40		2	32	Ryan Dunne	Woodford Green AC with	04:53.7		00	
3	15	Lewis Hawkins	Harrow AC	05:09.0		00		3							
4								4							
T21 U15B 80m 'A'				<i>Wind=</i>				U15B 80m 'B'				<i>Wind=</i>			
1	15	Michael Vermeulen	Harrow AC	12.53		G3*		1	30	Mitchell Turner	Windsor Slough Eton & F	14.59			
2	7	Eri-lfe Williams	Cambridge Harriers	12.74		G3*		2	8	Jackson Ferris-Choi	Cambridge Harriers	14.72			
3	29	Luke Wallis	Windsor Slough Eton & F	13.69		G4		3	16	Jermaine Paul	Harrow AC	17.45			
4	31	Connor Ives	Woodford Green AC with	14.88				4							
F1 U15B 4k Hammer 'A'								U15B 4k Hammer 'B'							
1	29	Cameron Crawford	Windsor Slough Eton & F	30.95		G4		1	16	Ferdous Khaleki	Harrow AC	14.26			
2	15	Luke Roach-Christie	Harrow AC	24.89				2	30	Jay Fieldmartin	Windsor Slough Eton & F	8.51			
3	8	Jackson Ferris-Choi	Cambridge Harriers	13.07				3							
4	31	Connor Ives	Woodford Green AC with	12.67				4							
F8 U15B 1.25k Discus 'A'								U15B 1.25k Discus 'B'							
1	29	Cameron Crawford	Windsor Slough Eton & F	31.96		G3*		1	16	Ferdous Khaleki	Harrow AC	25.70			
2	15	Luke Roach-Christie	Harrow AC	31.21		G3*		2	31	Tyler Brown	Woodford Green AC with	24.88			
3	7	Juvenal Iragaba	Cambridge Harriers	27.49		G4		3	8	Elliot Roofe	Cambridge Harriers	20.82			
4	32	Joe Lascaris	Woodford Green AC with	25.60				4	30	Luke Wallis	Windsor Slough Eton & F	14.10			
F23 U15B 4.00k Shot 'A'								U15B 4.00k Shot 'B'							
1	15	Luke Roach-Christie	Harrow AC	14.23		G1*		1	30	Euan Jackson	Windsor Slough Eton & F	9.32			
2	29	Cameron Crawford	Windsor Slough Eton & F	11.50		G3*		2	8	Oscar Thurley	Cambridge Harriers	8.79			
3	7	Elliot Roofe	Cambridge Harriers	10.33		G4		3	16	Ferdous Khaleki	Harrow AC	8.53			
4	31	Tyler Brown	Woodford Green AC with	9.77				4	32	Joe Lascaris	Woodford Green AC with	7.38			

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	Perf	Wind	Records	Grades		Perf	Grades				
<b>F33 U15B 600g Javelin 'A'</b>					<b>U15B 600g Javelin 'B'</b>						
1	29	Morgan Jury	Windsor Slough Eton & F	37.63	G3	1	30	Taylor Edwards-Drew	Windsor Slough Eton & F	33.37	G4
2	15	Sam Stanton	Harrow AC	33.97	G4	2	32	Tyler Brown	Woodford Green AC with	22.64	
3	31	James Bongart	Woodford Green AC with	31.31		3	8	Jonathan Hart	Cambridge Harriers	21.31	
4	7	Joe Berth-Jones	Cambridge Harriers	25.28		4	16	Robert Ivory	Harrow AC	17.17	
<b>F16 U15B Long Jump 'A'</b>					<b>U15B Long Jump 'B'</b>						
1	16	Michael Vermeulen	Harrow AC	5.83	G1*	1	15	Efe Uwaiso	Harrow AC	5.10	G4
2	31	Roman Michael-Percil	Woodford Green AC with	5.24	G4	2	30	Michael Christian	Windsor Slough Eton & F	4.75	
3	29	Oliver Carroll	Windsor Slough Eton & F	4.75		3	32	James Bongart	Woodford Green AC with	4.63	
4	8	Sean Fairman	Cambridge Harriers	4.43		4	7	Ben Cooper	Cambridge Harriers	4.03	
<b>F28 U15B High Jump 'A'</b>					<b>U15B High Jump 'B'</b>						
1	29	Russell Waterson	Windsor Slough Eton & F	1.65	G2*	1	16	Daniel Draper	Harrow AC	1.40	
2	7	Ben Cooper	Cambridge Harriers	1.50		2=	8	Juvenal Iragaba	Cambridge Harriers	1.30	
3	15	Robert Ivory	Harrow AC	1.50		2=	30	Oliver Carroll	Windsor Slough Eton & F	1.30	
4	31	Ryan Dunne	Woodford Green AC with	1.30							
<b>F12 U15B Pole Vault 'A'</b>					<b>U15B Pole Vault 'B'</b>						
1	29	Daniel Ditton	Windsor Slough Eton & F	2.80	G2*	1	8	Jonathan Hart	Cambridge Harriers	2.50	G3*
2	15	Mark Rissiter	Harrow AC	2.70	G3*	2	16	Jermaine Paul	Harrow AC	1.70	
3	31	Charlie Brett	Woodford Green AC with	2.30	G4						
4	7	Jackson Ferris-Choi	Cambridge Harriers	2.10							

