

# YOUNG ATHLETES LEAGUE STANDARD TIMETABLE OF EVENTS 2008

PROVISIONAL

DOUBLE HEADER GUIDE TIMETABLE

## TRACK EVENTS

T1	11:15	300m Hurdles	u17	W
T2		400m Hurdles	u17	M
T3	11:35	150m	u13	G
T4		200m	u13	B
T5		200m	u15	G
T6		200m	u15	B
T7		200m	u17	W
T8		200m	u17	M
T9	12:20	800m	u13	G
T10		800m	u13	B
T11		800m	u15	G
T12		800m	u15	B
T13		800m	u17	W
T14		800m	u17	M
T15	13:10	70 Hurdles	u13	G
T16	13:20	3000m	u17	M
T17	13:35	75 Hurdles	u13	B
T18		75 Hurdles	u15	G
T19	13:55	3000m	u17	W
T20	14:10	80 Hurdles	u17	W
T21		80 Hurdles	u15	B
T22	14:30	1200m	u13	G
T23	14:45	100m Hurdles	u17	M
T24	14:55	400m	u15	B
T25		400m	u17	M
T26		300m	u17	W
T27	15:15	75m	u13	G
T28		100m	u13	B
T29		100m	u15	G
T30		100m	u15	B
T31		100m	u17	W
T32		100m	u17	M
T33	16:00	1500m	u13	B
T34		1500m	u15	G
T35		1500m	u15	B
T36		1500m	u17	W
T37		1500m	u17	M
T38	16:45	4 x 100m	u13	G
T39		4 x 100m	u13	B
T40		4 x 100m	u15	G
T41		4 x 100m	u15	B
T42		4 x 100m	u17	W
T43		4 x 100m	u17	M
T44	17:20	1500m S/chase	u17	M
NO ATHLETE OF THE MATCH AWARDS				
T45	17:30	4 x 300m	u17	W
T46		4 x 400m	u15	B
T47		4 x 400m	u17	M

## FIELD EVENTS

F1	11:00	Hammer [4k]	u15	B
F2		Hammer [5k]	u17	M
F3		Hammer [4k]	u17	W
F4	11:00	Long Jump	u15	G
F5		Long Jump	u17	W
F6		High Jump [1.05]	u13	B
F7		High Jump [1.05]	u13	G
F8	12:15	Discus [1.25k]	u15	B
F9		Discus [1.5k]	u17	M
F10	12:00	Pole Vault [1.70]	u15	B
F11		Pole Vault [1.70]	u17	W
F12		Pole Vault [2.00]	u17	M
F13		Shot Putt [3.25k]	u13	B
F14		Shot Putt [2.72k]	u13	G
F15	12:30	Long Jump	u15	B
F16		Long Jump	u17	M
F17	13:15	High Jump [1.15]	u15	G
F18		High Jump [1.25]	u17	W
F19	13:30	Shot Putt [5.0k]	u17	M
F20		Shot Putt [4.0k]	u15	B
F21	13:45	Discus [1.0k]	u17	G
F22		Discus [1.0k]	u15	W
F23	14:00	Long Jump	u13	G
F24		Long Jump	u13	B
F25	15:15	Javelin [600g]	u17	W
F26		Javelin [600g]	u15	G
F27		High Jump [1.25]	u15	B
F28		High Jump [1.35]	u17	M
F29	15:30	Shot Putt [3.25k]	u15	G
F30		Shot Putt [4.0k]	u17	W
F31	16:45	Javelin [700g]	u17	M
F32		Javelin [600g]	u15	B
F33	16:00	Triple Jump	u17	M
F34		Triple Jump	u17	W

**ATHLETES AND OFFICIALS ARE REMINDED THAT TIMES ARE COMPETITION START TIMES AND DO NOT INCLUDE ANY WARM UP PERIOD. PLEASE BE AT THE EVENT EARLY TO ALLOW FOR REGISTRATION AND WARM UP**

**IMPORTANT NOTE IF INVOLVED IN A DOUBLE HEADER MATCH. FIELD OFFICIALS TO BE POOLED AND DUTIES ALLOCATED ON THE DAY BY THE REFEREE TO ENSURE ADEQUATE COVERAGE.**

The organising club, the one who has booked the facility and organised chief officials is MATCH 1, the other match is MATCH 2. In ALL FIELD EVENTS the two matches are run together using a separate recording card for each match; IE DO NOT COMPLETE MATCH 1 COMPETITION BEFORE STARTING MATCH 2. When possible, for all track events combine Match 1 and Match 2 age group races for events of 1200m and above, if possible also combine the age group relay. Where possible run all match 1 "A" and "B" then match 2 "A" and "B" as one race, else run 4 races as Match 1 "A", Match 1 "B" and then the Match 2 "A" and Match 2 "B".

**DO NOT HOLD UP ANYTHING FOR A MISSING ATHLETE.**