

YOUNG ATHLETES LEAGUE RECORDS					
NATIONAL					
Under 17 Women					
100m	Shaurna Thompson	Sale Harr Manch.	11.70	2008	
200m	Shaurna Thompson	Sale Harr Manch.	24.10	2008	
300m	Joey Duck	Marshall Milton Keynes	38.30	2004	
800m	Danielle Christmas	Crawley AC	02:10.00	2004	
1500m	Rowena Cole	Coventry Godiva Harr	04:30.90	2008	
3000m	Laura Park	Team Nih Cumbria	09:40.40	2008	
80m Hurdles	Nicola Robinson	Nuneaton Harriers	11.20	2002	
	Ashley Helsby	Liverpool H & AC	11.20	2005	
300m Hurdles	Rachael Kay	Wigan & District Harriers	43.76	1997	
4x100m Relay		Enfield & Haringey AC	48.06	2005	
4x300m Relay		City of Stoke	02:46.21	2006	
High Jump	Vicki Hubbard	Grantham AC	1.78	2005	
Pole Vault	Abigail Haywood	Sale Harr Manch.	3.40	2006	
Long Jump	Laura Smith	Hull Springhead Harriers	6.04	1997	
Triple Jump	Hayley Wright	Bournemouth AC	11.64	2006	
Shot	Eden Francis	Leicester Corititanian AC	13.57	2005	
Hammer	Stephanie Owens	West Cheshire	46.47	2007	
Discus	Eden Francis	Leicester Corititanian AC	45.48	2005	
Javelin	Hayley Thomas	Thurrock Harriers	44.36	2003	
Under 15 Girls					
100m	Carly Wenham	Crawley AC	11.90	2002	
200m	Ashlee Nelson	City of Stoke AC	24.22	2005	
800m	Emma Hopkins	Leicester Corititanian	02:12.20	2001	
1500m	Jenny Mockler	Liverpool H & AC	04:36.36	1996	
75m Hurdles	Helen Asher	Wirral AC	11.10	2003	
4x100m Relay		Sale Harriers Manchester	49.13	2004	
High Jump	Katarina Thompson	Liverpool H & AC	1.76	2007	
Long Jump	Jade Surman	Birchfield Harriers	6.07	2003	
Shot	Eden Francis	Leicester Corititanian AC	13.75	2003	
Discus	Abbi Carter	Hull Achilles	39.47	2008	
Javelin	Freyja Jones	Team Southampton	42.31	2008	

YOUNG ATHLETES LEAGUE RECORDS					
MAIN FINAL BEST PERFORMANCES					
Under 17 Women					
100m	Ashlee Nelson	City of Stoke	11.87	2006	
200m	Ashlee Nelson	City of Stoke	24.15	1995	
300m	Lesley Owusu	W.S.E.&H	38.68	1995	
800m	Rachael Thompson	Liverpool Harr	02:13.19	2002	
1500m	Jenny Mockler	Liverpool Harr	04:33.31	1997	
3000m	Hannah Doherty	Sale H M	10:18.60	2008	
80m Hurdles	Chelsea Cooper	City of Stoke	11.50	2006	
300m Hurdles	Rachel Kay	Wigan & District	43.76	1997	
4x100m Relay		Enfield & Haringey AC	48.06s	2005	
4x300m Relay		City of Stoke	02:46.21	2006	
High Jump	Katarina Thompson	Liverpool Harr	1.75	2008	
Pole Vault	Sally Scott	Gateshead Harr	3.30	2006	
Long Jump	Amy Harris	Birchfield Harr	5.76	2003	
Triple Jump	Jade Castell-Thomas	Blackheath & Bromley	11.48	2005	
Shot	Julie Dunkey	Darford Harr	12.73	1996	
Hammer	Oyebanke Jemiyi	Blackheath & Bromley	43.20	2007	
Discus	Shaunagh Brown	Blackheath & Bromley	43.98	2006	
Javelin	Siona Kelly	Sale H M	40.94	1990	
Under 15 Girls					
100m	Chinedu Monye	W.S.E & H	12.06	2004	
200m	Ashlee Nelson	City of Stoke	24.22s	2005	
800m	Jennifer Meadows	Wigan & Dist	02:16.83	1994	
1500m	Jenny Mockler	Liverpool H & AC	04:36.36	1996	
75m Hurdles	Maria Garavand	City of Norwich	11.25	2000	
4x100m Relay		Sale Harriers Manch.	49.13	2004	
High Jump	Katarina Thompson	Liverpool H & AC	1.76	2007	
Long Jump	Jade Surman	Birchfield Harr	5.55	2003	
Shot	Eden Francis	Leicester Corititanian	12.31	2003	
Discus	Eden Francis	Leicester Corititanian	37.84	2003	
Javelin	Jenny Foster	Sale Harriers Manch.	34.40	1992	