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T28 U13B 100m 'A'				<i>Wind=</i>				U13B 100m 'B'				<i>Wind=</i>			
1	29	George Butler	Windsor Slough Eton & F	12.62		G1*		1	16	Miles McGilvary	Harrow AC	13.81		G4	
2	15	Salim Muhammad	Harrow AC	12.88		G1*		2	32	Kone Eleyae	Woodford Green AC with	13.85		G4	
3	7	Elijah Laidlow	Cambridge Harriers	13.36		G2*		3	8	Ezekiel Akinsola	Cambridge Harriers	14.14			
4	31	Howard Deslandes-Gayle	Woodford Green AC with	13.41		G3*		4	30	Will Brennan	Windsor Slough Eton & F	14.15			
T4 U13B 200m 'A'				<i>Wind=</i>				U13B 200m 'B'				<i>Wind=</i>			
1	29	George Butler	Windsor Slough Eton & F	25.60		G1*		1	16	Alex Cardinali	Harrow AC	26.60		G1*	
2	15	Salim Muhammad	Harrow AC	26.85		G1*		2	30	Aaron Oliver	Windsor Slough Eton & F	27.62		G3*	
3	7	Jack Parris	Cambridge Harriers	27.55		G2*		3	32	-	Woodford Green AC with	28.32		G4	
4	31	Howard Deslandes-Gayle	Woodford Green AC with	28.71		G4		4	8	Reece McLawrence	Cambridge Harriers	29.02		G4	
T10 U13B 800m 'A'								U13B 800m 'B'							
1	29	Gus Cockle	Windsor Slough Eton & F	02:24.8		G2*		1	30	Tom Coe	Windsor Slough Eton & F	02:33.6		G4	
2	15	Oladapo Afolyan	Harrow AC	02:32.4		G4		2	16	Bradley Gilroy	Harrow AC	37:00.0			
3	31	Lewis St Hill	Woodford Green AC with	02:40.8				3	32	Jessie Sally	Woodford Green AC with	39:00.0			
4	7	Jack Parris	Cambridge Harriers	03:03.5				4							
T33 U13B 1500m 'A'								U13B 1500m 'B'							
1	7	Steven Ball	Cambridge Harriers	05:00.8		G3*		1	30	Will Brennan	Windsor Slough Eton & F	05:08.8		G40	
2	29	George Popplewell	Windsor Slough Eton & F	05:04.2		G3*		2							
3	31	Lewis Chalk	Woodford Green AC with	05:28.8		00		3							
4	15	Owen Hurcum	Harrow AC	05:52.0		00		4							
T17 U13B 75mh 'A'				<i>Wind=</i>				U13B 75mh 'B'				<i>Wind=</i>			
1	15	Miguel Perera	Harrow AC	12.47		G1*		1	16	Owen Hurcum	Harrow AC	15.53			
2	7	Jack Parris	Cambridge Harriers	14.17		G3		2	32	Max Alexander-Grange	Woodford Green AC with	17.01			
3	29	Tom Coe	Windsor Slough Eton & F	15.24		G4		3	8	Ben Stanbury	Cambridge Harriers	17.58			
4	31	Ferdinand Lyons	Woodford Green AC with	16.13				4	30	Saleh Nassor	Windsor Slough Eton & F	17.89			
F15 U13B 3.25k Shot 'A'								U13B 3.25k Shot 'B'							
1	15	Alex Cardinali	Harrow AC	10.83		G1*		1	16	Brandon Joseph	Harrow AC	8.21		G3	
2	29	Brandon Ayling	Windsor Slough Eton & F	8.44		G3		2	32	Raphel Duke-Okele	Woodford Green AC with	6.45			
3	31	Brian Kiluthia	Woodford Green AC with	7.32		G4		3	30	Michael Harvey	Windsor Slough Eton & F	6.39			
4	8	Alex Savage	Cambridge Harriers	6.92		G4		4	7	Ezekiel Akinsola	Cambridge Harriers	4.99			
F25 U13B Long Jump 'A'								U13B Long Jump 'B'							
1	29	George Butler	Windsor Slough Eton & F	5.35		G1*		1	16	Max Marmor	Harrow AC	4.07			
2	15	Jack Green	Harrow AC	4.54		G2*		2	31	Howard Deslandes-Gayle	Woodford Green AC with	3.94			
3	32	Brian Kiluthia	Woodford Green AC with	4.18		G4		3	8	Ezekiel Akinsola	Cambridge Harriers	3.93			
4	7	Ben Stanbury	Cambridge Harriers	4.07				4	30	Saleh Nassor	Windsor Slough Eton & F	2.78			
F6 U13B High Jump 'A'								U13B High Jump 'B'							
1	31	Brian Kiluthia	Woodford Green AC with	1.43		G2*		1	8	Ben Stanbury	Cambridge Harriers	1.37		G3*	
2	7	Elijah Laidlow	Cambridge Harriers	1.40		G2*		2	32	Raphel Duke-Okele	Woodford Green AC with	1.25			
3	15	Miguel Perera	Harrow AC	1.30		G4		3	16	Max Marmor	Harrow AC	1.20			
4	29	Tom Coe	Windsor Slough Eton & F	1.25											

\*= AW Standards

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## Southern Premier Woodford Green