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AUXILIARY FINAL BEST PERFORMANCES					
Under 17 Women					
100m	Montell Douglas	Bromley AC	11.79	2002	
200m	Chinedu Monye	W.S.E.H.	24.30	2005	
300m	Kim Wall	Basilidon AC	38.92	1998	
800m	Stacey Johnson	Cannock & Staffs	02:15.10	2002	
1500m	Jo Harper	Cannock & Staffs	04:40.51	2003	
3000m	Stacey Johnson	Cannock & Staffs	10:00.79	2003	
80m Hurdles	Sian Scott	Bournemouth AC	11.52	2000	
			11.2s		
300m Hurdles	Sian Scott	Bournemouth AC	44.08	1999	
4x100m Relay		Enfield & Haringey	48.74	2004	
4x300m Relay		Gateshead Harr City of Glasgow /	02:53.54	2007	
High Jump	Lee McConnell / Amy Marchant	Leeds City	1.65	1994	
Pole Vault	Abigail Haywood	Sale Harriers	3.00	2006	
Long Jump	Nike Osiodunrin	Edinburgh Woolen Mill	5.66	2003	
Triple Jump	Emma Pringle	Gateshead Harr	11.43	2008	
Shot	Michelle Woods	Basilidon AC	11.40	1996	
Hammer	Hannah Everden	Leeds City AC	36.68	2007	
Discus	Hannah Everden	Leeds City AC	37.26	2007	
Javelin	Lauren Proctor	Bournemouth AC	40.47	1999	
Under 15 Girls					
100m	Vicki Shear	Blackpool & Fylde	12.27	2003	
200m	Jazmine Rowe	City of Stoke	24.79	2004	
800m	Josephine Moutrie	City of Glasgow	02:16.82	2005	
1500m	Sarah Barker	Sale Harriers	04:42.80	2006	
75m Hurdles	Emma Brown	Giffnock North	11.34	2008	
4x100m Relay		Enfield & Haringey	49.48	2004	
High Jump	Jazmin Sawyers	City of Stoke	1.68	2008	
Long Jump	Sally Peake	Wirral AC	5.29	1999	
Shot	Liz Millward	Cannock & Staffs	12.32	2003	
Discus	Hannah Everden	WSE & H	34.19	2005	
Javelin	Jenny Foster	Sale Harriers	34.40	1992	

YOUNG ATHLETES LEAGUE RECORDS			
NATIONAL			
<b>Under 13 Girls</b>			
75m	Lukesha Morris	Reading AC	9.70 2008
150m	Emma Heath	Bristol AC	19.10 1999
800m	Chelsea Jarvis	St Helens Sutton	02:19.90 2008
1200m	Lisa Lanini	Wrexham AAC	03:46.60 1999
70m Hurdles	Natalya Francis	Leicester Coritanian	11.10 2001
4x100m Relay		Blackheath & Bromley AC	52.60 2005
High Jump	Hannah Thomas	Wrexham AAC	1.62 2005
Long Jump	Jade Surman	Birchfield Harriers	5.12 2001
Shot	Finesse Thompson	Woodford Green & Essex	11.53 2002
<b>Under 17 Men</b>			
100m	Michael Powell	Hercules Wimbledon AC	10.50 1979
200m	Jamahl Alet-Khan	Shaftesbury Barnet Harrier	21.33 2003
400m	David NaitSmith	Derby & County AC	48.20 1996
800m	Peter Elliott	Rotherham Harriers	01:53.30 1979
1500m	Michael Smart	Harrow AC	03:55.66 2002
3000m	Foss Murray	Gateshead Harr	08:30.20 2007
100m Hurdles	Brett St Louis	Herne Hill Harriers	12.80 1985
400m Hurdles	Julien Adeniran	Charnwood AC	12.80 2005
	Noel Lewy	Blackheath Harriers	53.60 1991
	Ollie Crux	Ashford AC	53.60 2005
1500m S/chase	Stephen Arnold	Portsmouth AC	04:14.40 1985
High Jump	Mark Lakey	Birchfield Harriers	2.10 1984
Pole Vault	Neil Winter	Shaftesbury Barnet Harrier	5.20 1990
Long Jump	Jonathan Moore	Birchfield Harriers	7.45 2000
Triple Jump	Jonathan Moore	Birchfield Harriers	15.58 2000
Shot	Carl Myerscough	Blackpool & Fylde AC	20.35 1996
Discus	Erneka Udechuku	Blackheath Harriers	58.24 1995
Hammer	Andrew Tolpitt	Windsor Slough & Eton AC	74.80 1984
Javelin	David Parker	Scarborough AC	70.22 1996
4x100m Relay		Enfield & Haringey	41.92 2007
4x400m Relay		Blackheath Harriers	03:22.69 2005

YOUNG ATHLETES LEAGUE RECORDS			
MAIN FINAL BEST PERFORMANCES			
<b>Under 13 Girls</b>			
75m	Amy Spenceo	Wigan & District	9.83 1998
150m	Uzoma Nwachukwu	Enfield & Haringey	19.19 2007
800m	Lynsey Sharp	Edingburgh Woolen Mill	02:25.97 2002
1200m	Ruth Bourne	W.S.E.H	03:52.70 2008
70m Hurdles	Anne-Maite Massey	Liverpool Harr	11.17 1995
4x100m Relay		Enfield & Haringey	52.67 2006
High Jump	Mami Wells-Nichols	Liverpool Harr	1.51 2008
Long Jump	Chioma Chilaka	Leicester Coritanian	5.07 2002
Shot	Kayleigh Southgate	City of Norwich	10.72 2000
<b>Under 17 Men</b>			
100m	Ben Lewis	Birchfield Harr	10.66 2004
200m	Jamahl Alet-Khan	Shaftesbury Barnett H	21.33s 2003
400m	J Weston	Borough of Enfield	48.60 1980
800m	W McDonald	Haringey AC	1:48.60 1986
1500m	Steven Crabb	Borough of Enfield	01:55.50 1980
3000m	Michael Smart	Harrow AC	03:59.66 2002
100m Hurdles	D Sweeney	Shaftesbury Barnett H	06:39.60 1978
400m Hurdles	Stephan Markham	Midsbro & Cleveland	12.90 1991
	Noel Levy	Blackheath Harr	53.60 1991
1500m S/chase	D Bennett	Birchfield Harr	04:18.50 1978
High Jump	Steve Smith	Liverpool Harr	2.08 1989
Pole Vault	Neil Winter	Shaftesbury Barnett H	5.20m 1990
Long Jump	Onachie Onuorah	Shaftesbury Barnett H	7.14 1990
Triple Jump	Lawrence Lynch	Haringey AC	14.90 1984
Shot	Chris Ellis	Bristol AC	18.06 1982
Discus	Simon Williams	Borough of Enfield	55.94 1984
Hammer	Andrew Jordan	Blackheath & Bromley	69.28 2008
Javelin	Marcus Humphries	Haringey AC	66.52 1978
4x100m Relay		Enfield & Haringey	41.92 2007
4x400m Relay		Blackheath & Bromley	03:22.69 2005