Southern Premier Woodford Green				Perf	Wind	Records	Grades	Sunday, July 19 2009				Perf	Wind	Records	Grades
T31 U17W 100m 'A'				Wind=				U17W 100m 'B'				Wind=			
1	29	Georgia Lamothe	Windsor Slough Eton & F	12.2		G1*		1	30	Shalisha Patrick	Windsor Slough Eton & F	12.4		G1*	
2	15	Ria Bailey	Harrow AC	13.0		G4*		2	8	Chelsie Osideko	Cambridge Harriers	13.7			
3	7	Melissa Owusu-Ansah	Cambridge Harriers	13.2				3	16	Glade Smart	Harrow AC	13.9			
4	31	Serena Green	Woodford Green AC with	13.6				4	32	Sian Leatham	Woodford Green AC with	15.2			
T7 U17W 200m 'A'				Wind=				U17W 200m 'B'				Wind=			
1	29	Georgia Lamothe	Windsor Slough Eton & F	25.3		G1*		1	30	Shalisha Patrick	Windsor Slough Eton & F	25.8		G2*	
2	7	Melissa Owusu-Ansah	Cambridge Harriers	26.3		G3*		2	32	Ebony Clark	Woodford Green AC with	28.2			
3	15	Ria Bailey	Harrow AC	28.7				3	16	Emme DeBeer	Harrow AC	29.0			
4	31	Chelsea Ives	Woodford Green AC with	28.9				4	8	Dami Oyegunsen	Cambridge Harriers	30.0			
T26 U17W 300m 'A'								U17W 300m 'B'							
1	29	Chloe Mays	Windsor Slough Eton & F	42.2		G3*		1	30	Hannah Kirby	Windsor Slough Eton & F	43.7		G4*	
2	7	Melissa Owusu-Ansah	Cambridge Harriers	43.1		G4*		2	32	Sophie Fuhr	Woodford Green AC with	46.4			
3	31	Chelsea Ives	Woodford Green AC with	43.4		G4*		3	8	Faith Kareber	Cambridge Harriers	46.6			
4	15	Rachael Nakaye	Harrow AC	50.0				4	16	Georgina Luke	Harrow AC	49.6			
T13 U17W 800m 'A'								U17W 800m 'B'							
1	30	Laura Suggitt	Windsor Slough Eton & F	02:25.3		G4		1	29	Lois Bond	Windsor Slough Eton & F	02:28.1			
2	31	Kate Stockings	Woodford Green AC with	02:32.4				2	32	Suna Yorke	Woodford Green AC with	02:40.0			
3	7	Katie Irving	Cambridge Harriers	02:34.5				3	8	Dami Oyegunsen	Cambridge Harriers	03:09.1			
4	15	Emme DeBeer	Harrow AC	03:09.9				4							
T36 U17W 1500m 'A'								U17W 1500m 'B'							
1	29	Maryse Haynes	Windsor Slough Eton & F	05:05.0		00		1	30	Naomi Barbour	Windsor Slough Eton & F	05:20.4		00	
2	7	Katie Irving	Cambridge Harriers	05:37.4		00		2	31	Lauren Freeman	Woodford Green AC with	06:12.1		00	
3	32	Suna Yorke	Woodford Green AC with	06:05.9		00		3	8	-	Cambridge Harriers	07:01.5		00	
4								4							
T19 U17W 3000m 'A'								U17W 3000m 'B'							
1	29	Hannah Widginton	Windsor Slough Eton & F	12:44.3		00		1	8	Millie Hurrault	Cambridge Harriers	14:58.2		00	
2	32	Lauren Freeman	Woodford Green AC with	13:00.1		00		2							
3	7	Elle Kimberley	Cambridge Harriers	14:58.0		00		3							
4								4							
T20 U17W 80m 'A'				Wind=				U17W 80m 'B'				Wind=			
1	7	Gabriella Ade Onojobi	Cambridge Harriers	12.1		G1*		1	8	Cloe Garrett	Cambridge Harriers	12.7		G3*	
2	31	Rachel Dean	Woodford Green AC with	12.4		G2*		2	30	Letisma Richardson	Windsor Slough Eton & F	12.9		G4*	
3	15	Rachael Nakaye	Harrow AC	12.7		G3*		3	16	Emme DeBeer	Harrow AC	13.5		G4	
4	29	Charlotte Banks	Windsor Slough Eton & F	12.8		G3*		4	32	Holly Pattie Beleli	Woodford Green AC with	13.6		G4	
T1 U17W 300mH 'A'								U17W 300mH 'B'							
1	7	Gabriella Ade Onojobi	Cambridge Harriers	46.0		G2*		1	8	Cloe Garrett	Cambridge Harriers	47.4		G3*	
2	31	Holly Pattie Beleli	Woodford Green AC with	47.6		G3*		2	32	Sophie Fuhr	Woodford Green AC with	48.4		G3*	
3	29	Charlotte Banks	Windsor Slough Eton & F	52.1				3	16	Georgina Luke	Harrow AC	54.7			
4	15	Rachael Nakaye	Harrow AC	53.1				4	30	Sarah Phelps	Windsor Slough Eton & F	55.9			
F3 U17W 4k Hammer 'A'								U17W 4k Hammer 'B'							
1	7	Anesa wanogho	Cambridge Harriers	29.14		G4*		1	32	Sarah Blakie	Woodford Green AC with	19.00			
2	31	Amy Larkin	Woodford Green AC with	26.69		G4		2	8	Faith Kareber	Cambridge Harriers	15.52			
3	29	Tara Barratt	Windsor Slough Eton & F	23.53		G4		3	30	Sarah Taplin	Windsor Slough Eton & F	15.26			
4	15	Natalie Brobbey	Harrow AC	16.67				4	16	Ria Bailey	Harrow AC	5.40			

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# UKA: National Young Athletes League 2009

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## Southern Premier Woodford Green

Perf

Wind

Records  
Grades

Sunday, July 19 2009

Perf

Grades

### F20 U17W 1.0k Discus 'A'

Rank	Perf	Name	Club	Perf
1	15	Natalie Brobbey	Harrow AC	23.21
2	7	Anesa wanogho	Cambridge Harriers	22.83
3	29	Jenny Yoxall	Windsor Slough Eton & F	21.36
4	31	Sarah Blakie	Woodford Green AC with	15.77

### U17W 1.0k Discus 'B'

Rank	Perf	Name	Club	Perf
1	8	Sally Duggan	Cambridge Harriers	19.44
2	16	Emily Butcher	Harrow AC	18.81
3	30	Sarah Taplin	Windsor Slough Eton & F	17.63
4	32	Amy Larkin	Woodford Green AC with	15.45

### F31 U17W 4k Shot 'A'

Rank	Perf	Name	Club	Perf	Records	Grades
1	7	Anesa wanogho	Cambridge Harriers	11.03	G1*	
2	29	Tara Barratt	Windsor Slough Eton & F	8.30	G4	
3	15	Emily Butcher	Harrow AC	8.02	G4	
4	32	Ashley Robertson	Woodford Green AC with	6.03		

### U17W 4k Shot 'B'

Rank	Perf	Name	Club	Perf
1	30	Jenny Yoxall	Windsor Slough Eton & F	7.55
2	16	Natalie Brobbey	Harrow AC	6.92
3	8	Sally Duggan	Cambridge Harriers	5.54
4	31	Serena Green	Woodford Green AC with	5.52

### F26 U17W 600g Javelin 'A'

Rank	Perf	Name	Club	Perf	Records	Grades
1	30	Sarah Taplin	Windsor Slough Eton & F	31.63	G3*	
2	7	Sally Duggan	Cambridge Harriers	30.43	G3*	
3	15	Ellie Neale	Harrow AC	19.75		
4	31	Amy Larkin	Woodford Green AC with	10.78		

### U17W 600g Javelin 'B'

Rank	Perf	Name	Club	Perf	Grades
1	29	Helen Farmer	Windsor Slough Eton & F	28.26	G4
2	8	thirza Flemming	Cambridge Harriers	16.98	
3	16	Amy Wentford	Harrow AC	12.56	
4	32	Lauren Freeman	Woodford Green AC with	7.38	

\*= AW Standards

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<http://www.natyal.co.uk>



## Southern Premier Woodford Green

				Perf	Wind	Records	Grades	Sunday, July 19 2009				Perf	Grades		
F5 U17W Long Jump 'A'				U17W Long Jump 'B'											
1	7	Chelsie Osideko	Cambridge Harriers	4.85		G4*		1	29	Pacale Waterson	Windsor Slough Eton & F	4.65			
2	30	Letisma Richardson	Windsor Slough Eton & F	4.69				2	8	Nike Odewunmi	Cambridge Harriers	4.51			
3	31	Rachel Dean	Woodford Green AC with	4.64				3	15	Georgia Nwawulor	Harrow AC	4.39			
4	16	Glade Smart	Harrow AC	4.43				4							
F35 U17W Triple Jump 'A'				U17W Triple Jump 'B'											
1	31	Rachel Dean	Woodford Green AC with	10.94		G1*		1	29	Hannah Kirby	Windsor Slough Eton & F	9.27	*		
2	15	Ellie Gregory	Harrow AC	10.57		G2*		2	16	Amy Wentford	Harrow AC	8.52			
3	30	Pacale Waterson	Windsor Slough Eton & F	10.25		G3*		3	8	Faith Kareber	Cambridge Harriers	8.05			
4	7	Nike Odewunmi	Cambridge Harriers	9.40		G4*		4							
F19 U17W High Jump 'A'				U17W High Jump 'B'											
1	15	Ellie Gregory	Harrow AC	1.64		G1*		1	16	Georgia Nwawulor	Harrow AC	1.55	G3*		
2	31	Holly Pattie Beleli	Woodford Green AC with	1.40											
3	7	Gabriella Ade Onojobi	Cambridge Harriers	1.35											
4	30	Sarah Phelps	Windsor Slough Eton & F	1.40											
F11 U17W Pole Vault 'A'				U17W Pole Vault 'B'											
1	31	Ashley Robertson	Woodford Green AC with	2.70		G3*		1	16	Ellie Gregory	Harrow AC	1.70			
2	29	Lily Guerin	Windsor Slough Eton & F	2.20		G4		2	8	thirza Flemming	Cambridge Harriers	1.70			
3	15	Amy Wentford	Harrow AC	2.10											
4	7	Cloe Garrett	Cambridge Harriers	2.00											
T29 U15G 100m 'A'				Wind=				U15G 100m 'B'				Wind=			
1	29	Steph Cltheroe	Windsor Slough Eton & F	12.9		G2*		1	30	Olivia Caesar	Windsor Slough Eton & F	13.0	G3*		
2	7	Tamar Beckford	Cambridge Harriers	13.0		G3*		2	16	Eugenie Brown	Harrow AC	13.1	G3*		
3	31	Chloe Michael	Woodford Green AC with	13.1		G3*		3	32	Kumi Fawole	Woodford Green AC with	13.9			
4	15	Tayla Thompson	Harrow AC	13.1		G3*		4	8	Linda	Cambridge Harriers	14.3			
T5 U15G 200m 'A'				Wind=				U15G 200m 'B'				Wind=			
1	29	Olivia Caesar	Windsor Slough Eton & F	26.6		G2*		1	30	Holly Reed	Windsor Slough Eton & F	28.5			
2	15	Eugenie Brown	Harrow AC	27.1		G3*		2	32	Alex Wilson	Woodford Green AC with	28.8			
3	7	Linda	Cambridge Harriers	28.0		G4		3	8	Tamar Beckford	Cambridge Harriers	29.4			
4	31	Nya Petinaid	Woodford Green AC with	29.1				4	16	Catherine Strutt	Harrow AC	35.1			
T11 U15G 800m 'A'				U15G 800m 'B'											
1	31	Georgina Ferrari	Woodford Green AC with	02:27.9		G4*		1	30	Sophie Street	Windsor Slough Eton & F	02:30.2	G4		
2	7	Sophie Parkes	Cambridge Harriers	02:28.0		G4*		2	32	Joanne Cywinski	Woodford Green AC with	02:34.4			
3	29	Emma Croft	Windsor Slough Eton & F	02:28.9		G4		3	8	Charlotte Hunt	Cambridge Harriers	2.45.86			
4	15	Catherine Strutt	Harrow AC	03:11.9				4							
T34 U15G 1500m 'A'				U15G 1500m 'B'											
1	15	Sky Draper	Harrow AC	05:01.0		G3*		1	29	Christina Hall	Windsor Slough Eton & F	05:17.4	00		
2	30	Joanne Fallon	Windsor Slough Eton & F	05:14.5		G40		2	32	Ellise Foster	Woodford Green AC with	05:24.6	00		
3	31	Amy Doyle	Woodford Green AC with	05:23.8		00		3	16	Sophie Edwardson	Harrow AC	05:54.8	00		
4	7	Megan Williams	Cambridge Harriers	06:02.7		00		4							
T18 U15G 75m 'A'				Wind=				U15G 75m 'B'				Wind=			
1	29	Steph Cltheroe	Windsor Slough Eton & F	11.5		G1*		1	16	Sarah Wentford	Harrow AC	12.8	G4		
2	15	Sharon Oga-Uzodike	Harrow AC	12.4		G3*		2	8	Laura Deacon	Cambridge Harriers	15.1			
3	7	Deborah Kabahinda	Cambridge Harriers	13.2		G4		3	32	Tanika McCook	Woodford Green AC with	16.9			
4	31	Hannah Pattie Beleli	Woodford Green AC with	13.4		G4		4	30	Anna Inveary	Windsor Slough Eton & F	DNF			

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## Southern Premier Woodford Green