YOUNG ATHLETES LEAGUE RECORDS			
AUXILIARY FINAL BEST PERFORMANCES			
<b>Under 13 Girls</b>			
75m	Michaela McCalla	Birchfield	10.05 2001
150m	Louise Dickson	Edingburgh Woolen Mills	19.69 1999
800m	Danni Newman	Shaftbury Barnet	02:26.08 2008
1200m	Hollie Young	City of Glasgow	03:53.00 2005
70m Hurdles	Zoe Banham	City of Norwich	11.66 2003
4x100m Relay		Edingburgh Woolen Mills	53.84 1999
High Jump	F Sines/J Potsub	WSEH / Camnock & Staffs	1.50 2005
Long Jump	Jade Surman	Birchfield Harr	5.12 2001
Shot	Kylie West	Camnock & Staffs	9.64 1997
<b>Under 17 Men</b>			
100m	Alex Nelson	City of Stoke	10.77 2003
200m	Luke Fagan	Enfield & Haringey	21.70 2004
400m	Davis McKenzie	Croydon Harriers	49.00 1986
800m	Kevin Glastonbury	Cardiff AAC	01:56.60 1975
1500m	Nigel Harper	Wolve & Bliston	04:02.00 1978
3000m	Matthew Jones	City of Stoke	08:45.81 1999
100m Hurdles	Berian Davies	Swansea Harr	13.20 1989
400m Hurdles	Niall Flannery	Gateshead	53.84 2007
1500m S/chase	Steven Arnold	Portsmouth AC	04:14.40 1985
High Jump	Dan Nash	Camnock & Staffs	2.04 2005
Pole Vault	Chris Tremayne	Camnock & Staffs	4.50 2001
Long Jump	Andy Turner	Notts AC	7.23 1997
Triple Jump	Jonathan Moore	Birchfield Harr	15.58 2000
Shot	Chris Ellis	Bristol AC	18.06 1982
Discus	Keith Holmer	Sparkhill Harr	50.34 1981
Hammer	Paul Head	Newham & Essex Beagles	70.14 1981
Javelin	Philip Gregory	Harrow AC	62.54 2004
4x100m Relay		Enfield & Haringey	43.28 2004
4x400m Relay		Harrow AC	03:26.99 2004

YOUNG ATHLETES LEAGUE RECORDS				
NATIONAL				
Under 15 Boys				
100m	Alex Nelson	City of Stoke AC	10.90	2002
200m	Julian Thomas	Birchfield Harriers	22.30	2001
400m	Ade Mate	Borough of Hounslow	50.10	1981
	Richard Davenport	Gloucester AC	50.10	2000
800m	Ryan Preddy	Gloucester AC	01:57.70	1998
1500m	David Gerard	Thurrock Harriers	04:03.70	1983
80m Hurdles	Richard Alexis-Smith	Sutton & District AC	10.90	2001
High Jump	Wayne Gray	Blackheath Harriers	1.97	1995
Pole Vault	Christian Linskey	Barnsley AC	4.20	1994
Long jump	Onochie Onuorah	Shaftesbury Barnet Harrier	6.72	1988
Shot	Chris Ellis	Bristol AC	18.50	1980
Discus	Curtis Griffith-Parker	Cambridge Harriers	53.93	2005
Hammer	Andrew Tolpitt	Windsor Slough & Eton AC	69.04	1982
Javelin	Sam Allen	Leeds City AC	55.40	2003
4x100m Relay		Haringey AC	44.80	1986
		Blackheath Harriers	44.80	1995
4x400m Relay		Enfield & Haringey AC	03:34.70	2004
Under 13 Boys				
100m	Chris Julien	Enfield & Haringey AC	11.86	2000
200m	Stephen Buttler	Wolverhampton & Bliston	24.00	1987
800m	Eric Kimani	Shaftesbury Barnet Harrier	02:06.50	1979
1500m	David Gerard	Thurrock Harriers	04:23.70	1981
75m Hurdles	Mark Winslade	Liverpool H & AC	12.40	2005
High Jump	Alex Cox	Bournemouth AC	1.65	2006
	Nicholas Hunt	Bournemouth AC	1.65	2008
Long jump	Seamus Cassidy	Harrow AC	5.76	1999
Shot	Matthew Evans	Carmarthen Harriers	14.47	2001
4x100m Relay		Shaftesbury Barnet Harrier	50.32	1986