			Perf	Wind	Records	Grades			Perf	Grades	
							<b>Sunday, July 19 2009</b>				
<b>F4 U15G Long Jump 'A'</b>							<b>U15G Long Jump 'B'</b>				
1	16	Kattaleeya Thomas	Harrow AC	4.91		G1*	1	15	Jessica Nolan	Harrow AC	4.56 G4
2	29	Demi Barrance	Windsor Slough Eton & F	4.66		G3*	2	31	Ebony Bobb Sample	Woodford Green AC with	4.51 G4
3	32	Chloe Michaeld	Woodford Green AC with	4.62		G3*	3	30	Anna Inveary	Windsor Slough Eton & F	4.43 G4
4	7	Karen Onwuamaegbu	Cambridge Harriers	3.92			4	8	Laura Deacon	Cambridge Harriers	3.77
<b>F18 U15G High Jump 'A'</b>							<b>U15G High Jump 'B'</b>				
1	15	Sharon Oga-Uzodike	Harrow AC	1.45		G3*	1	30	Emily Haberfield	Windsor Slough Eton & F	1.35
2	29	Demi Barrance	Windsor Slough Eton & F	1.45		G3*	2	32	Amy Doyle	Woodford Green AC with	1.30
3	31	Chloe Michaeld	Woodford Green AC with	1.40		G4					
4	7	Charlotte Hunt	Cambridge Harriers	1.40		G4					
<b>F10 U15G Pole Vault 'A'</b>							<b>U15G Pole Vault 'B'</b>				
						LR MR					
1	15	Sarah Wentford	Harrow AC	2.00		FALSE					
2	31	Hannah Pattie Beleli	Woodford Green AC with	1.70		FALSE					
<b>F21 U15G 1.00k Discus 'A'</b>							<b>U15G 1.00k Discus 'B'</b>				
1	15	Kimberly Osuji	Harrow AC	26.87		G2*	1	16	Natasha Ogbe	Harrow AC	26.14 G2*
2	29	Gabriela Zivanovic	Windsor Slough Eton & F	22.44		G3	2	32	Bonnie Sawyer	Woodford Green AC with	16.32
3	31	Lily Fracessci	Woodford Green AC with	17.63			3	8	Sophie Parkes	Cambridge Harriers	15.00
4	7	Karen Onwuamaegbu	Cambridge Harriers	16.62			4	30	Holly Reed	Windsor Slough Eton & F	13.52
<b>F27 U15G 600g Javelin 'A'</b>							<b>U15G 600g Javelin 'B'</b>				
1	8	Deborah Kabahinda	Cambridge Harriers	31.12		G1*	1	30	Steph Cltheroe	Windsor Slough Eton & F	16.71
2	31	Rhain	Woodford Green AC with	20.76		G4	2	16	Rasheidah Price	Harrow AC	15.06
3	29	Gabriela Zivanovic	Windsor Slough Eton & F	20.75		G4	3	7	Charlotte Hunt	Cambridge Harriers	13.98
4	15	Tayla Thompson	Harrow AC	16.70			4	32	Bonnie Sawyer	Woodford Green AC with	12.51
<b>F30 U15G 3.25k Shot 'A'</b>							<b>U15G 3.25k Shot 'B'</b>				
1	16	Sharon Oga-Uzodike	Harrow AC	9.00		G3*	1	15	Natasha Ogbe	Harrow AC	8.41 G4
2	29	Gabriela Zivanovic	Windsor Slough Eton & F	8.37		G4	2	8	Karen Onwuamaegbu	Cambridge Harriers	6.85
3	31	Courtney Clarke	Woodford Green AC with	7.31			3	30	Demi Barrance	Windsor Slough Eton & F	6.82
4	7	Sophie Parkes	Cambridge Harriers	6.86			4	32	Bonnie Sawyer	Woodford Green AC with	6.30
<b>T27 U13G 75m 'A'</b>							<b>U13G 75m 'B'</b>				
				<i>Wind=</i>						<i>Wind=</i>	
1	29	Ellie Rayer	Windsor Slough Eton & F	10.6		G3*	1	32	Georgia Maltese	Woodford Green AC with	10.8 G3*
2	31	Rachel Oke Duke	Woodford Green AC with	10.6		G3*	2	30	Ellie Boatman	Windsor Slough Eton & F	10.8 G4*
3	7	OLETA HAFFNER	Cambridge Harriers	11.0		G4*	3	8	RUTH BARKER	Cambridge Harriers	11.4
4	15	Rachael O'Neil	Harrow AC	11.3			4	16	Vicky Oyesola	Harrow AC	11.5
<b>T3 U13G 150m 'A'</b>							<b>U13G 150m 'B'</b>				
				<i>Wind=</i>						<i>Wind=</i>	
1	29	Morgan Lake	Windsor Slough Eton & F	19.9		G1*	1	30	Ellie Rayer	Windsor Slough Eton & F	20.6 G2*
2	31	Tobi Akinfenwa	Woodford Green AC with	20.7		G2*	2	32	Ellie Grace	Woodford Green AC with	21.5 G3*
3	15	Rachael O'Neil	Harrow AC	22.0		G4*	3	16	Aisling Draper	Harrow AC	21.8 G4*
4	7	OLETA HAFFNER	Cambridge Harriers	22.3		G4	4	8	RUTH BARKER	Cambridge Harriers	22.5
<b>T9 U13G 800m 'A'</b>							<b>U13G 800m 'B'</b>				
1	29	Becca Croft	Windsor Slough Eton & F	02:30.4		G1*	1	30	Emily Reeves	Windsor Slough Eton & F	02:40.4 G4
2	15	Aisling Draper	Harrow AC	02:44.7		G4	2	16	Rachael O'Neil	Harrow AC	02:59.9
3	7	IONA WILLIAMS	Cambridge Harriers	02:45.7		G4	3	8	LUCY DANIEL	Cambridge Harriers	03:00.4
4	31	Billy Bradley	Woodford Green AC with	02:57.8			4				

\*= AW Standards

# UKA: National Young Athletes League 2009

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## Southern Premier Woodford Green

Perf  
Wind  
Records  
Grades

Sunday, July 19 2009

Perf  
Grades

### T22 U13G 1200m 'A'

Rank	Time	Name	Club	Perf	Wind	Records	Grades
1	7	NATASHA COE-SINHA	Cambridge Harriers	04:18.6		G4*	
2	31	Georgia Maltese	Woodford Green AC with	04:20.6		G40	
3	29	Kathryn Ditton	Windsor Slough Eton & F	04:25.8		G40	
4	15	Kaira Shetty	Harrow AC	04:32.0		00	

### U13G 1200m 'B'

Rank	Time	Name	Club	Perf	Grades
1	32	Amelia Barrett	Woodford Green AC with	04:27.2	G40
2	16	Kate Watkins	Harrow AC	04:32.2	00
3	30	Gemma Burgin	Windsor Slough Eton & F	04:41.6	00
4	8	HEATHER BUTCHER	Cambridge Harriers	04:45.8	00

### T15 U13G 70m 'A'

Wind=

Rank	Time	Name	Club	Perf	Wind	Records	Grades
1	29	Ellie Boatman	Windsor Slough Eton & F	11.8		G1*	
2	31	Maddie Sollof	Woodford Green AC with	12.8		G3*	
3	7	IONA WILLIAMS	Cambridge Harriers	13.1		G3	
4	15	Kaira Shetty	Harrow AC	14.0			

### U13G 70m 'B'

Wind=

Rank	Time	Name	Club	Perf	Grades
1	30	Morgan Lake	Windsor Slough Eton & F	11.5	G1*
2	8	MILLIE BROWN	Cambridge Harriers	14.0	
3	16	Aisling Draper	Harrow AC	17.4	
4					

### F7 U13G High Jump 'A'

Rank	Height	Name	Club	Perf	Wind	Records	Grades
1	31	Maddie Sollof	Woodford Green AC with	1.30		G3	
2=	29	Hope White	Windsor Slough Eton & F	1.20		G4	
2=	15	Vicky Oyesola	Harrow AC	1.20		G4	
4	7	IONA WILLIAMS	Cambridge Harriers	1.20		G4	

### U13G High Jump 'B'

Rank	Height	Name	Club	Perf	Grades
1	30	Becca Croft	Windsor Slough Eton & F	1.20	G4
2	16	Kaira Shetty	Harrow AC	1.20	G4
3	8	MILLIE BROWN	Cambridge Harriers	1.15	

### F24 U13G Long Jump 'A'

Rank	Distance	Name	Club	Perf	Wind	Records	Grades
1	29	Mikaela Wright	Windsor Slough Eton & F	4.32		G2*	
2	15	Jemima Paul	Harrow AC	4.09		G3	
3	31	Ellie Grace	Woodford Green AC with	3.69			
4	7	MILLIE BROWN	Cambridge Harriers	3.41			

### U13G Long Jump 'B'

Rank	Distance	Name	Club	Perf	Grades
1	30	Ellie Rayer	Windsor Slough Eton & F	4.25	G2*
2	16	Vicky Oyesola	Harrow AC	3.46	
3	32	Billy Bradley	Woodford Green AC with	3.16	
4	8	HEATHER BUTCHER	Cambridge Harriers	3.16	

### F14 U13G 2.72k Shot 'A'

Rank	Distance	Name	Club	Perf	Wind	Records	Grades
1	29	Morgan Lake	Windsor Slough Eton & F	9.77		G1*	
2	16	Moreen Banda	Harrow AC	7.25		G3	
3	31	Rachel Oke Duke	Woodford Green AC with	7.14		G3	
4	7	NATASHA COE-SINHA	Cambridge Harriers	5.83			

### U13G 2.72k Shot 'B'

Rank	Distance	Name	Club	Perf	Grades
1	15	Taiyo Pine	Harrow AC	6.67	G4
2	30	Olivia Saligo	Windsor Slough Eton & F	6.20	G4
3	8	LUCY DANIEL	Cambridge Harriers	4.64	
4	32	Amelia Barrett	Woodford Green AC with	4.36	

\*= AW Standards

## UKA: National Young Athletes League 2009

<http://www.natyal.co.uk>Southern Premier Woodford Green

Perf

Wind

Records  
GradesSunday, July 19 2009

Perf

Grades

## T43 17M 4x100m

1	29	Windsor Slough Eton & Hour	David Harvey	Sam Maguire	Seamus Burke	Alex Peden	45.12 *
2	31	Woodford Green AC with Ess	Oliver Jeffcoate	Tom Larkin	Colin Wint	Austin Joseph	45.21 *
3	15	Harrow AC	James Okeyemi	Jerome Musa Lawal	Saoirse Chinery-Edoo	Matthew Sadoh	45.37 *
4	7	Cambridge Harriers	OMARI MARKLAND-MO	OLAWALE AKANDE	TOLU ODUSANYA	TOBI ODUSANYA	DNF

## T47 17M 4x400m

1	31	Woodford Green AC with Ess	Tom Larkin	Peter Kirabo	Austin Joseph	Ben Phillips	03:35.87 *
2	29	Windsor Slough Eton & Hour	Zac Curran	Connor Vine	Elliot Woolmer	Cameron McRoberts	03:40.09 *
3	7	Cambridge Harriers	DONOMAR SMITH	RICHARD EDWARDS	MICHAEL FRANCKETTI	OMARI MARKLAND-MO	03:40.35 *
4	15	Harrow AC	Junakan Raskumar	Federico Jaiamilo	Dominic Morris	Oronde Saunders	03:56.08 *

## T41 15B 4x100m

1	31	Woodford Green AC with Ess	Keira McCook	Charlie Brett	Kyle Jervier	Roman Michael-Percil	48.11 *
2	7	Cambridge Harriers	Richard Junoh	Eri-Ife Williams	Oscar Thurley	Joe Berth-Jones	48.13 *
3	29	Windsor Slough Eton & Hour	Michael Christian	Johnathon Pomroy	Oliver Carroll	Mitchell Turner	52.09
4	15	Harrow AC	Mojib Shams	Michael Vermeulen	Zakie	Efe Uwaiso	DQ

## T46 15B 4x400m

1	29	Windsor Slough Eton & Hour	Jay Fieldmartin	Callum Todd-Ferguson	Dereece Green	Callum Marshall	03:52.34 *
2	31	Woodford Green AC with Ess	Keira McCook	Charlie Brett	Olaoluwa Abiodun	Roman Michael-Percil	03:59.23 *
3	7	Cambridge Harriers	Juvenal Iragaba	Ben Cooper	Eri-Ife Williams	Joe Berth-Jones	04:00.04
4	15	Harrow AC	Mojib Shams	Oliver Hurcum	Zakie	Michael Vermeulen	04:11.71

## T39 13B 4x100m

1	15	Harrow AC	Miles McGilvary	Alex Cardinali	Oladapo Afolyan	Salim Muhammad	54.02 *
2	29	Windsor Slough Eton & Hour	Saleh Nassor	Aaron Oliver	George Butler	Will Brennan	56.81
3	7	Cambridge Harriers	Steven Ball	Ezkiel Akinsola	Jack Parris	Elijah Laidlow	56.92
4	31	Woodford Green AC with Ess	Howard Deslandes-Gayle	Kone Eleyae	Raphel Duke-Okele	Brian Kiluthia	57.11