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MAIN FINAL BEST PERFORMANCES				
Under 15 Boys				
100m	M Lewis Francis	Birchfield Harr		1997
	William Ife	Enfield & Haringey	11.13	2006
200m	Ben Lewis	Birchfield Harr	22.63	1995
400m	Malcolm James	Cardiff AAC	50.90	1997
			50.1s	
800m	Eric Kimani	Shaftesbury Barnet H	02:00.15	1981
1500m	Andrew Bristow	Brighton & Hove AC	04:11.80	1976
80m Hurdles	Sam McGuire	W.S.E.H	11.10	2008
High Jump	Wayne Gray	Blackheath Harr	1.97m	1995
Pole Vault	Steve Lewis	City of Stoke AC	3.62	2000
Long jump	Onachie Onuorah	Shaftesbury Barnet H	6.72m	1988
Shot	Eddie Ekater	Blackheath & Bromley	16.13	2006
Discus	Emedu Udechucku	Blackheath Harr	53.08	1993
Hammer	Carl Sagers	Borough of Enfield	58.48	1998
Javelin	Paul Brice	Shaftesbury Barnet H	59.30	1979
4x100m Relay		Haringey AC	44.80	1988
4x400m Relay		Borough of Enfield	03:38.04	1998
Under 13 Boys				
100m	Chris Julian	Enfield & Haringey	11.86s	2000
200m	Chris Julian	Enfield & Haringey	24.28	2000
800m	Eric Kimani	Shaftesbury Barnet H	02:06.50	1979
1500m	M Slowikowski	Hercules Wimbledon	04:33.30	1978
75m Hurdles	Aaron Lloyd	Blackheath & Bromley	12.11	2007
High Jump	Jamie Smith	Enfield & Haringey	1.54	2006
Long jump	Seamus Cassidy	Harrow AC	5.76	1999
Shot	Ryce Thomas	Birchfield Harr	13.01	2004
4x100m Relay		Shaftesbury Barnet H	50.32s	1986

YOUNG ATHLETES LEAGUE RECORDS				
AUXILIARY FINAL BEST PERFORMANCES				
Under 15 Boys				
100m	Stephen Buttler	Wolvs & Bliston	11.20	1989
200m	Stephen Buttler	Wolvs & Bliston	22.70	1989
400m	Ade Mate	Borough of Hounslow	50.1s	1981
800m	Mark Sesay	Leeds City	02:00.60	1987
1500m	Paul Hemmings	Sparkhill Harr	04:14.60	1982
80m Hurdles	Matthew Beswick	Harrow AC	11.21	2004
High Jump	Kenneth McKeown	Ayr Seaforth AAC	1.90	1996
Pole Vault	Andrew Marsh	City of Stoke	4.00	2004
Long jump	Ashley Harris	Croydon Harr	6.38	2003
Shot	Chris Ellis	Bristol AC	18.50	1980
Discus	Neville Lynch	Haringey AC	48.79	1980
Hammer	Tom Dempsey	Halesowen AC	57.15	1998
Javelin	Kevin Nelson	Haringey AC	50.96	1981
4x100m Relay		W.S.E.& H	46.15	2005
4x400m Relay		Haringey AC	03:39.30	1981
Under 13 Boys				
100m	Jermaine Alexander	Croydon Harriers	11.97	2003
200m	Jermaine Alexander	Croydon Harriers	24.67	2003
800m	Steven McCabe	Wirral AC	02:13.10	1991
1500m	M Sanders	Bristol AC	04:36.20	1980
75m Hurdles	Sam Hall	Gateshead	12.66	2007
High Jump	Tom Collins	Notts AC	1.54	2005
Long jump	Robert Gayloe	Shaftesbury Barnet	5.15	2006
Shot	William Ife	Enfield & Haringey	12.85	2004
4x100m Relay		Croydon Harriers	51.74	1999