## T42 17W 4x100m

1	29	Windsor Slough Eton & Hour	Chloe Mays	Shalisha Patrick	Sarah Phelps	Georgia Lamothe	50.47 *
2	7	Cambridge Harriers	Chelsie Osideko	Gabriella Ade Onojobi	Melissa Owusu-Ansah	Cloe Garrett	51.39 *
3	15	Harrow AC	Georgia Nwawulor	Natalie Brobbey	Ria Bailey	Glade Smart	53.85
4	31	Woodford Green AC with Ess	Sian Leatham	Serena Green	Sophie Fuhr	Ashley Robertson	55.10

## T45 17W 4x300m

1	31	Woodford Green AC with Ess	Chelsea Ives	Sophie Fuhr	Rachel Dean	Holly Pattie Beleli	03:01.63
2	29	Windsor Slough Eton & Hour	Hannah Kirby	Hannah Widginton	Charlotte Banks	Naomi Barbour	03:10.67
3	7	Cambridge Harriers	Charlotte Daniel	Millie Hurrault	Faith Kareber	Elle Kimberley	03:15.15
4	15	Harrow AC	Emme DeBeer	Amy Wentford	Georgina Luke	Rachael Nakaye	03:24.15

## T40 15G 4x100m

1	31	Woodford Green AC with Ess	Chloe Michael	Kumi Fawole	Ebony Bobb Sample	Georgina Ferrari	53.60
2	29	Windsor Slough Eton & Hour	Demi Barrance	Olivia Caesar	Holly Reed	Steph Cltheroe	54.12
3	7	Cambridge Harriers	Sophie Parkes	Linda	Karen Onwuamaegbu	Tamar Beckford	55.67
4	15	Harrow AC	Jessica Nolan	Eugenie Brown	Rasheidah Price	Tayla Thompson	DQ

## T38 13G 4x100m

1	29	Windsor Slough Eton & Hour	Ellie Boatman	Ellie Rayer	Becca Croft	Morgan Lake	55.13 *
2	7	Cambridge Harriers	RUTH BARKER	IONA WILLIAMS	MILLIE BROWN	OLETA HAFFNER	59.78
3	15	Harrow AC	Vicky Oyesola	Aisling Draper	Jemima Paul	Rachael O'Neil	59.97
4	31	Woodford Green AC with Ess	Tobi Akinfenwa	Maddie Sollot	Ellie Grace	Rachel Oke Duke	DQ

\* = AW Standards

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## Southern Southern Premier Woodford Green

Sunday, 19 Jul 2009

Events	WG&EL		WSEH		Camb H		Harrow							Unused	T
	31		29		7		15								
17M 100m	1.0	2.0	2.0	3.0	3.0	1.0	4.0	4.0							20
17M 200m	3.0	3.0	2.0	1.0	1.0	4.0	4.0	2.0							20
17M 400m	3.0	3.0	4.0	1.0	2.0	4.0	1.0	2.0							20
17M 800m	1.0	2.0	4.0	4.0	3.0	1.0	2.0	3.0							20
17M 1500m	2.0	2.0	4.0	3.0			3.0	4.0					1	1	20
17M 3000m			3.0		4.0	4.0	2.0						1	6	20
17M 400mH	1.0	4.0	4.0	2.0	3.0	1.0	2.0	3.0							20
17M 100mh	1.0	2.0	4.0	4.0	3.0	3.0	2.0	1.0							20
17M 1500m S	3.0	3.0	4.0	4.0	2.0	2.0							1	1	20
17M 5k Hamm	3.0	3.0	4.0	4.0	1.0	1.0	2.0	2.0							20
17M 1.5k Disc	4.0	2.0	3.0	4.0	1.0		2.0	3.0						1	20
17M 5k Shot	2.0	3.0	1.0	4.0	4.0	1.0	3.0	2.0							20
17M 700g Jav	4.0	4.0	3.0	3.0	2.0		1.0	2.0						1	20
17M Pole Vau			4.0	4.0			3.0	3.0					3	3	20
17M High Jurr	4.0	3.0	3.0	4.0	1.0	1.5	2.0	1.5							20
17M Long Jurr	1.0	1.0	4.0	2.0	2.0	3.0	3.0	4.0							20
17M Triple Jurr	3.0	3.0	1.0	1.0	2.0	2.0	4.0	4.0							20
17M 4x100m	3.0		4.0				2.0						1		10
17M 4x400m	4.0		3.0		2.0		1.0								10
	<b>43.0</b>	<b>40.0</b>	<b>61.0</b>	<b>48.0</b>	<b>36.0</b>	<b>28.5</b>	<b>43.0</b>	<b>40.5</b>					<b>7</b>	<b>13</b>	<b>360</b>

15B 100m	2.0	2.0	1.0	1.0	4.0	3.0	3.0	4.0							20
15B 200m	2.0	3.0	1.0	2.0	4.0	1.0	3.0	4.0							20
15B 400m	1.0	3.0	4.0	4.0	3.0	1.0	2.0	2.0							20
15B 800m	1.0		4.0	4.0	2.0	3.0	3.0	2.0						1	20
15B 1500m	3.0	3.0	4.0	4.0			2.0						1	3	20
15B 80mh	1.0		2.0	4.0	3.0	3.0	4.0	2.0						1	20
15B 4k Hamm	1.0		4.0	3.0	2.0		3.0	4.0						3	20
15B 1.25k Disc	1.0	3.0	4.0	1.0	2.0	2.0	3.0	4.0							20
15B 4.00k Sh	1.0	1.0	3.0	4.0	2.0	3.0	4.0	2.0							20
15B 600g Jav	2.0	3.0	4.0	4.0	1.0	2.0	3.0	1.0							20
15B Long Jurr	3.0	2.0	2.0	3.0	1.0	1.0	4.0	4.0							20
15B High Jurr	1.0		4.0	2.5	3.0	2.5	2.0	4.0						1	20
15B Pole Vau	2.0		4.0		1.0	4.0	3.0	3.0						3	20
15B 4x100m	4.0		2.0		3.0								1		10
15B 4x400m	3.0		4.0		2.0		1.0								10
	<b>28.0</b>	<b>20.0</b>	<b>47.0</b>	<b>36.5</b>	<b>33.0</b>	<b>25.5</b>	<b>40.0</b>	<b>36.0</b>					<b>2</b>	<b>12</b>	<b>280</b>

13B 100m	1.0	3.0	4.0	1.0	2.0	2.0	3.0	4.0							20
13B 200m	1.0	2.0	4.0	3.0	2.0	1.0	3.0	4.0							20
13B 800m	2.0	2.0	4.0	4.0	1.0		3.0	3.0						1	20
13B 1500m	2.0		3.0	4.0	4.0		1.0							6	20
13B 75mh	1.0	3.0	2.0	1.0	3.0	2.0	4.0	4.0							20
13B 3.25k Sh	2.0	3.0	3.0	2.0	1.0	1.0	4.0	4.0							20
13B Long Jurr	2.0	3.0	4.0	1.0	1.0	2.0	3.0	4.0							20
13B High Jurr	4.0	3.0	1.0		3.0	4.0	2.0	2.0						1	20
13B 4x100m	1.0		3.0		2.0		4.0								10
	<b>16.0</b>	<b>19.0</b>	<b>28.0</b>	<b>16.0</b>	<b>19.0</b>	<b>12.0</b>	<b>27.0</b>	<b>25.0</b>					<b>8</b>	<b>170</b>	

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Southern Southern Premier Woodford Green

Sunday, 19 Jul 2009

Events	WG&EL		WSEH		Camb H		Harrow						Unused	T	
	31		29		7		15								
17W 100m	1.0	1.0	4.0	4.0	2.0	3.0	3.0	2.0						20	
17W 200m	1.0	3.0	4.0	4.0	3.0	1.0	2.0	2.0						20	
17W 300m	2.0	3.0	4.0	4.0	3.0	2.0	1.0	1.0						20	
17W 800m	3.0	3.0	4.0	4.0	2.0	2.0	1.0						1	20	
17W 1500m	2.0	3.0	4.0	4.0	3.0	2.0						1	1	20	
17W 3000m	3.0		4.0		2.0	4.0						1	6	20	
17W 80mh	3.0	1.0	1.0	3.0	4.0	4.0	2.0	2.0						20	
17W 300mH	3.0	3.0	2.0	1.0	4.0	4.0	1.0	2.0						20	
17W 4k Ham	3.0	4.0	2.0	2.0	4.0	3.0	1.0	1.0						20	
17W 1.0k Disc	1.0	1.0	2.0	2.0	3.0	4.0	4.0	3.0						20	
17W 4k Shot	1.0	1.0	3.0	4.0	4.0	2.0	2.0	3.0						20	
17W 600g Jav	1.0	1.0	4.0	4.0	3.0	3.0	2.0	2.0						20	
17W Long Jun	2.0		3.0	4.0	4.0	3.0	1.0	2.0					1	20	
17W Triple Jun	4.0		2.0	4.0	1.0	2.0	3.0	3.0					1	20	
17W High Jun	3.0		1.0		2.0		4.0	4.0					6	20	
17W Pole Vau	4.0		3.0		1.0	3.0	2.0	4.0					3	20	
17W 4x100m	1.0		4.0		3.0		2.0							10	
17W 4x300m	4.0		3.0		2.0		1.0							10	
	<b>42.0</b>	<b>24.0</b>	<b>54.0</b>	<b>44.0</b>	<b>50.0</b>	<b>42.0</b>	<b>32.0</b>	<b>31.0</b>					<b>2</b>	<b>19</b>	<b>340</b>
15G 100m	2.0	2.0	4.0	4.0	3.0	1.0	1.0	3.0						20	
15G 200m	1.0	3.0	4.0	4.0	2.0	2.0	3.0	1.0						20	
15G 800m	4.0	3.0	2.0	4.0	3.0	2.0	1.0						1	20	
15G 1500m	2.0	3.0	3.0	4.0	1.0		4.0	2.0					1	20	
15G 75mh	1.0	2.0	4.0		2.0	3.0	3.0	4.0					1	20	
15G Long Jun	2.0	3.0	3.0	2.0	1.0	1.0	4.0	4.0						20	
15G High Jun	2.0	3.0	3.0	4.0	1.0		4.0						3	20	
15G Pole Vau	3.0						4.0					3	10	20	
15G 1.00k Disc	2.0	3.0	3.0	1.0	1.0	2.0	4.0	4.0						20	
15G 600g Jav	3.0	1.0	2.0	4.0	4.0	2.0	1.0	3.0						20	
15G 3.25k Sh	2.0	1.0	3.0	2.0	1.0	3.0	4.0	4.0						20	
15G 4x100m	4.0		3.0		2.0								1	10	
	<b>28.0</b>	<b>24.0</b>	<b>34.0</b>	<b>29.0</b>	<b>21.0</b>	<b>16.0</b>	<b>33.0</b>	<b>25.0</b>					<b>4</b>	<b>16</b>	<b>230</b>

13G 75m	3.0	4.0	4.0	3.0	2.0	2.0	1.0	1.0						20	
13G 150m	3.0	3.0	4.0	4.0	1.0	1.0	2.0	2.0						20	
13G 800m	1.0		4.0	4.0	2.0	2.0	3.0	3.0					1	20	
13G 1200m	3.0	4.0	2.0	2.0	4.0	1.0	1.0	3.0						20	
13G 70mh	3.0		4.0	4.0	2.0	3.0	1.0	2.0					1	20	
13G High Jun	4.0		2.5	4.0	1.0	2.0	2.5	3.0					1	20	
13G Long Jun	2.0	2.0	4.0	4.0	1.0	1.0	3.0	3.0						20	
13G 2.72k Sh	2.0	1.0	4.0	3.0	1.0	2.0	3.0	4.0						20	
13G 4x100m			4.0		3.0		2.0						1	10	
	<b>21.0</b>	<b>14.0</b>	<b>32.5</b>	<b>28.0</b>	<b>17.0</b>	<b>14.0</b>	<b>18.5</b>	<b>21.0</b>					<b>1</b>	<b>3</b>	<b>170</b>

**FINAL MATCH SCORES AND POSITIONS**

	3	1	4	2	5	5	5	5		
Points Summa	WG&EL	WSEH	Camb H	Harrow					UNUSED	TOTAL
Boys	166.0	236.5	154.0	211.5					42.0	810.0
Girls	153.0	221.5	160.0	160.5					45.0	740.0
Officials	25.0	18.0	18.0	25.0					14.0	100.0
Total	<b>344.0</b>	<b>476.0</b>	<b>332.0</b>	<b>397.0</b>					101.0	####
Position	<b>3</b>	<b>1</b>	<b>4</b>	<b>2</b>	<b>5</b>	<b>5</b>	<b>5</b>	<b>5</b>		